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AUG 14, '03

Peace
Man
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FREE

Volume XV #31

casco bay weekly

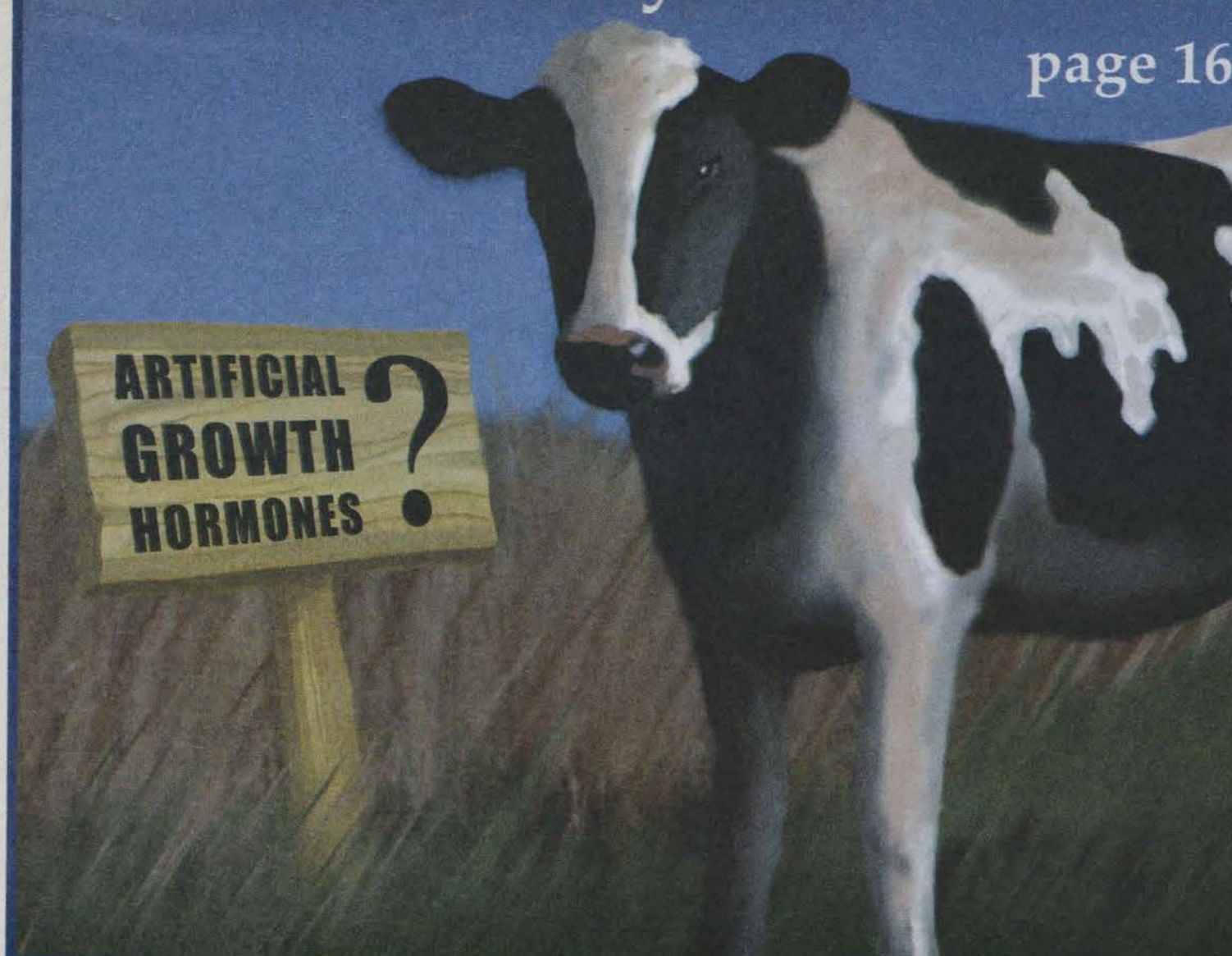
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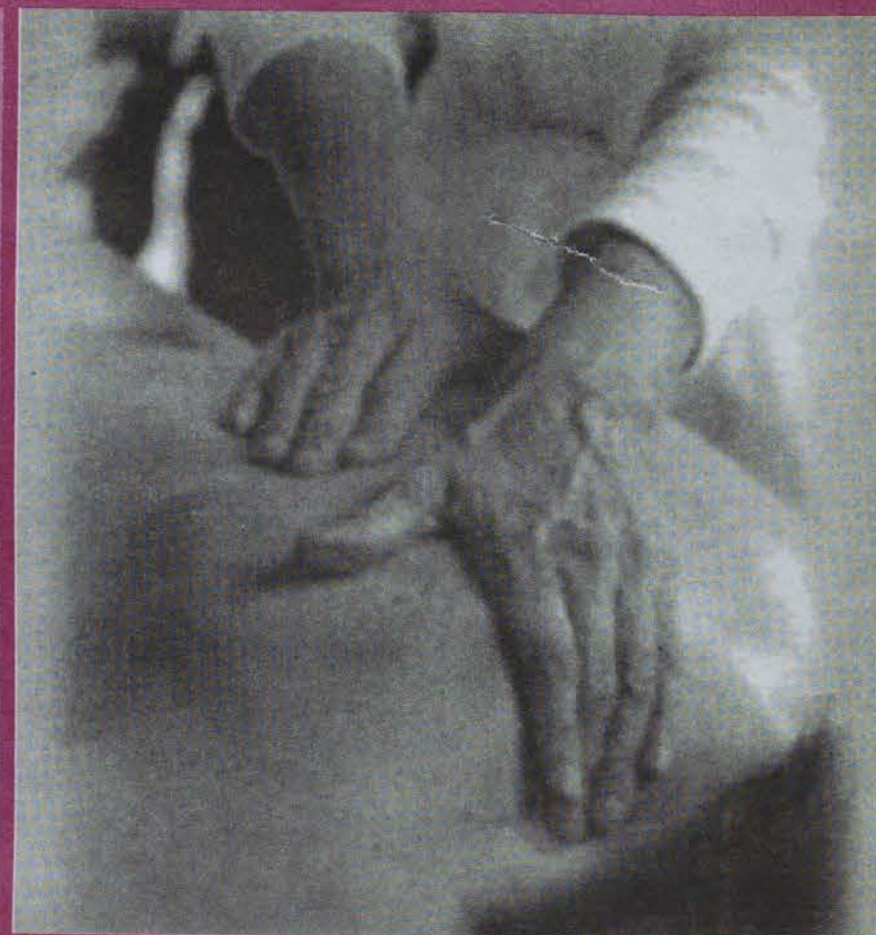
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Talk A conversation with **Officer Mary Sauschuk**

“We’re first responders. Also knowing you’re making a difference. The best feeling in the world is catching someone and knowing that you’re getting some of those people off the street.”

by Leigh-ann Smith

Police Officer Mary Sauschuk has been in law enforcement for the last eight years at the Portland Police Department. She started out in Community Policing and now works with the D Team.

How did you become interested in law enforcement?

Since I was a little kid I always wanted to be a detective. And then started going to USM. I started taking some sociology, criminology, and all sorts of different classes since they don't have Criminal Justice at USM. So I majored in Sociology with a minor in Criminology. I did an internship up in the detective bureau. The Cops Grants came up and they had enough funding to open up another Community Policing Center. So I applied for that and got the job and opened up the mid-town Community Policing Center. It used to be on Congress Street but is now on Portland Street. And I did that for three and half years.

What exactly is community policing?

Well, everyone has their own idea of what community policing is and I think my idea even probably differs from a lot of people in this department. Basically, it is just getting some dedicated officers who are going to be out in the community, working with the community, to solve the community's problem. That doesn't mean we're going to go in there and solve all the problems, which is what a lot of the community people think is going to happen. They think they have dedicated officers who are going to be there just for their

neighborhood and they don't have to do anything anymore. That's not what Community Policing is. What Community Policing is trying to get the community involved with the police department so they can help solve their own problems. It's getting to have a familiar face, as far as officers go and having more continuity with which you're dealing with all the time, if you have crime in your neighborhood. But a big piece of it is having the neighborhood take responsibility for their neighborhood. They need to be able to talk to each other, have the block parties, form their own committees, and have an established association. I helped get that up and running before I left so they had the by-laws. They had people in offices and people responsible for certain duties. That all goes with the Community Policing. It's a combination of really trying to get the community involved more and get people to report things, to be the eyes and ears for us because we're not there 24/7, we don't see everything. We are not going to be able to do it on our own. It's trying to get the police and neighborhood really working together instead of batting heads.

Do you think it has been successful?

To some extent yes. But my biggest frustration was that the communities and neighborhoods I was working with would just assume that we would take care of their problems. They weren't necessarily police issues and I wasn't getting the cooperation and the help we needed from the community. They just thought we were their personal security guards more than police officers and just wanted us there on their doorsteps all the



PHOTO MICHAEL ERIC BÉRUBÉ

time, without giving any kind of commitment themselves. You have to spend a lot of time educating people and to some extent I think it has worked. They got to know us and realize that we're human beings.

How can people get involved or find out more about the Community Policing?

They can call any of the general numbers in the police department, but all the Community Policing centers have their own numbers listed in the phone book. They all should be on the website along with the coordinators.

How many Community Policing centers are there?

There is the West End, on May Street; Park side on Mellon. You've got the Mid-town center on Portland Street; Munjoy Hill up on Congress and Atlantic. There's a coordinator for

three different sites: a community center in Riverton Park, one in Kennedy Park, and in Sagamore. There is no officer assigned, but the coordinator can get one there if they [the community] needs it.

What is the most rewarding aspect of being a police officer?

When you're helping somebody, when you're helping families. People have the image of a police officer and all they see is the uniform, the badge, that they take freedom away. That you're going to get arrested and thrown in jail. That's the only image that people seem to think that we represent anymore. And that's not true. We're first responders. Also knowing you're making a difference. The best feeling in the world is catching someone and knowing that you're getting some of those people off the street.

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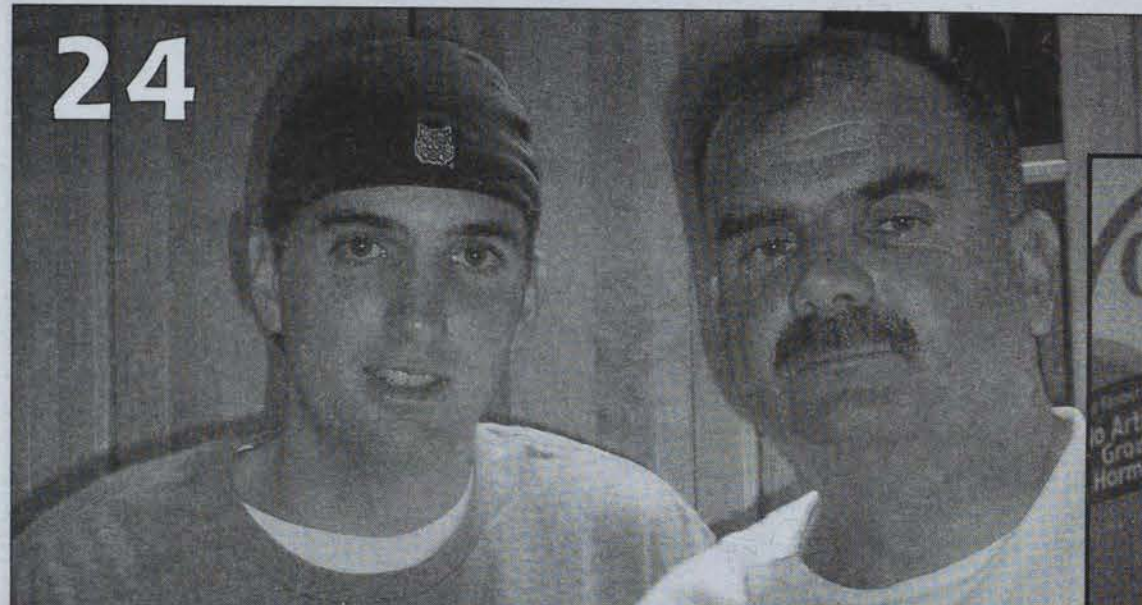
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Local Heros

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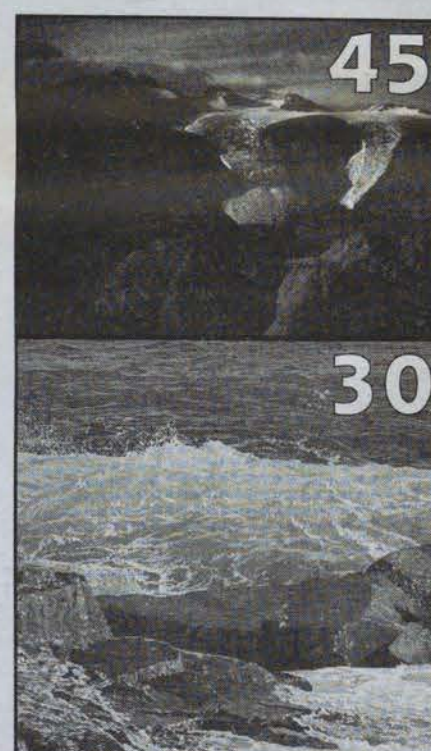
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Special Advertising Opportunities

Reach your target audience by advertising your product or service in an issue of CBW featuring industry-specific content!

Aug 21 Starry Night Portland

On August 27, 2003, Mars will be only 34,650,000 miles away from the earth, the closest it's been in 100,000 years. And that's just one of the interesting things you'll see in the night sky over Portland this month. We'll let you know what's up and where you can find it without straining your neck. **Deadline for editorial contributions and advertising is August 13.**

Aug 28 Back to School

Summer will be on its way out and the kids will be going back into the schools. Put away the bathing suits, coolers, and grab your pencils, pens, and notebooks. You're going back to school. **Deadline for editorial contributions and advertising is August 20.**

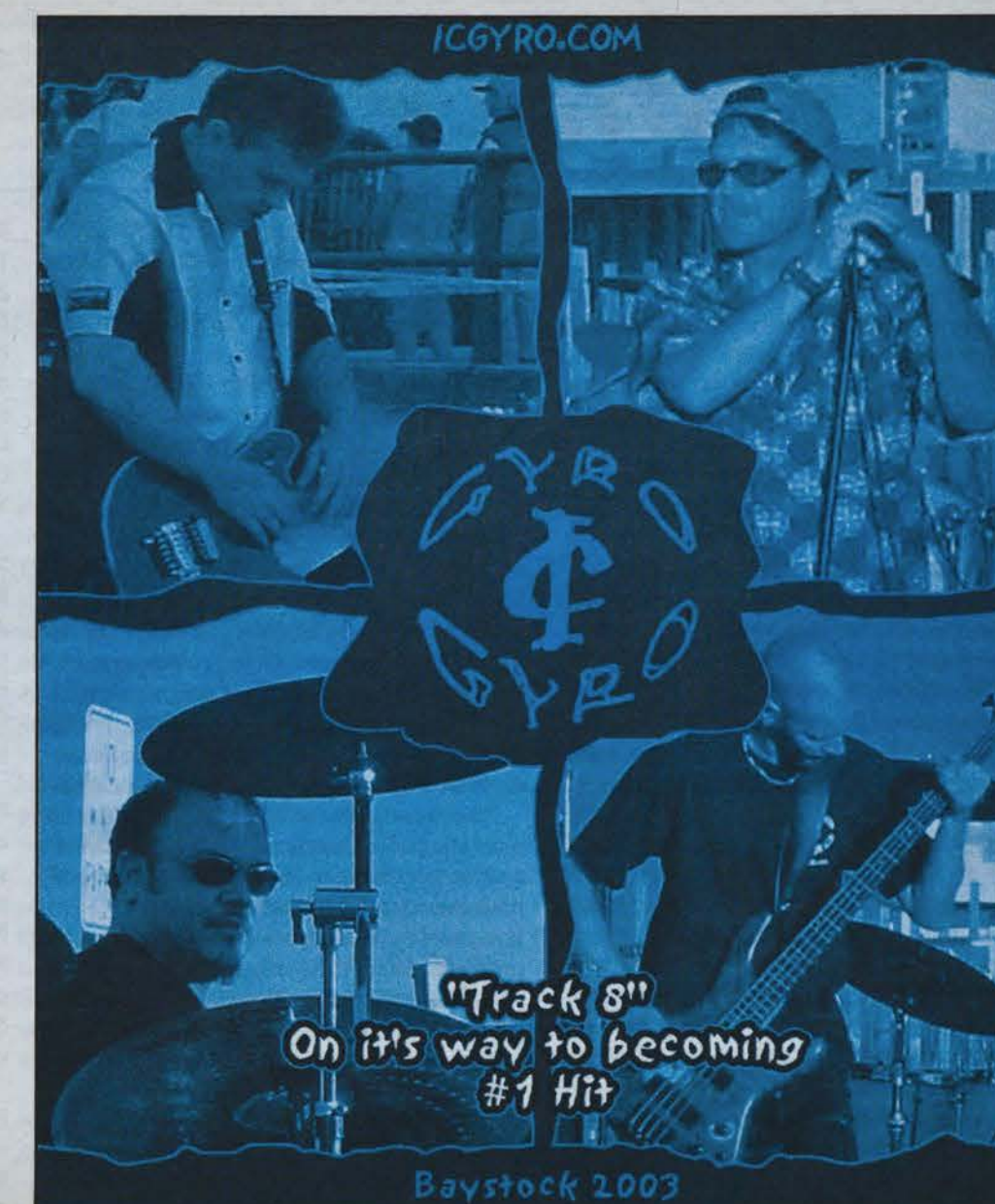
Sept 4 What's Cookin'?

For many, cooking is just a daily task to satisfy hunger. But to some it's a passion, an artful hobby that you can make a living at. All throughout Portland there are numerous restaurants made possible through the creative force of the chefs. We will take a look at what makes cooking such a fun activity. **Deadline for editorial contributions and advertising is August 27.**

Sept 11 9/11 Issue

Our September 11 issue will focus on those who lost their lives in the 9/11 terrorist attacks through the memories of those left behind. If you lost a friend or relative on that devastating day, CBW would like to help you share their lives with our readers. Please contact us by the end of August for this special issue about "How the lost of 9/11 live on in our hearts." **Deadline for editorial contributions and advertising is September 3.**

For more information, contact Roseann Mango-Morgenson at 775.6601 or e-mail cbw@maine.rr.com. Space is filling fast!



About This Issue

In this issue you will find a wide array of articles that pertain to the local heroes in the Greater Portland area and beyond. The public wrote many of the articles after answering our requests for submissions. Heck, I even wrote one! We love what you had to say about these heroes of our community.

Our state is filled with talented people and we offer them a forum each week to exercise that talent by submitting a story or photograph and even a cartoon or poem.

I have been asked repeatedly why CBW does not have an editor. My answer is that "we do!" It is the voice of Portland. Collectively, you are our editor. Our readers determine what will and will not appear in the CBW. It is our readers who work diligently each week to keep us updated on what is going on. It is our readers who write this paper and we intend to keep it that way. Yes...I know it is a little unusual but it's the promise we made to the public in January when our first issue hit the stands. We will stand by our word that we will produce a "Community" paper that is for the Community and by the Community. We are not here to win a journalistic award but to give the people of the Greater Portland area its voice back.

Not every writer is perfect but hey, who is? We receive submissions from Portland's professional writers with pen names to first graders with crayons. You are part of this paper, perfect or not.

We want to thank our readers, photographers, writers and advertisers for the contributions to the new CBW. Your generous support and encouragement has been wonderful. We hope you will continue to share your comments and praises in the future.

-Roseann Mango-Morgenson

Cover Illustration by Josh McDougall

Community notices

Free Photography Contest Open to Portland Residents

The International Library of Photography is pleased to announce that over \$60,000.00 in prizes will be awarded this year in the International Open Amateur Photography Contest. Photographers from the Portland area, particularly beginners, are welcome to try to win their share of over 1,300 prizes. The deadline for the contest is October 31, 2003. The contest is open to everyone and entry is FREE.

"Everyone has at least one memorable photo that captures a special moment in time," stated Contest Director Christina Baylon. "When people learn about free photography contest, they suddenly realize that their own favorite photos can win cash prizes, as well as gain national exposure," continued Baylon.

To enter, send ONE photograph in ONLY ONE of the following categories: People, Travel, Pets, Children, Sports, Nature, Action, Humor, Portraiture, or Other. The photo must be a color or black-and-white print (unmounted), 8" x 10" or smaller. All entries must include the photographer's name and address on the back, as well as the category and the title of the photo. Photographs should be sent to: The International Library of Photography, Suite 101-2617, 3600 Crondall Lane, Owings Mills, MD 21117. Entries must be postmarked by October 31, 2003. You may also submit your photo directly online at www.picture.com.

The International Library of Photography is an organization dedicated to bringing the work of amateur photographers to the public's attention. You can view the work of over 1.1 million amateur photographers at their website, www.picture.com.

6th Annual Rotary Charity Road Race

The Maine Cancer Foundation has once again been selected as the primary beneficiary for the 6th Annual Rotary Charity Road Race over the Casco Bay Bridge on Sunday, August 24.

The race, organized by the Portland and South Portland/Cape Elizabeth Rotary Clubs, will be a four-mile run/ two-and-a-half mile walk with at least 11 age categories eligible for cash and other awards. The four-miler is certified by U.S. Track & Field.

The Rotary Clubs are already seeking sponsors and donations. This year will present opportunities for a "name sponsor," a company or organization that contributes a significant amount of money to name this year's race for that organization, with all the attendant publicity and recognition.

Potential participants are urged to put this worthwhile event on their calendars. Registration information will be available soon.

Susan Rowan, Executive Director of the Maine Cancer Foundation says, "We are excited to participate with Rotary in this fundraising effort. We know Rotarians by their solid community service reputation and our Foundation will be working hard with them to see that this is a fun and successful event. We plan to build on last year's successes."

For more information, to become a sponsor, or to offer donations, call 207-799-6192 or email split5k@aol.com or contact the Maine Cancer Foundation at 207-773-2533.

Portland Marketing Association Forms

A group of Maine marketing and communications professionals has formed the Portland Marketing Association (PMA) with plans to establish the organization as the official Maine Chapter of the American Marketing Association (AMA). The PMA is a nonprofit organization whose goal is to provide ongoing marketing-related education and support to its members and to the region's business community. It is the first group of its kind in Maine, dedicated exclusively to marketing education.

"We're fortunate to have such a wealth of marketing talent in this region," said President and Board Member Stefa Normantas. "Until now, there has been no coordinated effort to bring these talented professionals together to network, strengthen relationships, and advance their expertise. The PMA fills this void by providing an aggressive schedule of marketing education and professional development seminars as well as serving as a resource for Maine's marketing professionals."

The group's target membership includes Marketing and Communications Directors of mid-to-large size companies. Founders of the PMA have worked closely with the AMA to establish bylaws and an agenda for the upcoming year. After membership reaches an initial goal of 75, the group will be able to officially establish itself as the Maine Chapter of the AMA. The PMA will launch a membership drive in September.

The PMA has scheduled four seminars for 2003-2004, beginning October 2003: Understanding the Value of Market Research; Strategic Brand Management; Loyalty Marketing; and Electronic Marketing.

"We plan to pull in some high-profile, out-of-state experts to join us in planning and presenting these seminars," said Normantas. "Our goal is to help all of our members expand their professional horizons through the exchange of ideas with our counterparts in other markets, professionals who may be facing similar challenges."

In addition to Normantas, PMA officers include: Peter Leavitt, Treasurer, and Rochelle Vargas, Secretary. Other members include: Lisa Cordeiro Hallee, Communications Director; Steve Gent, Program Director; Leigh Fulda, Membership Co-Chair; Mark "Griff" Orlando, Membership Co-Chair; Don Mackenzie, Partnership & Sponsorship Co-Chair; Peter Myer, Partnership & Sponsorship Co-Chair; and Don Russell, At Large Member.

To inquire about membership, contact Leigh Fulda at 207-773-7100 or lafulda@dunham-group.com, or Griff Orlando at 207-775-1817 or morlando@maine.rr.com.

Salt Bay Chamberfest Concert to Air on Maine Public Radio

Maine Public Radio will broadcast a concert preformed by the Salt Bay Chamberfest on

Casco Bay Weekly welcomes your community notices. Please keep your thoughts to less than 300 words (longer submissions may be edited for space reasons), and include your address and daytime phone number. Send to: Notices, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbwdir@maine.rr.com

Maine Stage, Wednesday August 20 at 8pm. The concert was recorded Friday August 17, 2001 at the Round Top Center for the Arts in Damariscotta and features pieces by Mozart, Bartok and Brahms. The concert also contains a piece titled, Dreadful Duets, that consists of the songs, Awful Allegro, Lethargic Largo, and Scary Scherzo. It is arranged by Chris Woehr and preformed by violists Hsin-Yun Huang and Misha Amory.

This is the first Maine Stage to feature the Salt Bay Chamberfest. The group was founded in 1995 by Artistic Director Wilhelmina Smith, and brings together world-renowned musicians to play works spanning four centuries, from baroque to present day. The Salt Bay Chamberfest performs at the Round Top Center for the Arts in Damariscotta.

Maine Stage was first conceived on Maine Public Radio in 1984 and has been broadcasting concerts recorded in the state ever since. Past seasons have featured local talent such as Arcady Music Festivals, the Nordica Trio and the distinguished Bangor Symphony Orchestra. Maine Public Radio's partners for Maine Stage programs are the Salt Bay Chamberfest, Bay Chamber Concerts, and the Bangor Symphony Orchestra.

Maine Public Radio is a service of Maine Public Broadcasting, the largest Maine-based member-supported organization in the state, providing public television and radio services to audiences in Maine, New Hampshire, and New Brunswick. Maine Public Radio attracts 140,000 listeners each week and is the only statewide informational, cultural, and educational station available all Maine people every day. For more information, visit www.mainepublicradio.org.

Maine State Ballet to Award USM Scholarships

The Maine State Ballet will present Don Quixote on Friday, August 15 at Merrill Auditorium. At a reception for ballet company contributors after the show, the Maine State Ballet's University of Southern Maine (USM) college scholarships, Dance for ME, will be awarded. Through the establishment of the Dance for ME scholarship fund, Maine State Ballet is working with USM to help promote the arts and education here in Maine.

The recipients of the 2003 USM scholarship funds are: Michael Hamilton, Kirby Johnson and Courtney True. Courtney True graduated from Windham High School and has been a member of the Maine State Ballet Company for five years. Courtney has danced numerous roles in the Nutcracker and the spring ballet performances. Kirby Johnson lives in Portland and graduated from Deering. Kirby started dancing with Maine State at age four and most recently was the Wishing Star and the Dew Fairy in Hansel & Gretel. Michael Hamilton has only been dancing for under three years, but has already performed the Mouse King and Arabian prince in the Nutcracker. Michael graduated from Falmouth High School and plans to major in political science at USM.

All three recipients will appear in the Don Quixote production. The single performance

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of Don Quixote will be on Friday, August 15 at 7:00 p.m. All tickets are available by calling PortTix at 842-0800, or online at www.porttix.com or www.maine.stateballet.org.

Maine State Ballet, established in 1986, has become the leading professional dance company in the State of Maine. Working together, Maine State Ballet and the Maine State School for the Performing Arts encourage students to become active, intelligent young artists who will emerge as artistic leaders in their communities.

For more information on the Maine State Ballet, call (207) 856-1662 or visit www.maine.stateballet.org.

Maine Website Celebrates Three Years

Mainers are logging on in droves to the Maine Environmental Policy Institute's (MEPI) popular website. The site, www.meepi.org has racked up over 400,000 visits since it was launched three years ago. "The site has become the resource for anyone researching and working on environmental issues in Maine. The response has been very positive," said MEPI Director William Sugg. "We now receive up to 1000 visits per day and our daily email of environmental headline news is sent to every 400 people working all over the state and the region."

The Institute publishes Maine Environmental News, a free service that is updated daily by 10 am on the site. Broad ranges of environmental topics are covered. The site has links to all the latest articles, reports, action alerts, and press releases from Maine newspapers, environmental organizations, and government agencies. The service also has links to the latest national and international environmental news, plus extensive links to resources and to all organizations working on environmental issues in Maine.

The Maine Environmental News project has garnered MEPI the Governor's Award for Environmental Excellence and the Sierra Club's Environmental Media Award.

The Mission of the Maine Environmental Policy Institute is to help Mainers understand the importance of healthy ecosystems to their families and communities. The Institute, an independent nonprofit organization based in Hallowell, Maine, is dedicated to researching environmental challenges facing the state and reporting this research to policy makers and the public.

Praise For Maine Environmental News:

"I set up www.meepi.org as my home page and it's absolutely the best home page I've ever worked with. It's fantastic." E.A. St. Pierre

"Very impressive to see one source for environmental news in Maine." Melanie West, Audubon Expedition Institute.

"Thank-you for Maine Environmental News, it is very useful for my staff and other policy makers, researchers, and citizens." Tom Allen, Member of Congress.

"First rate...greatly expands my coverage of Maine environmental news throughout the state. An excellent site."

"I just wanted you to know how much I appreciated your coverage of environmental news throughout the state. Your site really offers one-stop news for those of us who have so much to do in conservation." Scott Dickerson, Coastal Mountains Association.

"Your website is great! I review it daily and feel so much better informed on environmen-

tal news than before. Thanks very much." JoD Saffier, Maine Outdoors Heritage Fund.

New Company Provides CFO Level Service on Contract Basis

The principal of a new firm in Portland, In the Details, believes small business owners often find themselves in a financial no-man's-land as they struggle to manage the day-to-day aspects of their businesses. While many small firms have bookkeepers to keep track of basic accounting information on a regular basis, and use an accountant for end-of-year reports and taxes, few small business owners have someone they can turn to regularly to control costs, enhance profitability and plan for the future.

"I have been amazed at how far a company can get without having a good handle on their financial situation, or understanding how to allocate their resources," said Jim Klein, founder and principal of In the Details. "Cash flow is one of the most challenging parts of being a small company, and many businesses don't have the tools in place to help them get their arms around it. They operate from their checkbook and hope it comes out OK when the tax return is done."

From something as simple as organizing records or reviewing expenses to developing plans and creating more timely and informative financial information, there are many areas of a small company's finances that get overlooked in the day-to-day drive to service customers, Klein said. Klein, who, as a CPA, has worked in public accounting and as a controller in a Fortune 100 company, as well as COO for a start-up, has a broad range of experience to bring to his clients.

In the Details partners with client companies to offer them CFO-level analysis, including understanding how the company operates and functions on a day-to-day basis. With an eye toward improving profitability, In the Details will enhance or establish financial systems and protocols, review procedures and staffing needs, and look for cost savings.

"In these tight economic times, it's important to take the time to stop and examine how business is being done - see if there is a more efficient or profitable way to operate some aspect of the company. Our goal is to help clients see cost savings or profit improvements that more than cover any fees incurred for our services," said Klein. For more information, contact In the Details at (207) 415-0869.

Maine Audubon Seeks Help Loons Affected by Oil Spill

Maine Audubon is seeking the help of Maine residents and visitors to assess the impact of Massachusetts's oil spill on loon populations in the state. In April, the Bouchard Barge 120 spilled 98,000 gallons of No. 6 fuel oil into Buzzard's Bay, Massachusetts. The spill occurred during migration of several bird species, particularly the common loon. Approximately 200 dead loons have been recovered since the spill.

However, it is highly unlikely that all loons oiled in Buzzard's Bay died there, if they died at all. Scientists are concerned oiled birds may have reached their summer habitats on freshwater lakes but may still be suffering from the adverse effects of oil. Suspected oiled birds have been found in central New Hampshire and coastal Maine.

Maine Audubon is working collaboratively with the U.S. Fish & Wildlife Service and Bio-

diversity Research Institute to conduct a rapid assessment of potentially oiled loons outside of Buzzard's Bay and to identify any impacts to loon populations in Maine. The organization is asking Maine residents and visitors to report any sightings of suspected oiled loons.

- Oiled loons may be in fresh or salt water, and may exhibit some or all of the following behaviors and symptoms:
- Dark staining most evident on the breast feathers,
- Excessive preening of feathers,
- Listing to the side while in water, and/or
- Beaching on shore.

Any sightings of suspected oiled loons should be reported by e-mail to Kate Taylor at kate.taylor@briloon.org or by phone to Theresa Daigle at (207) 576-1950. Reports must include the date and time the bird was seen, a detailed description of the location, and any pertinent details about its behavior and condition, particularly the amount and location of any visible oil.

MAINE AUDUBON works to conserve Maine's wildlife and wildlife habitat by engaging people of all ages in education, conservation and action.

With a 160-year history of connecting people with nature, Maine Audubon today is affiliated with Audubon's national organization and has seven local chapters in the state. Support for Maine Audubon comes from 8,000 member households and donors, including individuals, foundations and corporations.

Insect Workshop Coming Up at Wells Reserve

On Saturday, August 16, the Maine Entomological Society presents an insect workshop at the Wells Reserve at Laudholm Farm. Experts on several kinds of insects will be on hand to offer tips on collecting, identifying, and understanding insect life of southern Maine. Space is limited, so please register at 207 646-1555 ext 110.

In the morning, learn how to identify insect families or orders, then head out to collect specimens from the varied habitats of the Wells Reserve. After lunch (bring a bag lunch), work with microscopes and a variety of keys to identify your finds under the guidance of society members.

The Maine Entomological Society was established in 1997 to support, encourage, and promote the study of the insect and terrestrial arthropod fauna of Maine. The society has about 130 members.

The Wells National Estuarine Research Reserve at Laudholm Farm is a public/private partnership committed to investigating coastal environments and increasing understanding of their ecology. The campus is at 342 Laudholm Farm Road in Wells, just off Routes 1 and 9. Learn more online at www.wellsreserve.org.

Gorham Rotary Club Donating Books

Westbrook- Gorham Rotary Club will be honoring all 77 past presidents by purchasing books in their honor. Each month the Club will recognize a past president by donating a book they choose, or in the case of a deceased president, a book in a field of well-known interest to them, or one chosen by their family. Rotary International designated July as Literacy Awareness Month. The West-

brook-Gorham Rotary Club Board of Directors in support of this effort, has approved a book-purchasing program. The purchases will be split between the Westbrook and Gorham public libraries.

Each month the Book Committee will purchase a book in memory of each past club president. A bookplate will be placed in each book specifying the name of the past club president; the year they were president; and the motto for their Rotary year, if known.

The first book presentation will be made in honor of John Hay and Jane Beever:

Date: Tuesday, August 12th
Where: Westbrook Regional Vocational Center
125 Stroudwater Street
Westbrook, ME 04092

When: 12:10pm (immediately after business meeting, which starts at 11:30am)

John Hay was the club president from 1940-41. His book entitled, "Maps and Mapmakers of the Civil War" will be presented to Carolyn Watkins, Director of Walker Memorial Library in Westbrook. John's daughter, Deborah Bird, and his son, Peter Hay, will be in attendance for this special event.

Jane Beever was the club president from 2001-02. Her book choice is entitled, "Simply Leonard Bernstein" will be presented to Pamela Turner, Director of Baxter Memorial Library in Gorham.

On hand to make the first presentations will be the immediate past president, Thomas Hey, and current club president, Jason Beever.

Jason is the son of Jane Beever, and a fourth generation to hold the position of club president. Jason's grandfather, (Jane Beever's father), Arthur D. Andrew was president from 1942-43, and his great-grandfather (Jane Beever's grandfather), Clarence E. Carl was president 1937-38.

Rotary International is an organization of business and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. In 166 countries worldwide, approximately 1.2 million Rotarians belong to more than 30,000 Rotary clubs.

Please contact Hal Thomas at 878-4407, or Irene Fitzgerald at 774-1646 with questions.

We want your letters!

Please send your submissions (no more than 300 words), to Letters, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbwdir@maine.rr.com. Be sure to include your address and daytime phone number.

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Living From The Inside Out-

"Rapunzel! Rapunzel! Let down your golden hair."

by Melissa Mirarchi

Once upon a time, in a tall stone tower, in the middle of a great woods, there lived a beautiful girl named Rapunzel, who'd been locked in the tower by a witch. The tower had neither stairs nor doors, just a very small window at the top.

For years, Rapunzel saw only the witch, who got into the tower by calling, "Rapunzel! Let down your golden hair." Rapunzel would lower her hair like a rope and the witch would climb up it and into the window.

One day, a Prince rode by the tower and heard Rapunzel singing. Her voice was so sweet that he fell in love and returned each day to listen. Then one day, the Prince heard the witch call up to Rapunzel to let down her hair.

When the witch was gone, the Prince called as she had, and Rapunzel let down her hair. The Prince climbed up to profess his love and, though she was frightened of him at first, Rapunzel's fear soon gave way to love. She made plans with the Prince to escape her tower; she had him bring her a skein of silk each time he came to see her. "I'll make a ladder," Rapunzel schemed, "and when it's done I'll climb down from this tower and ride away with you."

The Prince came to visit every day and Rapunzel wove her ladder. Then, when the ladder was almost complete, she asked the witch, "How is it that you are so much harder to pull up than the Prince?"

The witch was outraged. She said to Rapunzel, "I thought I had hidden you safely from the world, and yet you have deceived me." She cut off Rapunzel's beautiful hair and left her alone in a desert. That night, when the Prince climbed Rapunzel's hair, he was stunned to encounter the witch. She told the Prince he would never again see his beloved Rapunzel and, in his grief, he jumped out the window and was blinded by the briars below.

For years, the Prince wandered blindly, despairing, until he came to a desert place where he heard familiar singing. The music led him to Rapunzel, and when she saw him she wept in his arms. Two of her tears touched the Prince's eyes and his vision was restored.

Together, Rapunzel and the Prince returned to the kingdom, where they were

married and lived happily ever after.

Taken at face value, the story of Rapunzel can be infuriating: Why is she so helpless alone? Why does she need a Prince to come save her? But what if we read it another way? What if Rapunzel, the witch, and the Prince all played parts in *ourselves*?

The inner witch, whom everyone fears, is critical, judging... and very afraid. She wants to protect our golden beauty, our deepest, most precious, most vulnerable selves — our very own Rapunzels. The witch wants to hide us, safe from the world. And for many years, she succeeds.

And then the Prince hears Rapunzel's song, the song that no one but we can sing, and he falls in love. The Prince within us woos Rapunzel and, though she is afraid at first of anything other than what she has known, she too falls in love. She is willing to give up the safety of her tower. She is ready to leave the controlling witch, to venture out into the world and claim her power as Queen.

Like Rapunzel, we map out our bold escapes then, at the last minute, we sabotage our plans. Just when her ladder is almost complete, Rapunzel tells the witch her secret. Just before our graduation, we decide to drop out of school. Just when the job is almost ours, we botch the interview. Just when someone starts to love us back, we go out and break his or her heart.

Like Rapunzel, we're left in a lonely desert. Without our defenses—our golden hair—we no longer know how to connect with the world. Like the Prince, we are lost, we cannot see, we wander without direction. Until the day we hear the song that leads us back to what we love. We embrace our Rapunzel, our very soul, and her tears restore our vision.

Only together, as man and woman, could the Prince and Rapunzel become King and Queen. Only when they have formed a union can they claim their sovereignty. Only united, within each of us, can the Prince and Rapunzel re-enter the world — together, finally whole.

Melissa Mirarchi is a registered counselor practicing in Portland. She can be reached at becoming@maine.rr.com.

local voices Peace Man

by Michael Poliskey

Anyone who has been down Congress Street in recent months may have noticed a young bearded man with shaggy hair and spectacles standing upon one of the cement pylons that surround Monument Square. An odd sight that stands out among the other odd sights seen as we travel up and down Congress Street. What's he doing up there? Why are people taking his picture, videotaping, and talking to this young man? He doesn't just stand there, he's delivering a message. His hand is raised with index and middle fingers forming a V, extended in a gesture of peace. That's no misguided hippie: his name is Shawn Laura, Peace Man.

"I've been here since day one of the war. I'm here basically to give people a little bit of hope. I've had a lot of people come up to me and thank me for being here, and they tell me it gives them hope," says Laura.

As I talk with Shawn Laura we are bombarded with shouts, whistles, honks, and the always present peace sign sticking out of a car window. I see nothing but positive energy flowing his way. He harnesses that energy and gives it right back out. "I do it for the people, and also try to give a dialogue to people, including the mayor who just drove by, giving me the peace sign."

I look to see a red sports car passing by with arm out the window giving the peace sign. "That was the mayor?" I ask. "Every single day he sees me he does that," replies the unfazed Laura.

Both negative and positive feedback come almost daily, because Laura is on the street daily, at least one to six hours depending on his availability. The negative feedback? Besides someone threatening his life? "I get the finger and tell them they're half way there," answers Laura. Unflappable.

Shawn does more than give the peace sign. He's actually quite busy. He is starting up a non-profit group called The All

Faiths Community Center, where people of all religious denominations are welcome to discuss issues that affect us all. Meetings are at group members' homes as of now, but the group is in the process of looking for a building along with potential support and grants.

"We have Christians, we have Pagans, we have Buddhists, we have Atheists, Satanists, and a wide variety of people who don't generally get together in these groups." Laura himself is a member of The Church of Jesus Christ of Latter Day Saints. Laura's hope is that they can break down the walls that divide us and come together in peace.

Religion and people's well-being has fascinated Laura from an early age. "I was always open-minded as a kid. I grew up in a secular family. Going through a lot of trials and tribulations in life leads some people to think 'What's going on here?' So, it's [religion that] kinda opened me up to searching, literally, every single religion I could come across, and to study it. I found Mormonism to be suited to me." Laura also plans on running for the school committee.

Another major project Laura is working on is a relief effort for the people in Iraq. He already has the use of a cargo plane in Salt Lake City, Utah and would like to fill it with food and humanitarian aid.

How does a man who gives the peace sign on Congress Street get a cargo plane to go to Iraq filled with humanitarian aid? "It's all in who you know," laughs Laura. Maybe we should all know Shawn Laura.

When will the mission be over? "Perhaps, never. I'd like to keep this vigil going."

So maybe we will see Shawn Laura for years to come on Congress Street. Be cool to him, because you never know when you might ask yourself where you could get a cargo plane. You never know.

Peace, man.



Shawn Laura spreading the word. PHOTO MICHAEL ERIC BERUBE

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This acclaimed new documentary captures the spirit of Katahdin and the people who have been drawn to Maine's "Great Mountain."

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Activities at the Children's Museum of Maine

August 15-20, 2003

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Forest Explorers

August 15, 1pm

Examine tree cookies, understand how a tree grows and write your own tree story during this interactive program with Kevin Doran, Natural Science Educator, with the Maine Forest Service.

Explore Famous Artists: George Seurat

August 15, 1-3pm

This French artist created images using a system of color dots known as pointillism. Discover his interesting technique and create an image to take home.

Puppet Playhouse

August 16, 11:30 & 2pm

Be a puppeteer! See a play and try your hand behind the stage. \$1 for member children, \$2 for non-member children. Sign up at the front desk.

Portland Chamber Music Festival Children's Concert

August 17, 12:30 & 2pm

Join us for a free concert of the musical adaptation of the children's fable "Goldilocks and the Three Bears," an original work by composer and bass player Peter Askin. Mr. Askin is a Cumberland, Maine native who now resides in Hawaii as a principal member of the Honolulu Symphony Orchestra. A musical rendition of "The Ugly Duckling" by composer Jon Deak will also be featured. "Goldilocks and the Three Bears" creates a concert-going experience that is as fun as it is informative and has been received with wild, giggling enthusiasm. The performances are sponsored by the Portland Chamber Music Festival.

Art Adventures

August 17, 2:30-3:30pm

Finger Puppets-Cut out a character and make it dance with your fingers! A perfect boredom buster.

Track Twister

August 18, 11am, 1pm & 3pm

Tie yourself in knots and learn some animal tracks.

Fairy Day

August 19, 12:30-3pm

Join Tracy Kane, author of *Fairy Flight*, for an afternoon of fairy activities including reading, crafts and a monarch butterfly parade!

Big Messy Art

August 20, 2-4pm

Necklace Painting-Necklaces are fun to wear, but have you ever painted with one? Dip in paint and see what you can design.

General Admission:
\$6.00 per person (under age 1 free)
(Admission is free with museum membership.)
Group Rate
\$3.00 per person -
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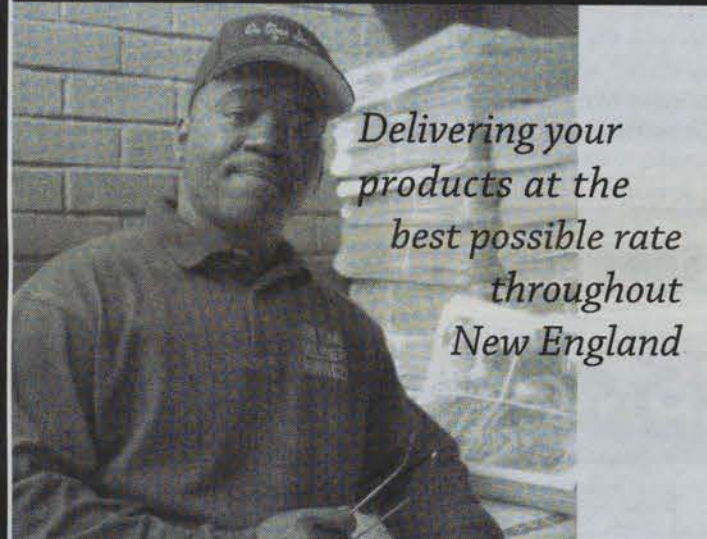
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THE Daily GRIND

Talking to appliances

by Martin James

We have a new side-by-side refrigerator-freezer in our home. I wanted the white one but my dear wife said it would "stand out like a sore thumb in our kitchen," so we bought the beige model. Actually, it's called *bisque*—nothing is beige anymore, even though the two colors, to my eye, are precisely the same. It must be the fancy name; appliance makers seem to believe no one would think twice about paying an extra \$45 for such an elegant color.

Thank goodness we didn't have to consider such other beige equivalents as fawn, oatmeal, or light bronze. Bronze may be the medal for third place, but I'd wager some enterprising appliance maker could soak us for a gold-like fee for a bronze-colored refrigerator. Perhaps I should be glad that *bisque* was the only alternative to white.

Of course one must wait for the colored model, so I looked less than longingly at the 25-year-old refrigerator in our kitchen and smiled knowingly. "Not much longer for you, old friend," I said to the machine that has kept our food cold and our ice cream frozen for a quarter century. "You've been faithful nearly to the end, but it's time for you to retire. Thank you for your service."

I will admit that talking to a refrigerator may strike you as a bit odd, but before you condemn me, consider how many times you've spoken to your car or computer—and not so politely as I've addressed my refrigerator.

The old ice box in the kitchen had recently begun to make sounds that indicated trouble deep within its body, and although food was being kept at the proper temperatures, the rumbling and rattling from the depths of the machine signaled nothing good. I don't know much about machines, but I do know that no smoothly-operating refrigerator makes grinding sounds.

I continued to lament the passing of the appliance that preserved my food for all those years, telling it gently how I appreciated its efforts. Suddenly, a most odd thing happened—the box spoke to me! Oh, not in a human voice, of course, but I heard, with utter certainty, the word "bull" groan from the gears of the refrigerator. Doubt me if you must, but not before you contemplate the words you know you've heard from your own appliances and vehicles.

The reality of the matter is that at that instant, all that remained working within the beast ceased then and there. It was as though it understood both that it was being replaced, and that we needed it to operate for several more days, until the new

bisque-colored model arrived.

"Never again shall I chill your food! Never will I freeze your fat-free frozen yogurt," the formerly faithful machine seemed to be saying. "From this moment on, you and I are enemies, and I will do everything in my power to create an environment inside me that will cause you the great agony of food poisoning!"

Being wiser than I look, I threw out every bit of food in the rebellious machine, which was painful and expensive. I did, however, enjoy a yogurt/ice cream/sherbet orgy, since none of it could do fast enough to harm my health. It did add to my ample waistline, but I gorged myself in a good cause—I refuse to be wasteful, and tossing seven cartoons of frozen delights would have been a great sin.

True to its word, the old appliance never sent out even a single breath of cold air, and four days later, it was gone. In its place sits a tall, tan side-by-side refrigerator-freezer that barely hums as it chills, and has shown no sign of verbal skills.

I must admit, though quietly and not to my dear wife, that the beige/*bisque* color is much nicer than the stark white model I'd chosen in the showroom. This confession has a lot to do with the following incident between me and the microwave oven the other day.

While I am not old or elderly—closer to middle aged if my life expectancy was 120 years—I am not a kid anymore. With age, memory fades like a cheap paint job on an old car in a blistering sun. I've forgotten a few unimportant things lately, but when I set the timer for microwave popcorn for five minutes and walked away, little did I know I would forget to come back. Nor did I realize that my slightly arthritic fingers had entered 15 minutes instead of five, a fact which my tri-focal glasses hadn't registered in my brain.

So I was greatly surprised when the smoke detector went off in the kitchen and I was greeted upon my hasty return by a cloud of bluish smoke. I hadn't heard the little *ding*, being far from the kitchen—my

hearing aid batteries need replacing. And I fell on my way in from the bedroom where I'd retreated for a little nap; I left my cane next to the bed in my haste to determine the reason for the screaming smoke detector.

There in the corner of the kitchen was a smoldering microwave oven which I soon discovered held the crisp and stinking remains of my snack. It was instantly obvious that this mess could not be eaten, so I threw the blacken bag into the trash. But a more serious problem remained—the recently-purchased white oven was as black as a moonless midnight in the country.

Setting to work quickly, for my dear wife was due to arrive home within an hour, I cleaned and scrubbed, but no combination of elbow grease and Clorox scouring powder was going to whiten the ravaged appliance. It was a yellowish/brown now, the black finally yielding a bit to my efforts.

Just then, I heard the garage door open and my wife's car slid quietly into its stall. After an afternoon of talking to the refrigerator, I was ready to speak to a human being—but what could I say about this disaster?

As she entered the kitchen, the lingering stench told my dear wife that something was terribly wrong. "Did we forget to take something out of the microwave again?"

I resented the "again," but had to admit it was essentially a true statement. "I have some good news and some bad news, my dear," I said sweetly.

Requesting the bad news first, as she always does, I told her that it was indeed true that I had forgotten to take my popcorn out of the microwave in time. "And the good news?" she asked.

"Well, my dear, our unfashionable old white microwave oven will now match our nice new *bisque* refrigerator!"

Martin James lives forgetfully but happily with his wife; he practices toleration regarding three cats who belong to his wife. She and they promise to attempt tolerance soon.



PHOTO ART TODAY



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paw print Be a Rescue Hero

by Nancy Freedman-Smith

Behind the scenes of any animal rescue organization are the people who work long and often unpaid hours doing labor-intensive work and making difficult decisions. To some it is a calling; to others it is a labor of love. They cannot do it all by themselves, and the burnout rate is often high. Won't you consider helping animals, and in doing so, help other people who are helping animals? Here are several suggestions to get you started:

1. Contact a local shelter or rescue via phone or website and buy them something from their "wish list."
2. Donate MONEY, stocks, or bonds and consider leaving something for animals in your will.
3. Donate new or used dog equipment such as coats, brushes, leashes, collars, crates, haltis, gentle leaders, flexis, dog seatbelts, dog beds, blankets, towels, laundry detergent, bleach, Kongs, balls and other dog toys.
4. Donate dog food or treats—how about baking your own?
5. Volunteer to walk a rescue or shelter dog.
6. Become a foster home.
7. Become a puppy raiser for a service dog.
8. Offer your office skills: computer, phone, mailings, business cards, labels, handouts, posters of available animals, bumper stickers, record keeping.
9. Donate long distance calling cards, used digital cameras, scanners, copiers, stamps, envelopes, computers.
10. Volunteer to help man a booth at an educational event.
11. Donate a raffle or sale item.
12. Donate vet supplies such as heartworm pills, flea and tick prevention, first aid, spray and neutering, micro-chipping, prescription medications.
13. Provide mental support for a rescue person.
14. Pay to board a dog for a short period of time or take a foster dog for a short time in an emergency.
15. Feature adoptable dogs and link to rescue sites on your homepage or website.
16. Conduct home visits or accompany a rescue person.
17. Have a fund raising party or yard sale and

donate the money to rescue.
18. Be sure your friends know why rescue and fostering dogs is important.

19. Help organize and run fundraising events.
20. Pay for the cost of taking a dog to obedience class and/or take a foster dog to class.

21. Offer to bring your children, cats or other animals to a foster home to help socialize the dog and test it under varied circumstances.

22. Offer to groom, or pay for grooming.

23. Lend your artistic talents.

24. Offer to go with a rescue person to the vet if a foster dog needs to be euthanized.

25. Donate your professional services.

26. Pay for an ad to help place rescue dogs and then screen the calls yourself.

27. Make arrangements in your will providing for your animals.

28. Donate clickers, books, or videos about training.

29. Donate yourself by making yourself available on an emergency basis to do "whatever" is needed.

30. Transport.

31. Assist Maine Greyhound Placement by donating money, stocks/bonds, building materials, or services to help construct a new adoption center and clinic in the Augusta area. Contact MGPS at 207-846-4707 or online at www.greyhoundplacement.com for further information.

Remember many animal organizations are tax-exempt and your contributions may be tax deductible.

In addition to people helping animals, why not use your animal to help people?

- Get involved with Pet Therapy.

- Why not join Buddy Walk this October with your dog and have a great time while raising funds and awareness for Down Syndrome.

The Southern Maine Down Syndrome Family Network sponsors the local walk. Sunday, October 12-1pm. Registration: 12pm at Payson Park, Baxter Blvd. Walk around Back Cove (or choose a shorter 1 mile walk).

For registration form, pledge sheet or more information visit their website www.downsyndromemaine.org.

Nancy is application coordinator for New England Border Collie Rescue (www.NEBCR.org), and owner of Gooddogz Training.

Adopt a Pet: Princess by the Animal Refuge League



Once upon a time a dog named Princess came into the shelter as a stray with a nasty skin infection. At first she was optimistic that her guardian would come forward, but alas, it was not to be. Princess was miserably itchy and very, very sad. The loving staff at the shelter put her on some antibiotics and washed her in magical anti-seborrhea shampoo. POOF! Princess felt like a new dog! Next the staff started to work on her ears, which were very infected and sore. Every night the staff would put in medication and clean her ears; they are doing much, much better! Princess loves to play ball in the courtyard and sleep on her bed. She loves to ride in the car and eat peanut butter from her Kong toy. Very affectionate and loving, Princess would make an excellent companion for a family with older kids, young couple, older couple, or a single man or woman! Princess would fit in just about anywhere. She enjoys the company of other dogs but prefers to rule a castle not governed by cats. Princess is house-trained, and

has great manners. Ahhhh... the joys of an adult dog! So, if you are looking for a princess to complete your family court, look no further than the Animal Refuge League! Princess is ready to rule your heart!

Princess is available for adoption from the Animal Refuge League, 449 Stroudwater Street, Westbrook. (207) 854-9771 or www.arlgo.org.



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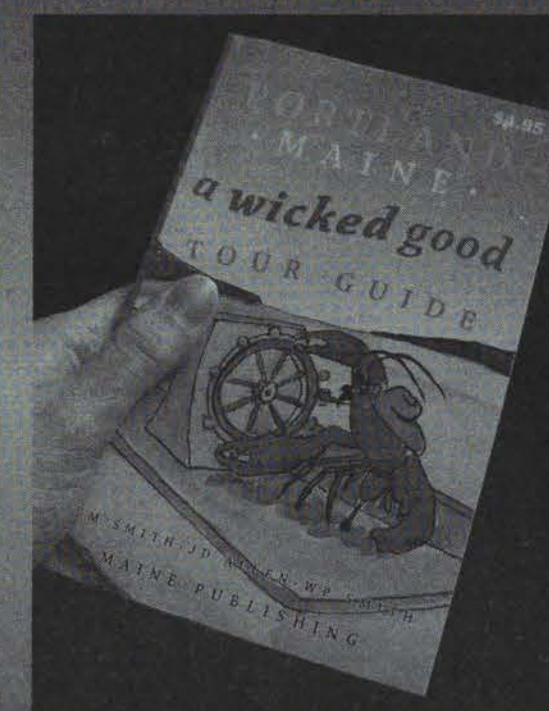
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War Stories: Students Learn From Veterans

by Laurie Schreiber

In the United States today, most kids and young adults have lives free of any personal experience with the devastation of war.

Crime, domestic abuse, and national disasters cast a terrible pall over society, but the darkness deepens with the horror of war, destruction, and terror every day, when there is no certainty as to when it might all be over and no clear path to a brighter future.

For an hour today, several dozen teenagers are learning about what this reality has been like for their elders.

Galen Cole lost his boyhood friend, Charlie Flanagan, during World War II.

"How many of you have a best friend?" he asks a group of eighth-graders from Orrington's Center Drive School. They all silently raise their hands.

"Yes, very good," he nods approvingly. He eyes each child in turn. "And hopefully, you'll never lose your best friend."

As the creator of the Bangor-based Veteran's Interview Program, now in its fourteenth year, Cole wants children to understand in personal terms what war really means. He is not alone. The program attracts about 40 veterans of World War II, the Korean and Vietnam wars and Desert Storm, willing to share an hour or two during the school week with children from around the state in grades five through twelve.

Often, visits occur in conjunction with study units on U.S. history, World War II, the Holocaust, or Veterans Day, and many of the students from the fifty or so classes that participate each spring and fall are well prepped by their teachers.



Maine State World War II Veterans Memorial at Cole Land Transportation Museum Park
PHOTO: COLE LAND TRANSPORTATION MUSEUM

The veterans come prepared, too, laden with artifacts and historical literature, eager to tell their stories.

Carroll Frye, an Air Force man during World War II who flew aboard a Boeing B-17, the famed Flying Fortress, has been with the program for two years.

"I figured they were teaching the younger generation about World War II, but the kids didn't know what they were talking about," Frye says. "Kids keep asking me things about World War II that they didn't know what they were talking about." Frye says. "Kids keep asking me things about World War II that they don't get at school. I bring out a lot of things you maybe wouldn't find in a book."

The veterans want to help youngsters see past the abstract names and dates in textbooks and get a glimpse of reality.

Cole's desire to set up the program, as well as his other philanthropic efforts, comes directly from his personal trauma as a 19-year-old rifleman. In 1945, he saw half his squad killed on the front line in Germany.

Cole had just given up his seat on the passenger side of a transport vehicle to a senior squad member who was superstitious about where he sat. A German artillery shell hit that side moments later.

Thrown out of the truck with shrapnel wounds, Cole realized how lucky he was to be alive. Dazed and waiting for help, he made a promise to a higher power that if he was allowed to get home alive he would work to help his fellow man and his community.

His luck held. Back home, he took the reins at his father's firm, the Bangor-based Cole's Express, one of the Maine's largest and oldest trucking companies. He became a leader in business and civic affairs and set up a foundation, which created the Cole Land Transportation Museum, the largest of its type in New England, and a number of community outreach programs, including the Veteran's Interview Program.

Fit and energetic at 77, Cole today sports his favorite red, white, and blue knitted sweater. A full thatch of silver hair tops bushy eyebrows. Slightly tremulous, Cole gives the impression of wanting to share all his thoughts at once.

But one word rings out — freedom. "Freedom is very precious and dear," Cole tells the children. "It should not be taken for granted. Use it to express yourself. But when you do, always remember those who fought for your freedom."

The freedom taken for granted by Americans and denied to so many others around the world is, for Cole, the reason kids learning about history should be hooked up with those who witnessed its making.

Three girls sitting at Frye's table view his collection of vintage stamps from coun-

tries overrun by the Germans. A box of medals includes his presidential unit citation and other honors for his service during the Battle of the Bulge and the Battle of the Rhineland.

He reads passages from the "Nazi Creed." "Men are not created equal. Germans must save the world by ridding it of the Jewish people."

One of the girls points out that, in contrast to the blond stereotype Hitler favored, the mass murderer had dark hair.

"I can't figure it out," Frye says, acknowledging the absurdity. "I don't care if you are a Jew or an Arab or who you are. You have a right to say what you think."

Al Meister remembers how disturbed he was over Korea's war-torn wasteland. On a map, he shows where his unit came ashore at Inchon and moved up to Seoul. A compilation of photos from AP war correspondents shows a cold and bleak landscape.

"It wasn't all palm trees and warm weather," Meister says. "There were no trees left. The entire community had been denuded — there's no other word for it."

Hal Crosby Jr., who served in the Pacific with the Air Force's 29th Bomb Group, describes the horrors of an incendiary raid on Tokyo.

"The hot-top was catching on fire. Swimming pools and rivers were steaming. People were jumping into the water to try to escape, but then they'd be scalded."

A common theme emerges from the interviews, transcending individuals, lands and eras.

World War II, says Edwin Cormier, was a conflict with clear rights and wrongs. But with Korea and Vietnam, people began asking questions.

"Is there another way, other than killing?" he asks the three boys before him. "That's what you're asking. I say, 'Yes.' We can use science and diplomacy, and we can ask questions. You see, you're free to ask questions. Saddam Hussein would have you shot dead for that."

The freedom to question the necessity of war, these veterans say, is eternally entwined — confusingly so — with the responsibility to defend freedom, if need be, through war.

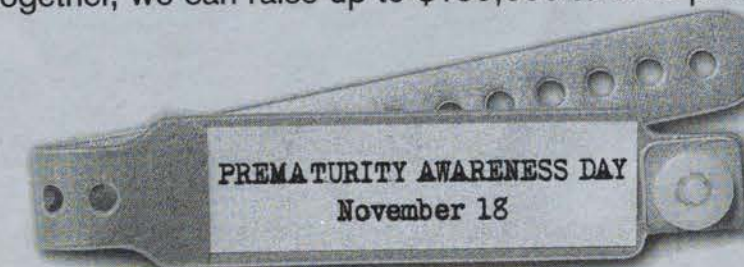
Cole asks the children simply to "take home thoughts to do a little more with your life than you thought you would."

For more information about the free Student/Veteran Interview Program, contact Cole Land Transportation Museum, 405 Perry Road, Bangor 04401; (207) 990-3600, www.colemuseum.org.



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Students from throughout Maine interview men and women veterans of all wars in the Cole Land Transportation Museum during spring and fall.

for the record

CBW often provides information to our readers about issues important to our daily lives. Sometimes it's about government, sometimes it's about public safety and sometimes it's about education.

This is an issue that affects over 400 Maine farmers, our community and our right to have an opportunity to choose. Pull up a chair and read this week's For the record and then you decide

Oakhurst Dairy vs Monsanto



PHOTO: ABBIE OSTREM

Compiled by Abbie Ostrem

All excerpts from *Oakhurst Dairy: The Natural Goodness From Maine* by Alice Hellstrom Anderson 2002 Penmor Lithographers

Oakhurst Dairy History and Local Facts

1902

Arthur Leadbetter started a dairy business on Falmouth St. in Portland.

1910

Leadbetter's dairy moved to a larger location at 332 Woodford St.

1913

Stanley Bennett married Blanche Huston, the couple had three children, Donald, Alden and Barbara. All received college educations, even through the Great Depression years. Stanley became a driver/salesman for the Cushman Bakery, the commission structure appealed to him, because his income would be determined by his own efforts. With these ethics, he soon set the record for one-day sales volume (\$400) and caught the eye of Nathan Cushman, president of the bakery. Their friendship and business liaison lasted many, many years and carried over to the next generation. Within a few years, Stanley Bennett's route was doing so well, he needed to hire full-time help to keep up with the business he was generating. One of Stanley's customers was the Leadbetter family.

1918

Leadbetter's chose to change the name of Leadbetter's to Oakhurst.

1920

By 1920 there were roughly 5000 cows for every 1000 people in Maine. In the year 2001, there were approximately thirty-two cows

for every 1000 people. Stanley Bennett was offered the position of manager of the dairy.

1921

- Oakhurst Dairy was incorporated under new ownership (The Cushman Family) and management (Bennett) on December 1st. Stanley Bennett borrowed money from Cushman (family of Cushman Bakery fame) to buy the business and move it to a new plant on Forest Ave.
- There were eighty companies licensed in Portland to sell milk.

1921-1941

Bennett bought control slowly of Oakhurst from Cushman. Cushman's still maintained an ownership interest in Oakhurst up until the war years when the Bennetts took over all Oakhurst stock.

1922

First article on Oakhurst appeared in the *Portland Press Herald*: **Construction of the dairy plant**

Actual construction work has been started for the Oakhurst Dairy This new plant is to be the very latest word in modern construction, containing every device known to the business. When complete, the block will be one of the finest of the many splendid buildings on Forest Ave. The cost will probably be in the vicinity of \$100,000.

The new building for Oakhurst Dairy on the corner of Forest Ave and Falmouth St. was finished.

1923

Oakhurst and Bennett had twelve delivery routes. Refrigeration and storage helped maintain the plant.

Also, the company developed and maintained a reputation for a high quality product and very frequent farm inspections, and a very clean plant.

1929

A branch of the Oakhurst Dairy opened up in Bath on Center Street. Filled with the most modern equipment at the time for cleanliness and sufficiency. Maine was second only to Vermont in the number of milk cows. There were twenty-six retail routes and two wholesale routes.

1933

Oakhurst Dairy had fourteen inside employees and thirty-three delivery men.

Article in *Portland Press Herald*:

President Bennett in offering the people of Portland and it's environs a dairy service second to none in the state has been untiring in his efforts to install machinery of the most sanitary nature and an inspection of the plant by a news representative revealed many installations that proved the remarkable strides that have been made in the care, both sanitary and otherwise, of the preparation and delivery of milk since Mrs. O'Leary's cow kicked over the lamp in Chicago and reduced that city to a pile of ashes. In 1932 Oakhurst installed an entirely new set of the most up to date machinery in the state of Maine. One of these units, the bottle washer, is considered the finest made. No hand touches the bottles from the moment they enter the washer, until they reach the refrigerator room, filled and capped, ready for the delivery to the customer, a wonderful stride from the "old time" methods. Particular attention has been devoted to the selection of the farms from which all milk comes. Their pasteurized milk comes from over one hundred herds of carefully inspected, tuberculin tested cattle; their special grade of pure Jersey milk is from the well-known Dr. Files registered herd of Jersey cattle; their special grade of pure Ayrshire milk from the Norman Martin for babies is very popular.

All grades are tested as it reaches the Oakhurst Dairy, for buttermilk, cleanliness and bacteria count. The pasteurizing equipment, which is a precision pasteurizer, is of Dr. Chas. E. Norton's personal invention and the only one of its kind in use in this state. It is the last word in dairy equipment, the milk first being heated to 143 degrees, held at that heat for thirty minutes and then cooled to below 40 degrees. From the cooler it goes direct to the bottler. For the past eight years the Oakhurst Dairy has by far, led all pasteurized dealers in the monthly scoring of milk and each year since 1923 it has won prizes in the state milk and cream contests.

Twice a year President Bennett makes a personal inspection of every farm from which the milk comes to the dairy. The twenty-nine trucks now in operation have the name of their individual salesmen on their sides, an idea Mr. Bennett originated as the plant grew to its proportions and much rivalry is found among "the boys" in keeping their trucks spic and span.

1940s

- Saw a growth in wholesale sales to stores such as IGAs and A&Ps, and to institutions such as Maine General Hospital and the public school systems. Traditional retail, door-to-door sales continued as well. By the early 1940s Oakhurst was the largest dairy in the Portland area.

- Donald Bennett had begun working at the dairy in 1940, after earning a degree in Architectural Engineering at Rennselaer Polytechnic Institute in 1935. Following the unwritten Bennett training manual for all employees, Don started out doing every job at the dairy for a short time, learning the business from the ground up. Like so many other Americans, he put his career on hold and joined the Navy. Where he served as an ensign in the Seabees until 1946, rising to the rank of Lt. Cmdr. in the Pacific theater. When Don returned after the war, he worked side by side with his father, assuring a smooth transition of leadership whenever the time would come. Taking on more of the man-

agement load at the dairy, and officially becoming president of Oakhurst shortly after his father's death in March of 1953.

1953 to 1983

- Donald Bennett was president of Oakhurst Dairy.
- Donald Bennett's MISSION STATEMENT: To be the leader throughout northern New England in the dairy industry by:
 - Providing out customers with the highest quality dairy and related food products available.
 - Providing a safe and positive work place for our staff.
 - Being a good corporate citizen in our contributions to the communities we service, and to our environment.
 - Being profitable, and providing a competitive return on investment to our owners.

1953

March: Stanley Bennett died and Donald his son took over the management of the dairy. Blanche Bennett his wife continued to be a visible part of the dairy, also attending the board meetings for decades and representing her husband's ideas and values.

Oakhurst was the first dairy in Maine to insist that all milk it received be from the tuberculin-tested cows. (Starting in 1933). Oakhurst always has, and still continues to pay its producing farmers more than the prevailing farm-to-dairy price. Oakhurst was the first dairy in the state to install a laboratory for complete testing of milk.

- The international architectural style of the plant was in many national publications in 1953, when the nearly three-year reconstruction of the plant was completed.

1954

Milk control laws were in effect in seventeen states, including Maine. Minimum price controls allowed many farmers to stay in business and support their families. Before he died, Stanley Bennett helped in the creation of what became known as the Maine Milk Commission, whose purpose was to protect the Maine Dairy Industry by setting minimum pricing levels for producers of milk, for packaged milk sold to stores, and for the price of milk charged to retail customers. The commission has served its purpose with the attrition rate of dairy farmers and processors being slower in Maine over the years than would have been the case without it.

1960s and 70s

- Donald Bennett served on the Maine Milk Commission, was President of the Maine Milk Dealers Association, and a founding director of the Maine Milk Dairy Council. He was also a founding member of the National Dairy Council and a former director of the Milk Industry Foundation from 1961 to 1967. He served two terms on the Portland's school committee and was a member of the board of directors of the YMCA from 1958-1961 as well as a member of the Maine Turnpike Authority from 1963 until 1976, serving as its chairman from 1974-1975. He also served as president of the Greater Portland Chamber of Commerce, and president of the Kiwanis Club. He was part of a group of investors who owned the Lafayette Hotel and also purchased the old Columbia hotel (renamed the Portlander). Bennett was also instrumental in the development of the Riverside Industrial Park, The International Ferry Terminal, and as its board chairman, the Cumberland County Civic Center.

- The dairy continues to expand its market share and growth as a company. By the end of the 1970s, Oakhurst was the dominant dairy in Maine and controlled the lion's share of brand name dairy sales north of Portsmouth and south of Bangor. The growth was the direct result of continued emphasis on quality, as well as marketing that quality image to consumers.

1962

The Cushman family sold its controlling interest in the bakery to Donald Bennett. Donald wore two hats simultaneously, President and CEO of Oakhurst and President of Cushman Bakery.

1964

Commercial plastic containers made their debut.

1970s and 80s

Oakhurst grew by acquiring small, independent dairies throughout the state of Maine.

1970s

Installation of the Clean-In-Place (CIP) system at the plant. This meant no longer having to take pipes apart to clean them, CIP made the system a lot cleaner and more efficient. Oakhurst was servicing all of southern, central, and western Maine.

1974

Oakhurst could store nearly 12,000 gallons of raw milk and process 25,000 gallons per hour. By 1989, they could store nearly 100,000 gallons. (In 2001, the storage capacity was nearly 200,000 gallons of raw milk). The public could read the nutrition content of fluid milk on the labels. (Nutrition labeling wasn't mandatory until twenty years later in 1994).

1976

Oakhurst ends home delivery service on July 28.

1983

Donald Bennett's son, Stanley T. Bennett II became president. Stan Bennett earned his undergraduate degree from Tufts and his J.D. degree from Boston University although he never practiced law. "Around the time I passed the bar exam in 1973, I realized there was an opportunity to make a good living here, and I happily returned to Maine. I realized that the law wasn't for me-too sedentary and difficult to see the fruits of your labor. I've never regretted my choice," said Bennett.

1984

Oakhurst began the process of automating the plant.

1980s

Oakhurst was the first dairy in the country licensed to put Hershey chocolate milk in a pint plastic container.

1988: Was the beginning of a three-million-dollar expansion plan designed to modernize the plant and take it through the year 2000. The expansion almost doubled the cold storage capability. The addition had a computer-controlled stacking system and semi-automatic loading equipment to reduce loading time by fifty percent and improve distribution accuracy. Also, a temperature controlled tunnel with a conveyor to carry finished products from the existing plant to the new storage building made the transfer faster and less labor-intensive. The project was completed early in 1989. Oakhurst introduces Special 2, a two percent milk with sixty-five percent less cholesterol than regular two percent.

1989

Oakhurst produced 2,080,000 pounds of cottage cheese.

1992

Oakhurst began marketing a line of premium, refrigerated salad dressings under its own label. Co-packed by Schlotterbeck & Foss Co., a family-owned business in Portland that supplied the dairy with various ingredients for more than thirty years. The dressings contained Oakhurst buttermilk, cottage cheese, and sour cream, as well as cheese and herbs (cheese and herbs are no longer on the market). Oakhurst took proactive steps toward eliminating CFCs from its operations through use of the most environmentally friendly Freon available for transport refrigeration. All sixty-two trucks and trailers use non-CFC refrigerants. Making the dairy the first major company in Maine to use environmentally friendly refrigerants in its entire fleet.

1994

March, Stanley Bennett wrote the following letter to the editor, which ran in the *Portland Press Herald*:

The use of artificially introduced growth hormones in dairy cows has generated much public concern over the past few months. Oakhurst dairy is opposed to the use of these hormones (commonly known as rBGH or rBST) in dairy cows. We believe that the use of these hormones is not in the best interest of the Maine dairy industry.

First, from a standpoint of economics, it is yet another nail in the coffin of the small family-run Maine dairy farm.

Second, the last thing our industry needs is a concern on the part of the consumers-whether real or perceived-

as to the healthful nature of our product. Milk is and should be perceived to be nature's most nearly perfect food.

With this in mind, Oakhurst has asked for and received from all 70 of the dairy farms that sell milk to us, their written agreement not to use this product. Furthermore, we are supporting legislation, presently before the Maine State Legislature, to require dairy farmers to give prior notification to dairy processors if they intend to use this product.

We urge people to write their Legislators in support of the passage of bill: LD 1883.

We believe that we have taken the strongest stand against the use of artificial growth hormones of any milk company in New England. We've done this because for three generations, our goal has been to provide Maine consumers with the dairy products they can trust.

1995-1999

Oakhurst invested five million dollars in new technology to become more efficient and to extend the shelf life of its products. Also, to make the area more sanitary than it was, Oakhurst also lowered the temperature of its milk filling area from room temperature to fifty to fifty-five degrees.

1999

Donald H. Bennett was President of Oakhurst from 1953 until 1983 when his son Stanley T. Bennett II, became President. Donald served as the company's chairman until his death in 1999. His son, Stan, shared his thoughts with Oakhurst employees at the time of Donald's death. "Our goal in memory of all he achieved for this company will be to remain a viable independent Maine business and to continue to contribute all resources possible to the benefit of our employees and the communities we serve."

2000-2001

Oakhurst experienced between twenty and thirty percent growth between 2000 and 2001.

2000

In April of 2000 Dick White, Vice President of Sales and Marketing, delivered the first container of Oakhurst Dairy milk to be sold at retail in the State of New York. Oakhurst acquired industrial park land in Greater Portland for a new state-of-the-art distribution center.

2001

In the spring of 2001 there were on hundred and eighty employees at Oakhurst, Northern New England's last major independent dairy. Sales were \$65 million dollars annually. Products included fluid milks and cream, cultured dairy products, including cottage cheese and sour cream, orange juice, ice tea, lemonade, fruit punch, fruit drinks, and a line of Super Premium Ice Cream. Oakhurst also offered a food service program carrying approximately on hundred items such as butter, eggs, yogurt, cheese and bottled water. Oakhurst enjoyed one of the top rated milk supplies of any major dairy in the Northeast, producing 65,000 gallons of milk five days a week from the top rated processing plant in the Northeast.

Oakhurst is the only dairy that has qualified to carry the Maine Quality seal.

Their standards for bacteria-counts and butterfat level, along with other objective criteria are higher than the government standards.

The dairy adheres to a strict waste-reduction policy, including recycling corrugated cardboard, newspapers, magazines, white paper, computer paper, and all clean plastic jugs generated in-house. Oakhurst also has converted to a more environmentally friendly fuel (from No. 6 to No. 2 heating oil), reuses truck lubricants as fuel for a garage heater, and has an ongoing commitment to reduce the fat content and suspended solids levels of effluent prior to Portland waste treatment.

To maintain the integrity of Oakhurst's products all farms supplying milk are regularly and thoroughly inspected. Oakhurst was also the first dairy in the state to install its own on-site laboratory. Nine different quality tests are performed, five for quality of the milk as delivered from farms, and four for quality of the milk after processing. Performed every day, for every delivery from every farm.

Dairy farmers with the best quality milk are rewarded through the Oakhurst's Annual Quality Award.

2003

In July, after failing to force the state of Maine to stop adhering the "Maine Quality Seal" on the dairy products that are produced without the use of artificial growth hormones, Monsanto sues Oakhurst Dairy.

Charities and giving back — throughout the years

Over the years, starting with Stanley Bennett, and particularly under the direction of Donald Bennett, the company developed a strong program of charitable giving to non-profits, first in Greater Portland, then throughout the state, and now throughout northern New England. For thirteen years throughout the 1980s and 90s, the Oakhurst Annual Milk Run raised money for a different charity each year.

Oakhurst has been giving \$2,000 a year to the City of Portland for a tree program.

In 1993 Bennett issued a challenge to the businesses of Greater Portland: To raise \$100,000 to plant 1,500 trees by the end of the century. Dubbed the Millennium Tree Challenge, local businesses picked up the challenge and didn't just meet the goal; they exceeded the \$100,000 goal in 2001. Stan Bennett began working with the City of Portland on a five-year, \$500,000 Portland Tree Endowment fundraising drive. "I grew up in Portland, and watched the deforestation in the 1960s with the loss of those great elm trees," Stan says.

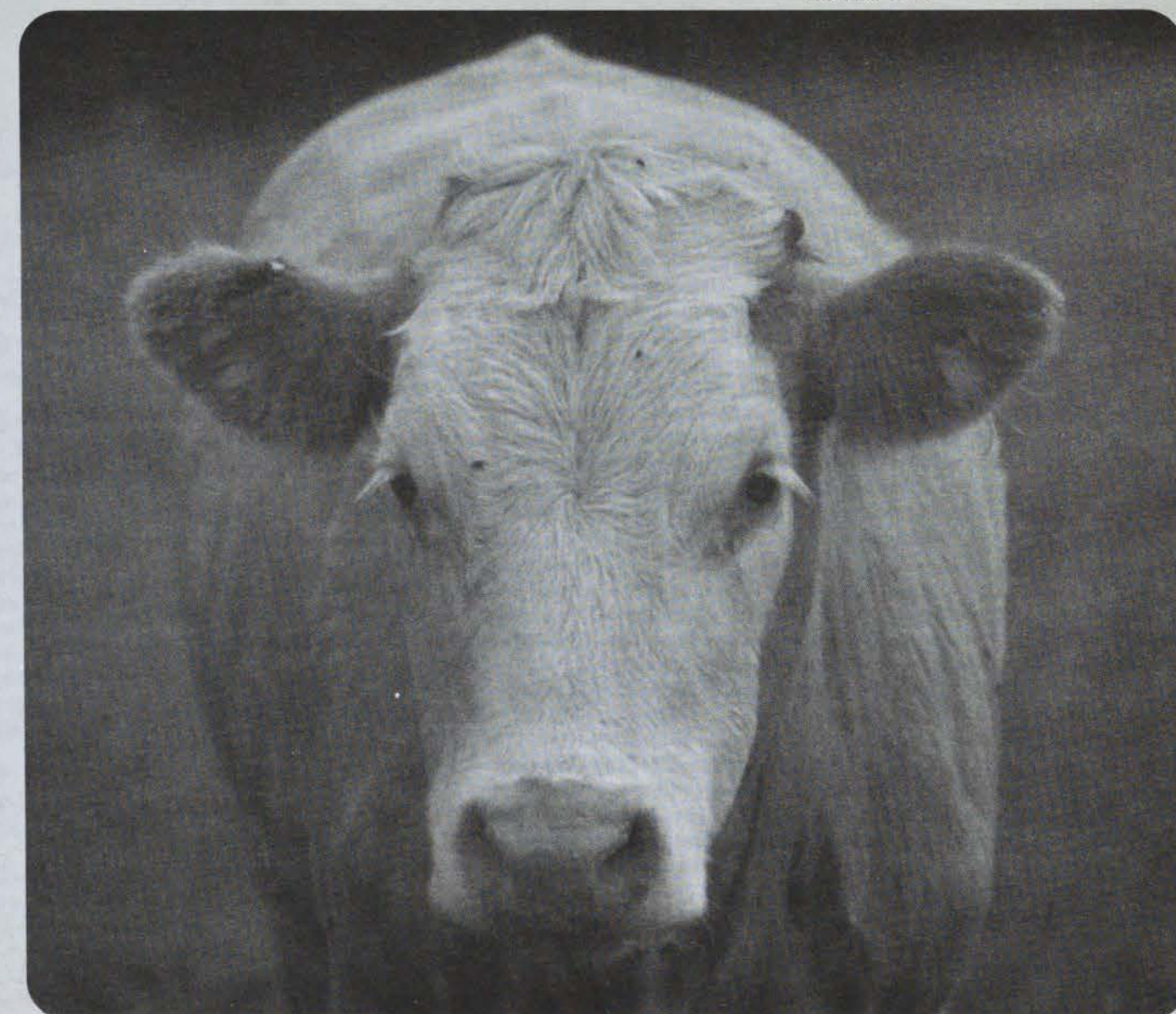
Each year ten percent of pre-tax profits are distributed to organizations particularly to those benefiting kids and the environment, amounting to over \$1,000,000 in the past ten years.

Oakhurst donated \$50,000 to the IRIS Network's 2001 Capital Campaign. The IRIS Network, with its nine outreach offices, is the state's only independent, non-profit agency devoted to providing services and advocacy for visually impaired Mainers. Bringing independence to the 1,300 people coping with vision loss.

The \$4,000 Donald H. Bennett Scholarship is presented annually to a Southern Maine Technical College student in a food-related field.

In 1994-95 Oakhurst donated a world map to all Maine fifth and sixth-grade classes. In 1998-99 the company offered new globes to every fourth-grade classroom in all Maine and New Hampshire schools — private and public — a total of 1,996 globes.

PHOTO ART TODAY



For four years, Oakhurst was one of two key sponsors for Color Me Green, an award-winning environmental education program on WCSH-TV in Portland and WBLZ-TV in Bangor. The dairy's participation allowed important messages about conservation, recycling, tree planting, and wildlife protection to reach a wide audience in Maine and parts of New Hampshire. Oakhurst continued with its environmental message as one of only two sponsors of the WCSH/WLBZ "Think About Me" campaign.

Oakhurst also sends a ten-dollar gift certificate with a note of congratulations to parents of newborn children in Maine.

The ice storms of January of 1998, which caused unparalleled damage to trees throughout Maine and New Hampshire, resulted in an immediate response from Oakhurst Dairy: the Tree ReLeaf program. The goal was to raise \$100,000 to plant or mend trees hit by the storms by pledging a donation of three cents from each gallon and half-gallon of milk Oakhurst sold from February through May. Forty-three communities applied for Tree ReLeaf funds and each of them received a portion of the \$112,000 donated by Oakhurst.

In 2001 Oakhurst Dairy pledged to donate four cents from every unit of egg-nog sold during the holiday season for the Salvation Army Holiday Program. In 2001, the promotion raised \$6,000 for the Salvation Army's Holiday Program, which provide food, clothing, and other assistance to people throughout Maine. For the charitable contributions through 2002 and year to date 2003, they have continued to follow their 10% rule of charitable giving.

While this level of giving isn't common, Stan Bennett readily admits that a high profile is worth a lot of money. "It's not totally motivated by altruism" he explains. "We're a very visible company with a consumer product. We think it's not just the right thing to do, but it's good business as well." He also states "Our grandfather operated on the old New England values of hard work, honesty, and giving customers a quality product."

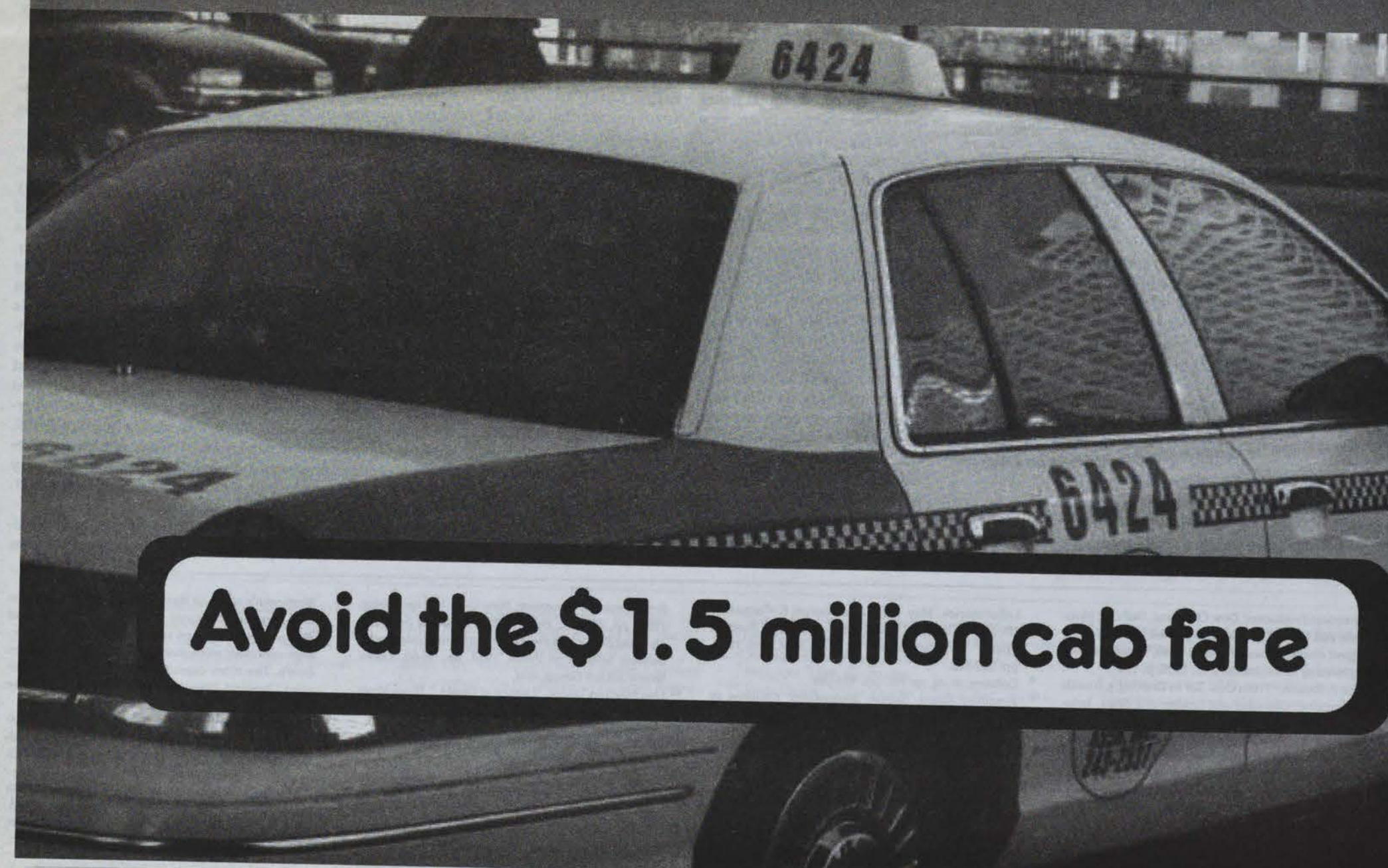
"Improving the environment here in Maine has a direct effect on maintaining the quality of life that we all enjoy so much in this state. Anything that affects the environment affects the cows that produce our milk, so we're vitally interested in doing everything we can to keep the quality level very high."

— Stan Bennett, President of Oakhurst Dairy.

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A profile of corporate arrogance

by Brian Tokar

In the 1990s, the Monsanto Corporation was feared and reviled as one of the world's largest chemical companies, and by far the most aggressive promoter of genetic engineering in agriculture. The company spent millions of dollars trying to convince people that the fate of the world's starving masses depended on the acceptance of its new, genetically engineered crop varieties. Monsanto tried to paint itself as a visionary, world-historical force, working to bring state-of-the-art science and a professed environmental responsibility to solving humanity's most intractable problems.

To activists concerned about the environmental and human health consequences of genetic engineering, Monsanto was evil incarnate. Campaigners in the U.K. caricatured the company as "Nonsanto" and "Monsatan." The British ad campaign proclaiming Monsanto's mission to feed the world became such an object of derision that it had to be withdrawn.

Today, Monsanto is a very much smaller company, having spun off its industrial chemicals divisions in 1997, merged with the transnational pharmaceutical company Pharmacia in 1999, and then been spun off again after Pharmacia absorbed its highly profitable pharmaceutical division. Monsanto, now specializing almost exclusively in agrochemicals and genetically engineered seeds, has lost half its share value since early 2002 and gone through three CEOs in recent years. The story of Monsanto is an apt metaphor for the recent history of the chemical and biotechnology industries in the U.S. and worldwide. To better understand its recent shifts in fortune, and its still-central role in the consolidation of global agribusiness and the promotion of genetically manipulated agriculture, it is necessary to first examine the historical record.

Headquartered just outside St. Louis, Missouri, the Monsanto Chemical Company was founded in 1901 by John Francis Queeny. Queeny, a self-educated chemist, brought technology to manufacture saccharin, the first artificial sweetener, from Germany to the United States. In the 1920s, Monsanto became a leading manufacturer of sulfuric acid and other basic industrial chemicals, and is one of only four companies to be listed among the top ten U.S. chemical companies in every decade since the 1940s.¹

By the 1940s, plastics and synthetic fabrics had become a centerpiece of Monsanto's business. In 1947, a French freighter carrying ammonium nitrate fertilizer blew up at a dock 270 feet from Monsanto's plastics plant outside Galveston, Texas. More than 500 people died in what came to be seen as one of the chemical industry's first major disasters.² The plant was manufacturing styrene and polystyrene plastics, which are still important constituents of food packaging and various consumer products. In the 1980s the U.S. Environmental Protection Agency (EPA) listed polystyrene as fifth in its ranking of the chemicals whose production generates the most total hazardous waste.³

In 1929, the Swann Chemical Company, soon to be purchased by Monsanto, developed polychlorinated biphenyls (PCBs), which were widely praised for their nonflammability and extreme chemical stability. The most widespread uses

were in the electrical equipment industry, which adopted PCBs as a nonflammable coolant for a new generation of transformers. By the 1960s, Monsanto's growing family of PCBs were also widely used as lubricants, hydraulic fluids, cutting oils, waterproof coatings and liquid sealants. Evidence of the toxic effects of PCBs appeared as early as the 1930s, and Swedish scientists studying the biological effects of DDT began finding significant concentrations of PCBs in the blood, hair and fatty tissue of wildlife in the 1960s.⁴

Research in the sixties and seventies revealed PCBs and other aromatic organochlorines to be potent carcinogens, and also traced them to a wide array of reproductive, developmental and immune system disorders.⁵ Their high chemical affinity for organic matter, particularly fat tissue, is responsible for their dramatic rates of bioaccumulation, and their wide dispersal throughout the North's aquatic food web: Arctic cod, for example, carry PCB concentrations 48 million times that of their surrounding waters, and predatory mammals such as polar bears can harbor tissue concentrations of

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PCBs more than fifty times greater than that. Though the manufacture of PCBs was banned in the United States in 1976, its toxic and endocrine disruptive effects persist worldwide.⁶

The world's center of PCB manufacturing was Monsanto's plant on the outskirts of East St. Louis, Illinois. East St. Louis is a chronically economically depressed suburb, across the Mississippi River from St. Louis, bordered by two large metal processing plants in addition to the Monsanto facility. "East St. Louis," reports education writer Jonathan Kozol, "has some of the sickest children in America." Kozol reports that the city has the highest rate of fetal death and immature births in the state, the third highest rate of infant death, and one of the highest childhood asthma rates in the United States.⁷

Dioxin: A Legacy of Contamination

The people of East St. Louis continue to face the horrors of high level chemical exposure, poverty, a deteriorating urban infrastructure, and the collapse of even the most basic city services, but the nearby town of Times Beach, Missouri was found to be so thoroughly contaminated with dioxin that the U.S. government ordered it evacuated in 1982. Apparently the town, as well as several private landowners, hired a contractor to spray its dirt roads with waste oil to keep dust down. The same contractor had been hired by local chemical companies to pump out their dioxin-contaminated sludge tanks. When fifty horses, other domestic animals, and hundreds of wild birds died in an indoor arena that had been sprayed with the oil, an investigation ensued that eventually traced the deaths to dioxin from the chemical sludge tanks.⁸ Two young girls who played in the arena became ill, one of whom was hospitalized for four weeks with severe kidney dam-

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age, and many more children born to mothers exposed to the dioxin-contaminated oil demonstrated evidence of immune system abnormalities and significant brain dysfunction.⁹

While Monsanto has consistently denied any connection to the Times Beach incident, the St. Louis-based Times Beach Action Group (TBAG) uncovered laboratory reports documenting the presence of large concentrations of PCBs manufactured by Monsanto in contaminated soil samples from the town.¹⁰ "From our point of view, Monsanto is at the heart of the problem here in Missouri," explains TBAG's Steve Taylor. Taylor acknowledges that many questions about Times Beach and other contaminated sites in the region remain unanswered, but cites evidence that close investigations of the sludge sprayed in Times Beach were limited to those sources traceable to companies other than Monsanto.

The cover-up at Times Beach reached the highest levels of the Reagan Administration in Washington. The nation's environmental agencies during the Reagan years became notorious for officials' repeated backroom deals with industry officials, in which favored companies were promised lax enforcement and greatly reduced fines. Reagan's appointed administrator of the Environmental Protection Agency, Anne Gorsuch Burford, was forced to resign after two years in office and her special assistant, Rita Lavelle, was jailed for six months for perjury and obstruction of justice. In one famous incident, the Reagan White

House ordered Burford to withhold documents on Times Beach and other contaminated sites in the states of Missouri and Arkansas, citing "executive privilege," and Lavelle was subsequently cited for shredding important documents.¹¹ An investigative reporter for the *Philadelphia Inquirer* newspaper identified Monsanto as one of the chemical companies whose executives frequently hosted luncheon and dinner meetings with Lavelle.¹² The evacuation sought by residents of Times Beach was delayed until 1982, eleven years after the contamination was first discovered, and eight years after the cause was identified as dioxin.

Monsanto's association with dioxin can be traced back to its manufacture of the herbicide 2,4,5-T, beginning in the late 1940s. "Almost immediately, its workers started getting sick with skin rashes, inexplicable pains in the limbs, joints and other parts of the body, weakness, irritability, nervousness and loss of libido," explains Peter Sillis, author of a forthcoming book on dioxin. "Internal memos show that the company knew these men were actually as sick as they claimed, but it kept all that evidence hidden."¹³ An explosion at Monsanto's Nitro, West Virginia herbicide plant in 1949 drew further attention to these complaints. The contaminant responsible for these conditions was not identified as dioxin until 1957, but the U.S. Army Chemical Corps apparently became interested in this substance as a possible chemical warfare agent. A request filed by the *St. Louis Journalism Review* under the U.S. Freedom of Information Act revealed nearly 600 pages of reports and correspondence between Monsanto and the Army Chemical Corps on the subject of this herbicide byproduct, going as far back as 1952.¹⁴

The herbicide "Agent Orange," which was used by U.S. military forces to defoliate the rainforest ecosystems of Vietnam

during the 1960s¹⁵ was a mixture of 2,4,5-T and 2,4-D that was available from several sources, but Monsanto's Agent Orange had concentrations of dioxin many times higher than that produced by Dow Chemical, the defoliant's other leading manufacturer. This made Monsanto the key defendant in the lawsuit brought by Vietnam War veterans in the United States, who faced an array of debilitating symptoms attributable to Agent Orange exposure. When a \$180 million settlement was reached in 1984 between seven chemical companies and the lawyers for the veterans, the judge ordered Monsanto to pay 45.5 percent of the total.¹⁶

In the 1980s, Monsanto undertook a series of studies designed to minimize its liability, not only in the Agent Orange suit, but in continuing instances of employee contamination at its West Virginia manufacturing plant. A three-and-one-half-year court case brought by railroad workers exposed to dioxin following a train derailment revealed a pattern of manipulated data and misleading experimental design in these studies. An official of the U.S. EPA concluded that the studies were manipulated to support Monsanto's claim that dioxin's effects were limited to the skin disease chloracne.¹⁷ Greenpeace researchers Jed Greer and Kenny Bruno describe the outcome:

According to testimony from the trial, Monsanto misclassified exposed and non-exposed workers, arbitrarily deleted several key cancer cases, failed to verify classification of chloracne subjects by common industrial dermatitis criteria, did not provide assurance of untampered records delivered and used by consultants, and made false statements about dioxin contamination in Monsanto products.¹⁸

The court case, in which the jury granted a \$16 million punitive damage award against Monsanto, revealed that many of Monsanto's products, from household herbicides to the Santophen germicide once used in Lysol brand disinfectant, were knowingly contaminated with dioxin. "The evidence of Monsanto executives at the trial portrayed a corporate culture where sales and profits were given a higher priority than the safety of products and its workers," reported the *Toronto Globe and Mail* after the close of the trial.¹⁹ "They just didn't care about the health and safety of their workers," explains author Peter Sillis. "Instead of trying to make things safer, they relied on intimidation and threatened layoffs to keep their employees working."

A subsequent review by Dr. Cate Jenkins of the EPA's Regulatory Development Branch documented an even more systematic record of fraudulent science. "Monsanto has in fact submitted false information to EPA which directly resulted in weakened regulations under RCRA [Resources Conservation and Recovery Act] and FIFRA [Federal Insecticide, Fungicide and Rodenticide Act] ..." reported Dr. Jenkins in a 1990 memorandum urging the agency to undertake a criminal investigation of the company. Jenkins cited internal Monsanto documents revealing that the company "doctored" samples of herbicides that were submitted to the U.S. Department of Agriculture, hid behind "process chemistry" arguments to deflect attempts to regulate 2,4-D and various chlorophenols, hid evidence regarding the contamination of Lysol, and excluded several hundred of its sickest former employees from its comparative health studies:

Monsanto covered-up the dioxin contamination of a wide range of its products. Monsanto either failed to report contamination, substituted false information purporting to show no contamination or submitted samples to the government for analysis which had been specially prepared so that dioxin contamination did not exist.²⁰

New Generation Herbicides

In the late 1990s, glyphosate herbicides such as Roundup accounted for at least one sixth of Monsanto's total annual sales and half of the company's operating income.²¹ The importance of herbicide sales increased further after the company spun off its industrial chemicals and synthetic fabrics divisions as a separate company, called Solutia, in September of 1997. Monsanto aggressively promotes Roundup as a safe, general purpose herbicide for use on everything from lawns and orchards, to large coniferous forest holdings, where aerial spraying of the herbicide is used to suppress the growth of deciduous seedlings and shrubs and encourage the growth of profitable fir and spruce trees.²² The Oregon-based Northwest Coalition for Alternatives to Pesticides (NCAP) reviewed over forty scientific studies on the effects of glyphosate, and of the polyoxyethylene amines used as a surfactant in Roundup, and concluded that the herbicide is far less benign than Monsanto's advertising suggests:

Symptoms of acute poisoning in humans following ingestion of Roundup include gastrointestinal pain, vomiting, swelling of the lungs, pneumonia, clouding of consciousness, and destruction of red blood cells. Eye and skin irritation has been reported by workers mixing, loading and applying glyphosate. EPA's Pesticide Incident Monitoring System had 109 reports of health effects associated with exposure to glyphosate between 1966 and October, 1980. These included eye or skin irritation, nausea, dizziness, headaches, diarrhea, blurred vision, fever and weakness.²³

It is important to note that the 1966-1980 dates represent a time period well before Roundup came to be widely used.

A series of suicides and attempted suicides in Japan during the 1980s using Roundup herbicide allowed scientists to calculate a lethal dose of six ounces. The herbicide is 100 times more toxic to fish than to people, toxic to earthworms, soil bacteria and beneficial fungi, and scientists have measured a number of direct physiological effects of Roundup in fish and other wildlife, in addition to secondary effects attributable to defoliation of forests. Breakdown of glyphosate into N-nitrosoglyphosate and other related compounds have heightened concerns about the possible carcinogenicity of Roundup products.²⁴

A 1993 study at the University of California at Berkeley's School of Public Health found that glyphosate was the most common cause of pesticide-related illness among landscape maintenance workers in California, and the number three cause among agricultural workers.²⁵ A 1996 review of the scientific literature by members of the Vermont Citizens' Forest Roundtable — a group which successfully lobbied the Vermont Legislature for a statewide ban on the use of herbicides in forestry — revealed updated evidence of lung damage, heart palpitations, nausea, reproductive problems, chromosome aberrations and numerous other effects of exposure to Roundup herbicide.²⁶ In 1997, Monsanto responded to five years of complaints by the New York State Attorney General

Monsanto's Agent Orange had concentrations of dioxin many times higher than that produced by Dow Chemical, the defoliant's other leading manufacturer.

that its advertisements for Roundup were misleading; the company altered its ads to delete claims that the herbicide is "biodegradable" and "environmentally friendly," and paid \$50,000 toward the state's legal expenses in the case.²⁷

In March of 1998, Monsanto agreed to pay a fine of \$225,000 for mislabeling containers of Roundup on 75 separate occasions. The penalty was the largest settlement ever paid for violation of the Worker Protection Standards of the Federal Insecticide, Fungicide and Rodenticide Act (FIFRA). According to the *Wall Street Journal*, Monsanto distributed containers of the herbicide with labels restricting entry into treated areas for only four hours instead of the required 12 hours.²⁸ This is only the latest in a series of major fines and rulings against Monsanto in the United States, including a \$108 million liability finding in the case of the leukemia death of a Texas employee in 1986, a \$648,000 settlement for allegedly failing to report required health data to the EPA in 1990, a \$1 million fine by the state Attorney General of Massachusetts in 1991 in the case of a 200,000 gallon acid wastewater spill, a \$39 million settlement in Houston, Texas in 1992 involving the deposition of hazardous chemicals into unlined pits, and numerous others.²⁹ In 1995, Monsanto ranked fifth among U.S. corporations in EPA's Toxic Release Inventory, having discharged 37 million pounds of toxic chemicals into the air, land, water and underground.³⁰

Biotechnology's Brave New World

Monsanto's aggressive promotion of its biotechnology products, from recombinant Bovine Growth Hormone (rBGH), to Roundup Ready soybeans and other crops, to its insect-resistant varieties of cotton, has been described by many observers as a continuation of its many decades of ethically questionable practices. "Corporations have personalities, and Monsanto is one of the most malicious," explains author Peter Sillis. "From Monsanto's herbicides to Santophen disinfectant to BGH, they seem to go out of their way to hurt their workers and hurt kids."

Originally, Monsanto was one of four chemical companies seeking to bring a synthetic Bovine Growth Hormone, produced in *E. coli* bacteria genetically engineered to manufacture the bovine protein, to market. As Jennifer Ferrara described in the internationally acclaimed "Monsanto Files" issue of *The Ecologist*, Monsanto's 14 year effort to gain approval from the U.S. Food and Drug Administration (FDA) to bring recombinant BGH to market was fraught with controversy, including allegations of a concerted effort to suppress information about the hormone's ill effects.³¹ One FDA veterinarian, Richard Burroughs, was fired after he accused both the company and the agency of suppressing and manipulating data to hide the effects of rBGH injections on the health of dairy cows.³²

In 1990, when FDA approval of rBGH appeared imminent, a veterinary pathologist at the University of Vermont's agricultural research facility released previously suppressed data to two state legislators documenting significantly increased rates of udder infection in cows that had been injected with the then-experimental Monsanto hormone, as well as an unusual incidence of severely deforming birth defects in offspring of rBGH-treated cows.³³ An independent review of the University data by a regional farm advocacy group documented additional cow health problems associated with rBGH, including high incidences of foot and leg injuries, metabolic and reproductive difficulties and uterine infections. The U.S. Congress' General Accounting Office (GAO) attempted an inquiry into the case, but was unable to obtain the necessary records from Monsanto and the University to carry out its investigation, particularly with respect to suspected ter-

¹ "Chemical Producers: Dow Chemical, DuPont, Monsanto and Union Carbide have ranked among Top 10 biggest chemical makers since 1940," *Chemical and Engineering News*, January 12, 1998, p. 193.
² Marc S. Reisch, "From Coal Tar to Crafting a Wealth of Diversity," *Chemical and Engineering News*, January 12, 1998, p. 90.
³ Pamela Peck, "Vermont's Polystyrene (Styrofoam) Boycott," *Barre, Vermont: Vermonters Organized for Cleanup*, 1989.
⁴ Theo Colborn, Dianne Dumanoski and John Peterson Myers, *Our Stolen Future*, New York: Penguin Books, 1996, p. 90.
⁵ Michelle Allsopp, Pat Costner and Paul Johnson, *Body of Evidence: The effects of chlorine on human health*, University of Exeter, Greenpeace Research Laboratories, May 1995; also Joseph E. Cummins, "PCBs — Can the World's Sea Mammals Survive Them?" *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998, pp. 262-263.
⁶ Colborn, et al., op. cit., pp. 101-104.
⁷ Jonathan Kozol, *Savage Inequalities: Children in America's Schools*, New York: Crown Publishers, 1991, pp. 7, 20.
⁸ "Death of Animals Laid to Chemical," *New York Times*, August 28, 1974, p. 36.
⁹ Colborn, et al., op. cit., p. 116.
¹⁰ Times Beach Action Group, "Citizen Inquiry Uncovered Blatant Violation of Environmental Law Surrounding the Proposed Times Beach Incinerator," St. Louis, November 1995.
¹¹ Philip Shabecoff, *A Fierce Green Fire: The American*

Environmental Movement, New York: Hill and Wang, 1993, pp. 210-212; Brian Tokar, *Earth for Sale: Reclaiming Ecology in the Age of Corporate Greenwash*, Boston: South End Press, 1997, pp. 59-60; Times Beach Action Group, *ibid*.
¹² Lisa Martino-Taylor, "Legacy of Doubt," *Three River Confluence*, No. 7/8, Fall 1997, p. 27.
¹³ Personal communication, August 5, 1998.
¹⁴ Peter Downs, "Is the Pentagon Involved?" *St. Louis Journalism Review*, June 1998.
¹⁵ Hugh Warwick, "Agent Orange: The Poisoning of Vietnam," *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998, pp. 264-265.
¹⁶ Peter H. Schuck, *Agent Orange on Trial: Mass Toxic Disasters in the Courts*, Cambridge, Massachusetts: Harvard University Press, 1987, pp. 86-87, 155-164.

Monsanto's share of Agent Orange production was 29.5 percent, compared to Dow's market share of 28.6 percent, however some batches of Agent Orange contained more than 47 times more dioxin than Dow's. The other defendants in the case were Hercules Chemical, Diamond Shamrock, T.H. Agriculture and Nutrition, Thompson Chemicals and Uniroyal.
¹⁷ Cate Jenkins, "Criminal Investigation of Monsanto Corporation - Cover-up of Dioxin Contamination in Products - Falsification of Dioxin Health Studies," USEPA Regulatory Development Branch, November 1990.
¹⁸ "Monsanto Corporation: A case study in greenwash science," in Jed Greer and Kenny Bruno, *Greenwash: The Reality Behind Corporate Environmentalism*, Penang, Malaysia: Third World Network, 1996, p. 141.

¹⁹ Jock Ferguson, "Chemical company accused of hiding presence of dioxins," *Toronto Globe and Mail*, February 19, 1990, p. A9. The punitive damages in Kenner vs. Monsanto were overturned on appeal two years later.
²⁰ Cate Jenkins, op. cit.
²¹ Stock analyst Dain Bosworth, quoted in Kenny Bruno, "Say it Ain't Soy, Monsanto," *Multinational Monitor*, Vol. 18, No. 1-2, January/February 1997; Mark Arax and Jeanne Brokaw, "No Way Around Roundup," *Mother Jones*, January-February 1997.
²² Testimony of Champion Paper Company, Vermont Forest Resources Advisory Council, Island Pond, Vermont, June 26, 1996.
²³ Carolyn Cox, "Glyphosate Fact Sheet," *Journal of Pesticide Reform*, Volume 11, No. 2, Spring 1991.

²⁴ *Ibid*. See also Joseph Mendelson, "Roundup: The World's Biggest-Selling Herbicide," *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998, pp. 270-275.
²⁵ Carolyn Cox, "Glyphosate Part 2: Human Exposure and Ecological Effects," *Journal of Pesticide Reform*, Volume 15, No. 4, Fall 1995.
²⁶ Sylvia Knight, "Glyphosate, Roundup and Other Herbicides — An Annotated Bibliography," Vermont Citizens' Forest Roundtable, January 1996.
²⁷ Pesticide Action Network North America, "Monsanto Agrees to Change Ads and EPA Fines Northrup King," January 10, 1997.
²⁸ "Case of Mislabelled Herbicide Results in \$225,000 Penalty," *Wall Street Journal*, March 25, 1998, p. B9.
²⁹ J. Greer and K. Bruno, op. cit., pp. 145-46.
³⁰ Cited in Sarah Anderson and John Cavanagh, "The

Top 10 List," *The Nation* December 8, 1997, p. 8.
³¹ Jennifer Ferrara, "Revolving Doors: Monsanto and the Regulators," *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998, pp. 280-286.
³² Craig Canine, "Hear No Evil," *Eating Well*, July/August 1991, pp. 41-47; Brian Tokar, "The False Promise of Biotechnology," *Z Magazine*, February 1992, pp. 27-32; Debbie Brighton, "Cow Safety, BGH and Burroughs," *Organic Farmer*, Spring 1990, p. 21.
³³ Andrew Christiansen, *Recombinant Bovine Growth Hormone: Alarming Tests, Unfounded Approval*, Rural Vermont, July 1995; also B. Tokar, op. cit. pp. 28-29.
³⁴ A. Christiansen, op. cit., pp. 10, 17; U.S. General Accounting Office, "FDA's Review of Recombinant Bovine Growth Hormone," August 6, 1992 (GAO/FEMD-92-96).

³⁵ Mark Kastel, *Down on the Farm: The Real BGH Story*, Rural Vermont, Fall 1995.
³⁶ Brian Tokar, "Biotechnology: The debate heats up," *Z Magazine*, June 1995, pp. 49-55; Diane Gershon, "Monsanto sues over BST," *Nature*, Vol. 368, March 31, 1994, p. 384. The Vermont state labeling law was defended by the state on the grounds of consumer preference, rather than public health, and was ultimately struck down by a federal judge, who ruled that mandatory rBGH labeling was a violation of the companies' constitutional right to refuse to speak.
³⁷ D.S. Kronfeld, "Health management of dairy herds treated with bovine somatotropin," *Journal of the American Veterinary Medical Association*, Vol. 204, No. 1, January 1994, pp. 116-130; Samuel S. Epstein, "Unlabeled Milk from Cows Treated with Biosyn-

atogenic and embryotoxic effects. The GAO auditors concluded that cows injected with rBGH had mastitis (udder infection) rates one third higher than untreated cows, and recommended further research on the risk of elevated antibiotic levels in milk produced using rBGH.³⁴

Monsanto's rBGH was approved by the FDA for commercial sale beginning in 1994. The following year, Mark Kastel of the Wisconsin Farmers Union released a study of Wisconsin farmers' experiences with the drug. His findings exceeded the 21 potential health problems that Monsanto was required to list on the warning label for its Posilac brand of rBGH. Kastel found widespread reports of spontaneous deaths among rBGH-treated cows, high incidences of udder infections, severe metabolic difficulties and calving problems, and in some cases an inability to successfully wean treated cows off the drug. Many experienced dairy farmers who experimented with rBGH suddenly needed to replace large portions of their herd.³⁵ Instead of addressing the causes of farmers' complaints about rBGH, Monsanto went on the offensive, threatening to sue small dairy companies that advertised their products as free of the artificial hormone, and participating in a lawsuit by several dairy industry trade associations against the first and only mandatory labeling law for rBGH in the United States.³⁶ Still, evidence for the damaging effects of rBGH on the health of both cows and people continued to mount.³⁷

Monsanto's efforts to prevent labeling of genetically engineered soybean and maize exports from the United States continued the same strategy that sought to squelch complaints against Monsanto's dairy hormone. While Monsanto argues that its "Roundup Ready" soybeans will ultimately reduce herbicide use, herbicide-tolerant crop varieties are far more likely to increase farmers' dependence on herbicides. Weeds that emerge after the original herbicide has dispersed or broken down are often treated with further applications of herbicides.³⁸ "It will promote the overuse of the herbicide," Missouri soybean farmer Bill Christison told Kenny Bruno of Greenpeace International. "If there is a selling point for RRS, it's the fact that you can till an area with a lot of weeds and use surplus chemicals to combat your problem, which is not what anyone should be doing."³⁹ Christison refutes Monsanto's claim that herbicide-resistant seeds are necessary to reduce soil erosion from excess tillage, and reports that Midwestern farmers have developed numerous methods of their own for reducing overall use of herbicides. The pitfalls of these crops for farmers were further highlighted by a 1999 study at the University of Georgia, showing that the stems of "Roundup Ready" soybean plants became unusually brittle at soil temperatures above 40° C, leading to cracked stems and sometimes drastic crop losses.⁴⁰

Monsanto, on the other hand has stepped up its production of Roundup in recent years. With Monsanto's U.S. patent for Roundup having expired in 2000, and competition from generic glyphosate products emerging worldwide, the packaging of Roundup herbicide with "Roundup Ready" seeds became the centerpiece of Monsanto's strategy for continued growth in herbicide sales.⁴¹ The possible health and environmental consequences of Roundup-tolerant crops have not been fully investigated, including allergenic effects, potential invasiveness or weediness, and the possibility of herbicide resistance being transferred via pollen to other soybeans or related plants.⁴²

The experience of U.S. cotton growers with Monsanto's genetically engineered seeds is even more striking. Monsanto released two varieties of genetically engineered cotton, beginning in 1996. One is a Roundup-resistant variety and the other, named "Bollgard," secretes a bacterial toxin intended to control damage from three leading cotton pests. The toxin, de-

rived from *Bacillus thuringiensis*, has been used by organic growers in the form of a natural bacterial spray since the early 1970s. But while *Bt* bacteria are relatively short-lived, and secrete their toxin in a form that only becomes activated in the alkaline digestive systems of particular worms and caterpillars, genetically engineered *Bt* crops secrete an active form of the toxin throughout the plant's life cycle.⁴³ Much of the genetically engineered maize currently on the market, for example, is a *Bt* secreting variety, designed to repel the corn rootworm and other common pests.

The first widely anticipated problem with these pesticide-secreting crops is that the presence of the toxin throughout the plant's life cycle is likely to encourage the development of resistant strains of common crop pests. The U.S. EPA has determined that widespread resistance to *Bt* may render natural applications of *Bt* bacteria ineffective in just three to five years and requires growers to plant refuges of up to 40 percent non-*Bt* cotton in an attempt to forestall this effect. Second, the active toxin secreted by these plants may harm beneficial insects, moths and butterflies, in addition to those species that growers wish to eliminate.⁴⁴

But the damaging effects of *Bt*-secreting "Bollgard" cotton have proved to be much more immediate, enough so that Monsanto and its partners pulled five million pounds of genetically engineered cotton seed off the market in 1997 and '98 and agreed to a multimillion dollar settlement with farmers in the southern United States. Three farmers who refused to settle with Monsanto were awarded nearly \$2 million by the Mis-

A series of suicides and attempted suicides in Japan during the 1980s using Roundup herbicide allowed scientists to calculate a lethal dose of six ounces.

issippi Seed Arbitration Council.⁴⁵ Not only were plants attacked by the cotton bollworm, which Monsanto claimed they would be resistant to, but germination was spotty, yields were low, and plants were misshapen, according to several published accounts.⁴⁶ Some farmers reported crop losses of up to 50 percent. Farmers who planted Monsanto's Roundup-resistant cotton also reported severe crop failures, including deformed and misshapen bolls that suddenly fell off the plant three quarters of the way through the growing season.⁴⁷

Despite these problems, Monsanto has advanced the use of genetic engineering in agriculture by taking control of many of the largest, most established seed companies in the United States. In the late 1990s, Monsanto bought Holdens Foundation Seeds, supplier of germplasm used on 25-35 percent of U.S. maize acreage, and Agrisow Agronomics, which Monsanto described as "the leading soybean breeder, developer and distributor in the United States."⁴⁸ In 1998, Monsanto completed its acquisition of De Kalb Genetics, the second largest seed company in the United States and the ninth largest in the world, and spent more than two years unsuccessfully trying to acquire Delta and Pine Land, the largest U.S. cotton seed company.⁴⁹ By acquiring this company, Monsanto sought control over 85 percent of the U.S. cotton seed market, and also would have gained the rights to the notorious "Terminator" sterile seed technology, jointly developed by Delta Pine and the U.S. Department of Agriculture.⁵⁰

Monsanto aggressively pursued corporate acquisitions and product sales in other countries as well. In 1997, Monsanto

bought Sementes Agrocres S.A., described as "the leading seed corn company in Brazil," with a 30 percent market share.⁵¹ The following year, the Brazilian Federal Police investigated an alleged illegal importation of at least 200 bags of transgenic soybeans, some of which were traced to an Argentine subsidiary of Monsanto.⁵² Brazil has become a leading exporter of non-genetically engineered soybeans to the rest of the world, despite Monsanto's ongoing efforts to undermine that country's restrictions on genetically engineered agriculture. In Canada, Monsanto had to recall 60,000 bags of genetically engineered rape ("canola") seed in 1997, because the shipment of Roundup-resistant seed contained an inserted gene different from the one that had been approved for consumption by people and livestock.⁵³

While Monsanto's herbicides and genetically engineered products have been focuses of public controversy for many years, its pharmaceutical products also have a troubling track record. For many years, the flagship product of Monsanto's G.D. Searle pharmaceuticals subsidiary (now a separate division of Pharmacia) was the artificial sweetener aspartame, sold under the brand names Nutrasweet and Equal. In 1981, four years before Monsanto purchased Searle, a Food and Drug Administration Board of Inquiry consisting of three independent scientists confirmed reports that had been circulating for eight years that "aspartame might induce brain tumors."⁵⁴ The FDA revoked Searle's license to sell aspartame, only to have its decision reversed under a new commissioner appointed by President Ronald Reagan.

A 1996 study in the *Journal of Neuropathology and Experimental Neurology* has renewed this concern, linking aspartame to a sharp increase in brain cancers shortly after the substance was introduced. Dr. Erik Millstone of the University of Sussex Science Policy Research Unit cites a series of reports from the 1980s linking aspartame to a wide array of adverse reactions in sensitive consumers, including headaches, blurred vision, numbness, hearing loss, muscle spasms and induced epileptic-type seizures, among numerous others.⁵⁵ In 1989, Searle again ran afoul of the FDA, which accused the company of misleading

advertising in the case of its anti-ulcer drug, Cytotec. The FDA said that the ads were designed to market the drug to a much broader and younger population than the agency had advised. Searle/Monsanto was required to take out an ad in a number of medical journals, which was headed "Published To Correct a Previous Advertisement Which The Food And Drug Administration Considered Misleading."⁵⁶

Monsanto's Greenwash

Given this long and troubling history, it is easy to understand why informed citizens throughout Europe and the U.S. refused to trust Monsanto with the future of our food and our health. But Monsanto has gone to great lengths to appear unperturbed by this opposition. Through efforts such as their \$1 million advertising campaign in Britain, their involvement with the prestigious Missouri Botanic Garden, and their sponsorship of a state-of-the-art Biodiversity exhibit at the American Museum of Natural History in New York, they sought to appear greener, more righteous and more forward looking than even their opponents.

In the U.S. they gained the support of people at the highest levels of the Clinton administration. In May of 1997, Mickey Kantor, an architect of Bill Clinton's 1992 election campaign and United States Trade Representative during Clinton's first term, was elected to a seat on Monsanto's Board of Directors. Marcia Hale, formerly a personal assistant to Clinton, has served as Monsanto's public affairs officer in Britain.⁵⁷ Al

"Corporations have personalities, and Monsanto is one of the most malicious," explains author Peter Sills. "From Monsanto's herbicides to Santophen disinfectant to BGH, they seem to go out of their way to hurt their workers and hurt kids."

Gore, who is well known in the U.S. for his writings and speeches on the environment, has been a vocal supporter of biotechnology at least since his days in the U.S. Senate.⁵⁸ Gore's Chief Domestic Policy Advisor in the late 1990s, David W. Beier, was formerly the Senior Director of Government Affairs at Genentech, Inc.⁵⁹ "In the Bush administration, cabinet secretaries Rumsfeld, Ashcroft, Thompson and Veneman all have historic ties to the company, either as officials of companies absorbed by Monsanto or as frequent recipients of large campaign contributions."

Under CEO Robert Shapiro, Monsanto pulled out all the stops to transform its image from a purveyor of dangerous chemicals to an enlightened, forward-looking institution crusading to feed the world. Shapiro, who went to work for G.D. Searle in 1979 and became the president of its Nutrasweet Group in 1982, sat on the President's Advisory Committee for Trade Policy and Negotiations and served a term as a member of the White House Domestic Policy Review.⁶⁰ He would describe himself as a visionary and a Renaissance Man, with a mission to use the company's resources to change the world: "The only reason for working at a large company is that you have the capability of doing things on a large scale that really are important," he told an interviewer for *Business Ethics*, a flagship journal for the "socially responsible business" movement in the United States.⁶¹

Monsanto's 1997 Annual Report was a veritable case study in corporate greenwash. Roundup is not an herbicide, it is a tool to minimize tillage and decrease soil erosion. Genetically engineered crops are not just about profits for Monsanto, they're about solving the inexorable problem of population growth. Biotechnology is not reducing everything alive to the realm of commodities — items to be bought and sold, marketed and patented — but is in fact a harbinger of "decommodification": the replacement of single mass-produced products with a vast array of specialized, made-to-order products.⁶² This is Newspeak of the highest order, and an odd achievement for a company that is best known for its aggressive promotion of genetically engineered food, whose most profitable product is an herbicide, and that is world famous for its attempts to intimidate critics and suppress criticism in the media.⁶³

Finally, Monsanto sought to paint its aggressive promotion of biotechnology is not a matter of mere corporate arrogance, but rather the realization of a simple fact of nature. Readers of the 1997 Annual Report were presented with an analogy between today's rapid growth in the number of identified DNA base pairs and the exponential trend of miniaturization in the electronics industry, a trend first identified in the 1960s. Monsanto dubbed the apparent exponential growth of what it terms "biological knowledge" to be nothing less than "Monsanto's Law." Like any other putative law of nature, one has little choice but to see its predictions realized and, here, the prediction is nothing less than the continued exponential growth of Monsanto's global reach.

By 1999, however, Shapiro and his colleagues were increasingly on the defensive. Several attempts to merge with larger companies — ostensibly to help pay for more than \$8 billion in recent seed company acquisitions — had fallen through.⁶⁴ The company's aggressive, and often rather se-

cretive, promotion of genetically engineered corn and soybeans had made the name Monsanto synonymous throughout Europe with everything that is threatening and out-of-control about genetic engineering. The "Terminator" seed technology that Monsanto was attempting to acquire from Delta and Pine Land (while also developing similar technologies of its own) had become the focus of a growing worldwide resistance to genetically engineered crops. Germany's Deutsche Bank declared genetically modified crops an economic "liability to farmers," advising its investors to stop buying agricultural biotech stocks.⁶⁵ and the *Wall Street Journal* announced that Monsanto, once the seemingly invincible world leader in biotechnology, would be worth significantly more to investors if it were to simply be broken up.⁶⁶

In October of 1999, the company made world headlines with the announcement that it would not seek to market "Terminator" plants that would produce sterile seeds, and Robert Shapiro appeared via interactive video at a Greenpeace Business Conference in London to seek "dialogue" and a "common ground."⁶⁷ Monsanto received considerable acclaim for bowing to its critics, most notably Rockefeller Foundation president (and former Sussex University vice-chancellor) Gordon Conway, who reportedly convinced Shapiro that Terminator had to go. But Monsanto was already in serious trouble, and the apparent concession on Terminator was a small price to pay in the hope of salvaging a future of genetically engineered crops. It was almost a textbook case of modern corporate public relations, in which companies are urged to admit mistakes and seek wider credibility by appearing to involve activist groups in corporate decision making.⁶⁸

By the end of the year, Monsanto's acquisition of Delta and Pine Land — the real patent-holder on the Terminator — had been abandoned, and Shapiro had to accept a non-executive chairmanship of Pharmacia, the company formed from the merger of Monsanto with Pharmacia and Upjohn. Shapiro was replaced by Pharmacia executive Hendrik Verfaillie, who was again replaced in mid-2003 by Hugh Grant, Monsanto's former chief operating officer. When the New York Times did a story last winter on the growing problem of weeds developing resistance to Roundup, the paper quoted Idaho agronomist Charles Benbrook saying he had been approached by investment bankers considering a purchase of Monsanto in order to break it up.

Whatever the outcome, these developments confirm that the development of biotechnology is nothing even remotely like a "law of nature." Technologies are not social, much less "natural" forces unto themselves, nor are they merely neutral "tools" that can be used to satisfy any social end we desire. Rather they are products of particular social institutions and economic interests. Once a particular course of technological development is set in motion, it can have much wider conse-

Mark Kastel found widespread reports of spontaneous deaths among rBGH-treated cows, high incidences of udder infections, severe metabolic difficulties and calving problems ...

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⁵⁹ "Genentech Names Moore New Head of Government Affairs Office Based in Washington, D.C.," Genentech company press release, April 13, 1998.

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⁶³ See articles by Peter Montague, Steven Gorelick and Andrew Rowell in *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998, pp. 299-303.

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⁶⁵ "Appendix 2: GMOs are Dead," in Deutsche Bank Alex Brown investor's report on DuPont Chemical: *Ag Biotech: Thanks, But No Thanks*, July 12, 1999, p.

Additional Monsanto info

Investment Reports

- Check out the report prepared by Innovest Strategic Value Advisers on Monsanto the company by going to www.greenpeaceusa.org, then click on Publications, scroll to the bottom and click on MONSANTO & ENGINEERING: RISKS FOR INVESTORS.

Internet news stories

- www.foxbghsuit.com — Read about Jane Akre and Steve Wilson.
- www.voteyson27.com — A complete list of information about stories in the news and towns affected by Monsanto.

More web sites

- www.organicconsumers.org
- www.crophchoice.com
- www.epa.gov — Type in "Monsanto" in advanced search.
- www.rachel.org
- www.foe.org
- www.mindfully.org

quences than its creators could have predicted: the more powerful the technology, the more profound the consequences.

In rejecting Monsanto and its biotechnology, we are not necessarily rejecting technology *per se*, but seeking to replace a life-denying technology of manipulation, control and profit with a genuinely ecological technology, that will respect the patterns of nature, improve personal and community health, sustain land-based communities and operate at a genuinely human scale. If we believe in democracy, it is imperative that we have the right to choose which technologies are best for our communities, rather than having unaccountable institutions like Monsanto, DuPont, Novartis and other transnational biotech giants decide for us. Rather than technologies designed for the continued enrichment of a few, we can ground our technology in the hope of a greater harmony between our human communities and the natural world. Our health, our food and the future of life on earth truly lie in the balance.

Brian Tokar is the editor of *Redesigning Life? The Worldwide Challenge to Genetic Engineering* (London: Zed Books, 2001) and author of *Earth for Sale* (1997) and *The Green Alternative* (1987, 1992). He teaches at the *Institute for Social Ecology* in Plainfield, Vermont and coordinates the *Institute's Biotechnology Project*. Tokar's investigative history of Monsanto originally appeared in *The Ecologist* Vol. 28, No. 5, Sept./Oct. 1998; this version is updated from his chapter in the British edition of *The Case Against the Global Economy*, edited by Edward Goldsmith and Jerry Mander (London: Earthscan Publications, 2001). Visit Brian Tokar's website at www.social-ecology.com.

18. This Appendix was apparently released by Deutsche Bank as an independent report to investors on May 21, 1999.

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⁶⁷ Barnaby J. Feder, "Monsanto Says it Won't Market Infertile Seeds," *New York Times*, October 5, 1999, p. 1; John Vidal, "How Monsanto's mind was changed," *The Guardian*, October 9, 1999, p. 15; Greenpeace Business Conference transcript, posted to electronic list, biotech_activists@iatp.org, October 7, 1999.

⁶⁸ Bob Burton, "Advice on Making Nice," *FR Watch*, Vol. 6, No. 1, First Quarter 1999, pp. 1-6.

Local Heroes

They walk among us and we may not even know who they are. Their deeds are carried out with little or no acknowledgement, but that's not why they do what they do. We'll find out who they are, what they do, and why they do the things they do.

We have heroes

"See the conquering hero comes!
Sound the trumpets, beat the drums!"

— Judas Maccabaeus. Oratorio by Handel to text by Rev. T. Morell

by Tom Keene

There are heroes all around us, people who possess the one essential component of heroism: they refuse to give up in the pursuit of a worthwhile goal. Anyone can start down the road toward accomplishment; many of us intend to do something special and important, but something always gets in the way. Most people have a backlog of heroic deeds we will complete when the right moment comes along, but until everything falls into place, those glorious feats of sacrifice will gather dust in that part of our mind reserved for future fame. Right now, we have jobs and families to be concerned about, but we have no doubt that when we're free from obligation, we have the stuff in us to be heroes.

We forget that the hero is the one who does what is desperately needed at the precise moment — the only moment — when the deed will mean something. Heroism can't be postponed or considered. A hero performs perfectly when only the best performance will achieve the goal. When a Secret Service agent lunged in front of Ronald Reagan in 1981, he did the only thing that could have saved the President.

I consider several of the teachers from my youth to be heroes, for they saw in their students a need for knowledge and applied the incentive at the instant of greatest openness to something new. To tell of just one: my 7th grade music appreciation teacher at Westbrook Junior High was Charlie Turner, a large man wearing long sleeved white shirts with the sleeves rolled half way up his arms. As he roamed around the classroom, he would conduct the band blaring from the speakers of the stereo system as he taught us about Sousa and Brahms, Beethoven and Bach.

One afternoon, he played a recording of Beethoven's Fifth Symphony, and as the opening notes sounded — those three short notes followed by one long note, and as the phrase was repeated, Mr. Turner grabbed the tone arm and wrenched it away from the vinyl record, and the room fell silent.

"Can you hear it?" he asked. "Can you hear Beethoven, knowing he was becoming more deaf by the day, bellowing to the heavens, 'You won't defeat me — nothing will defeat me, for I am Beethoven and I have something for the world to hear!'"

As Mr. Turner flailed his arms, urging the unseen orchestra into a glorious frenzy of sound, his sleeves fell to his wrists and I could almost see that dumpy deaf composer coming toward me; he wasn't going to give up writing music just because he couldn't hear his work. Was he talking to me through his music; "Who do think you are, giving up now, throwing away your future, just because people laugh at you?"

How did he know me so well? Was this a trick of the mind — it couldn't be real — and sure enough, at that moment, the symphony ended with a crash of incredible sound, and Mr. Turner was asking us again, "Did you hear it? Do you understand what Beethoven is telling us?" I didn't answer him, but I did know, and I have never forgotten. Everybody has something heroic in them, and if we refuse to give up, our heroism will change the world.

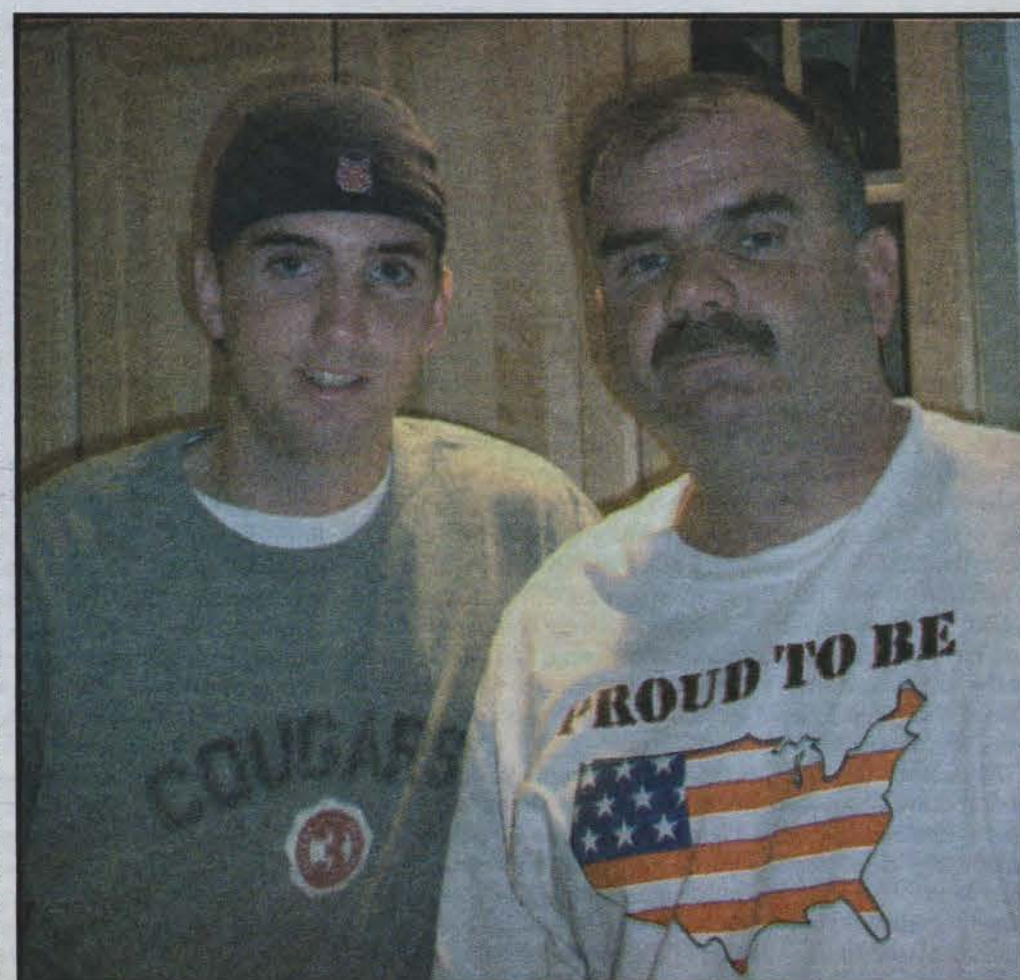


PHOTO ABIE OSTREEM

Once again and not often enough we give thanks today to local heroes like Eric and Jeff McCue. Cpl. Eric McCue, from So. Portland, serving in the Marines 3rd Battalion stepped on a land mine this past spring over in Iraq. He lost some toes, but is still with us. It is a reminder to us all, not only the perils that come the way of our servicemen and woman, but, also their bravery. Jeff McCue is Eric's Father. Jeff was with the South Portland Police Dept. for 26 years, and is now a federal court Security officer. Thank you both for keeping us safe at home and overseas.

Blood donors are heroes

by Julie Hart

They make up only about five percent of the population. They volunteer their time. They make their donations to people they may never meet. They make a vital commitment to the community around them. Who are these people, you ask? They are the volunteer blood donors of the American Red Cross. These local heroes are needed every day to donate the 300 pints of blood the hospitals in Maine use every day to treat patients suffering from cancer, tragic accidents or going through surgery. These people would not receive their life-saving treatment if it was not for these local heroes who come out to donate blood. With only five percent of the eligible population donating blood, every person makes a huge difference.

Blood donations are split into three parts: the plasma, platelets and red blood cells; therefore the blood a volunteer blood donor donates could go on to save three different people's lives. From just an hour of their time, these local heroes give the gift of life to someone who needs it most; someone the blood donor may never know or see. But the person receiving the transfusion will be forever grateful to blood donors everywhere for making this type of life saving treatment possible. For instance, Rachel Miller and her family, who live in Maine, are grateful every day that Rachel received the treatment she needed so early in her life. Rachel was born with a rare blood disease and required 298 blood transfusions in the first 18 months of her life. Today she is an active 10-year-old girl whose life was saved by so many of those local heroes.

Giving blood gives someone another birthday; another vacation, another laugh, another chance and you never know when that someone could be you. Please give blood today and become a local hero in your community. Call the American Red Cross at 1-800-GIVE-LIFE to schedule an appointment or for a list of blood drives coming up in your area.

Just doing a job

by Tom Keene

Ever since 9/11, Americans have felt and expressed a new-found and genuine respect for firefighters and the police. We have always seen the courage displayed in the performance of their dangerous jobs as heroic, but the terrorist attacks brought their extraordinary bravery to our attention as nothing else has ever done.

Seth Hagar, a 25-year-old member of the South Portland Fire Department, explains that most of the men and women who serve their communities as firefighters and Emergency Medical Technicians (EMT) do not see what they do as anything more than doing their job. Few, if any, of these people see what they do daily as acts of heroism.

"It's no different than anyone else doing what they do" said Hagar, who adds with deep conviction that his profession is "the greatest job on the face of the earth."

For those who have never needed the services of our firefighters, the way they spend their typical workday can appear filled with empty hours broken occasionally by emergency and fire calls. But for the many whose lives have been touched by the skills and courage of the profession, it's understood that bravery is as much a part of their work as the equipment used to fight fires and save lives.

But again, those who risk their lives to rescue those in danger or distress rarely seek the spotlight and never call themselves heroes. More than in almost any other job, people in the fire service express great satisfaction — even passion — for the work they do.

"It's not a job when you love what you're doing," said Hagar. "It's not a job when you get to help people every day."

Still, in the course of helping people, firefighters/EMT's put their own lives in danger, a fact that begins the process of raising their status from public servants to heroes.

"It's hard to see yourself as a hero when you're doing what you love," said Hagar, who views his work as a firefighter/EMT as "what the community pays for and what they expect."

Asked if he ever considers, as he is about to enter a burning building, that this is the fire that could kill him, Hagar was quick to answer: "There is a certain amount of risk and we try to minimize that risk. But I never think 'I could die.'"

There isn't a trace of bravado or false confidence in this statement. It's not that firefighters aren't aware of the hazards of their work. They all know that firefighting is near the top of every list of the world's most hazardous jobs. Hagar explained that one way to minimize the risks is constant training.

"People don't realize how much education and training is involved," said Hagar, who will soon complete his BA in Applied Technical Leadership at the University of Southern Maine. He earned an Associates of Arts degree in Fire Science from Southern Maine Technical College, and has continued his training in that field as well as emergency medical studies. Hagar is a FF/EM-I, which he says is "one step below a paramedic."

And the training continues for Hagar and everyone in the fire service. Beyond handling the obvious emergencies, Hagar calls his job "mentally challenging. Finding out what happened, how did it happen, figuring out how to fix it — coordinating all that is exciting."

While responding to an accident scene is traumatic for the victims, Hagar said that "it's not our emergency — it's *their* emergency."

Understanding that those words could sound cold or callous, Hagar explained that when they are called to an accident or fire, each one has a job to do.

"Is there anyone in there is our first question," said Hagar. Whether it's a fire or car

Portland Fire Department's Engine Two travels Congress Street on its way into action.
PHOTO MICHAEL ERIC BUREAU



Firefighter/EMS-I Seth Hagar of the South Portland Fire Department is also the Fire Inspector for Windham. He is seen here with one of Windham's fire trucks. PHOTO TOM KEENE

wreck, getting people to safety is their first concern. But then the concern is focused on the team.

"Our bond is to one another," said Hagar. "If we don't do our job, the people who called us to the scene aren't going to be served. The general public doesn't always know if I did a good job, but the people I work with know. That bond is the key."

For anyone who has watched a firefighting team in action, putting out a blaze or extracting people trapped in wrecked vehicles, the teamwork is amazing to watch. This writer saw Portland's Fire Department rescue two people from a third floor ledge in the middle of a frigid February night many years ago. The coordination was astonishing — dozens of people all focused on saving lives and salvaging personal belongings as well.

"Life safety is our first concern," said Hagar, adding that the people in the fire service are well aware of the importance of the possessions of the victims. "We take pride in saving people's belongings — they've worked a lifetime for them. Things like photographs are very important."

After putting out a fire in a two-family home a few years ago, Hagar said he was told that a young boy who had lived in the building was upset — his fish tank was still in the house. Going back into the building, Hagar found the tank and brought it to the boy, who was thrilled to have this vital possession back.

"Everything was O.K. because he had his fish tank," said Hagar. "For a moment in a bad situation, everything was O.K."

Several things stand out when speaking to Hagar, among them his youth, his enthusiasm, and his dedication. Hired in 1998 by the South Portland Fire Department when he was 19 years old, Hagar was the youngest full-time firefighter hired by that department. He started his career in Damariscotta as a junior firefighter and never stopped pursuing the career he chose at an early age. In addition to his service in South Portland, Hagar is the Fire Inspector for the Town of Windham. And while he is adding responsibilities as he works on his education and training, his true love is firefighting.

Non-profit news

Salvation Army is So Much More Than a Store on the Corner

by Roseann Mango-Morgenson

The Salvation Army is one of the most diversified groups in our community and all over the world. The Army's doctrine follows the mainstream of Christian belief and its articles of faith emphasize God's saving purposes. Its objectives are "the advancement of the Christian religion ... of education, the relief of poverty, and other charitable objects beneficial to society or the community of mankind as a whole."

The movement, founded in 1865 by William Booth, has spread from London, England, to many parts of the world.

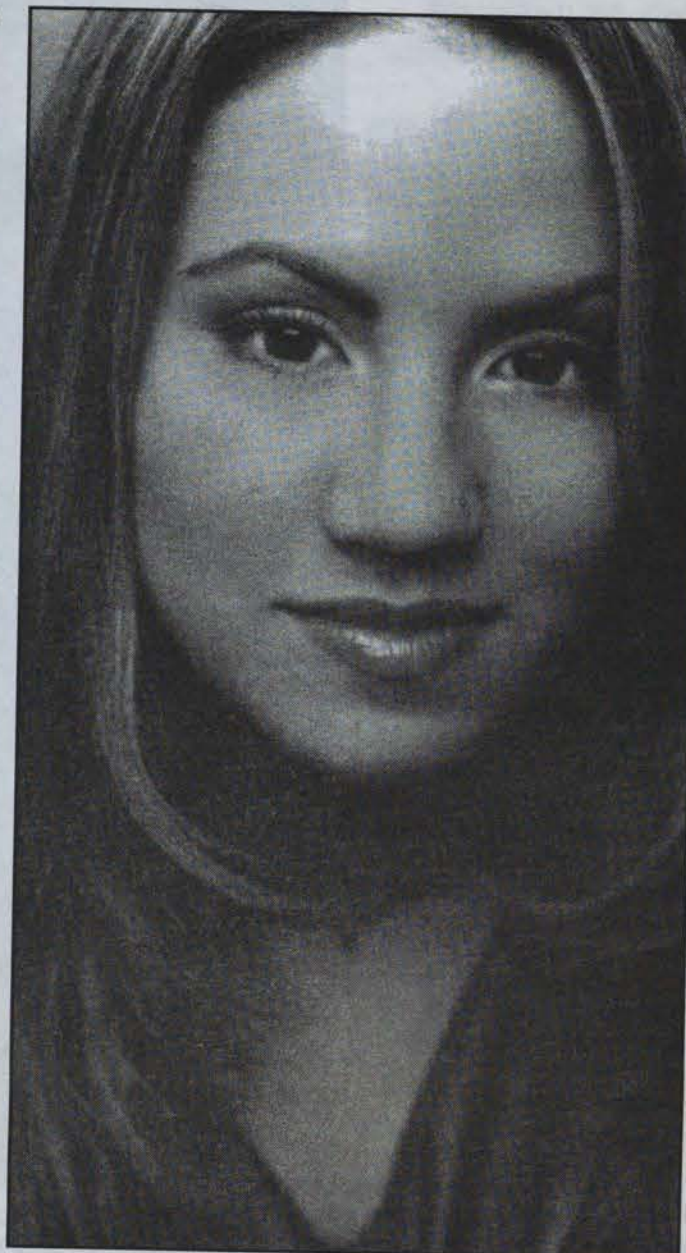
Since then it has grown all over the world. The people who serve this organization work diligently in their communities to help make the world a better place. Evangelistic and social enterprises are maintained, under the authority of the General, by full-time officers and employees, as well as soldiers who give service in their free time. The Army also benefits from the support of many adherents and friends, including those who serve on advisory boards.

From its earliest days the Army has accorded women equal opportunities, every rank and service being open to them. And from childhood the young are encouraged to love and serve God.

The Salvation Army often puts on performances as an outreach to teens and to provide the community with a place to go and enjoy some wonderful performances. On August 04 I had the thrill of attending a concert at the Salvation Army's beautiful Pavilion in Old Orchard Beach. The artist performing was an 18-year-old young woman by the name of Rachel Lampa. She is one of the youngest Dove Award winners in Christian music history.

At 15, Lampa, the wide-eyed vocal powerhouse, captivated a nationwide audience with her debut appearance on The Tonight Show with Jay Leno. She became an instant star in the contemporary Christian music world with her 2000 Word Records debut of *Live For You*.

I really didn't have an understanding of her vocal ability until she took center stage and simply opened her mouth. Jaws dropped in the audience, as we were all completely stunned as this 4' 11" 18-year-old woman belted out her first song. Her voice was truly remarkable and was without a doubt powered



by her intense desire to serve the Lord through song.

Her intention was not only to share the love of the Lord with her fans but also to support the Salvation Army's efforts in supporting their community. This was her first outreach for the Salvation Army and she noticed the diverse audience and her heart went out to the struggles of the teens and families. She had hoped that her presentation of her music saturated with her faith would reach those who may not have any idea of who God is. She wanted to reach those that may find their happiness in a bottle of beer or a trip to the mall. She said she always tells people, "You better make sure that when the shopping bag is empty, the bills start pouring in, or you have taken that last sip from that beer bottle, and you're left with a hanger, that there is a genie that is going to pop out and magically take care of those desires which drive you into trouble." She says she likes to ask "Where is this magic genie that is pushing you down the wrong path? What is he doing for you?" She hopes to reveal a true and living God through her music. One that is tangible and real for others as He is to her.

In my interview with her after the show, I asked her why she came to Maine and why of all the organizations she choose to support the Salvation Army. She smiled and said, "It's a great organization. They are changing the lives of people all over the world." I agreed and told her of what I know that the Salvation Army has done. I told her of what I have witnessed first hand in my neighborhood.

A woman's home had burned down. She and her seven children had nowhere to go. I arrived only to find the Salvation Army was there and had a truckload of household goods to refurbish her new apartment. Not only did they bring the basic necessities, they included toys for her children. The expression on her youngest child's face after receiving a stuffed animal was precious and heart wrenching. I knew then, this was not just a thrift store, but a real asset to the community. One that really puts themselves in others shoes before they respond. She smiled and mentioned that she is always learning about something they have done for someone and that it is always up and above the expected. I thanked her for her time and for her contribution to an organization that is dear to my heart.



4' 11" 18-year-old Rachel Lampa belts out tunes for an awed audience.



greener side

Tough, Dependable and Local

by David Neufeld

I have cut, mowed, and ripped them out, all cruelties that I formerly practiced under the guise of weeding. But this year I see them for what they really are, individual, graceful, and yes, purposeful plants.

Ferns occupy the landscape in an almost perfectly ornamental way. They grow in masses on otherwise ungardenable ground. And when you look at the variety of leaf forms, what more could you ask for? Flowers? Ferns grew on earth before flowers were invented but I won't go into that. They will continue to grow where they already grow or nearby. Some ferns, particularly the more sun and dry-soil tolerant ones can stand to be transplanted. Others need to be moved to the identical habitat from which they were taken to do well. All of them should be dormant (before they start growing in spring) when moved. The important thing is not to force them into garden spaces simply for their form. Instead, you might build a garden of contrasting or complementary plants next to an existing stand of ferns.

More importantly, it is not the only plant that has gotten overlooked (until recently). Staying with the primitive plant group, moss is a plant I have long appreciated and cultivated. Similar to ferns, it does not like to be moved or have its habitat ignored. It is easy to move moss if you move the object it grows upon.



PHOTO DAVID NEUFELD

Logs, stones, boards, clay pots and bricks are some hosts on which I have moved moss colonies. If moss is growing in your lawn it usually means that the area is too wet or shaded for most grasses. I have read that you can plant moss by mixing a dilute buttermilk solution and moss in a blender and spraying the solution where you want the moss to grow. Companies now sell moss "plugs." These are planted at intervals. Over time, the moss plants spore themselves into the gaps. There are of course, the additional requirements of moisture and partial shade.

The common violet has the attributes of a valuable ornamental plant. It flowers in May in a variety of colors ranging from blue to white (with bicolor flowers), it can take care of itself in either a garden or lawn, it does well in full sun to full shade, and finally, its leaves look good all season long. If you find an extensive wild patch nearby, you'll have an unlimited supply for gardening purposes.

Ajuga or bugleweed is fourth on my list. It can live in gardens or "lawn," has vivid blue flowers in early June, and can be found in a number of leaf colors (dark green, burgundy, green/white, and green/white/burgundy). It multiplies so fast that a few plants this year will be a hundred in a couple of years.

Although each of the above four plants might have previously succumbed to a thorough attack of weeding, you might take another look at who they really are local heroic plants. Currently, my best efforts at finding the useful side of Witchgrass have failed.

David Neufeld is a garden designer and owner of North Star Garden Design. He has over 1500 varieties of trees, shrubs, and perennials in his garden in South Waterford.

voices of democracy

Privatization Will Rescue Doomed Social Security Program

By Kenn Gividen

By 2016, the so-called Social Security Trust Fund will begin running a deficit. By 2023, the money will simply be gone. The liberal mindset that dominates the hollowed halls of Washington offers this simplistic solution: "We'll cross that bridge when we come to it." In reality, they'll raise taxes to cover the deficit.

There is a better idea: Confront the problem now, while there is still time to affect a change, by privatizing the social security system. Here's why private retirement programs benefit workers.

Willie Worker, a single laborer, earns \$36,000 per year. Under a privatized retirement program, Willie will accumulate a \$1.2 million portfolio. That's assuming his money goes to Wall Street investments rather than the Social Security.

Willie's annual income from his private retirement program will be \$124,000. Social Security, on the other hand, will pay him \$24,000. That's a \$100,000 difference per year!

According to the Cato Institute, the \$100,000 spread gaping between Willie's private retirement account and Social Security can be attributed to basic numbers. Wall Street historically has paid

seven percent annually before inflation; Social Security barely keeps up with inflation at 1.2 percent per year. Privatization affords Willie the benefit of compounding. Social Security tucks his money in a mythological lock box where it does no good, other than to provide collateral for greedy politicians.

Privatization will affect more than workers. It will fuel the nation's economy.

Privatization would infuse the American economy with as much as \$10-20 trillion. Martin Feldstein, Professor of Economics at Harvard University, admits that, while the change to privatization will include some cost, the benefit to future generations would be worth the move. In fact, replacing social security with privatization would increase the annual Gross Domestic Product by about five percent. "The net present value of the gain," he concludes, "would be enormous."

That infusion of capital would fuel the economy and, subsequently, the tax base. Privatization is no longer a theory. It is being applied successfully around the world. According to the *Libertarian Viewpoint*, Chile, Mexico, Britain and Australia are among the nations that have embraced private retirement program instead of social security programs.

Even communist China has seen the light. Implemented in 1999, the Beijing

government retirement plan requires employers to add three to seven percent of wages to employee contributions of four to eight percent. The plan calls for the Bank of China to manage the funds, invested — not in a mythological lock box — but in private capital assets. Privatization is politically expedient.

Exit polls taken during the 2000 presidential election revealed that 57 percent of those polled favored the private investment of social security taxes. This should come as no surprise, considering that estimated three-quarters of all Americans pay more in payroll taxes than in federal income tax.

As the population becomes better educated, the average voter is becoming more sophisticated and, consequently, more difficult for politicians to fool. The old perception — that the Social Security Trust Funds is a pile of money stored away in a Washington vault — is gone. Voters are now keenly aware that there is no money. The government merely offers an accounting of how much one-government department borrows from another department. The Social Security Trust fund is a financial liability charged to the taxpayers. And voters know it.

Opponents of private retirement options have given it their best shot. And failed. In the 2002 election, for example,

senatorial candidate Lindsey Graham became the target of attack ads. In those ads privatization foes claimed the candidate would invest "your Social Security dollars into Enron stock." Voters didn't buy it. The multi-million ad campaign failed and Graham is now serving in the United States Senate.

True to the traditional Democratic-Republican logjam that has long plagued the United States Congress, Graham has declared a truce in fight for social security reform. Very little of reform is actually taking place.

What's more, at a July 15th press briefing, Office of Management and Budget (OMB) Director Josh Bolton was asked, "If the President gets a second term, is it still his ambition to enact Social Security reform?" Bolton replied, "It's one of those problems that can be put off indefinitely because it's not going to bite for a couple of decades."

In fact, the Social Security deficit will become reality in less than 13 years. Washington insiders, like Bolton and Bush, could — and should — act now to steer clear of the impending crunch. If they won't, voters may do it for them.

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WOODY'S BAR & GRILL 43 Middle St., Portland. 253-5251. www.woodysburgers.com.
THE BREAKAWAY 32 India St., Portland, ME. 541-4804.
PUNKY'S 425 Forest Avenue, Portland, ME. 774-2091.

Asian/Chinese

ORIENTAL TABLE 106 Exchange St. (top of the Old Port) Portland. 775-3388, Fax: 772-3388.
WOK INN 1209 Forest Ave, Portland. 797-9052 or 797-9053.

Barbeque

BEALE STREET BARBEQUE & GRILL 90 Waterman Drive, South Portland. 767-0130.

Café

BINTLIFF'S AMERICAN CAFE 98 Portland St., Portland (across from the Post Office.) 774-0005.
FRIENDSHIP CAFE 703 Congress St., Portland. 871-5005.
THE WINE BAR & RESTAURANT 48 Wharf St., Portland. 773-6667. www.cafeatwharfstreet.com

Continental

BASIL'S RESTAURANT & LOUNGE 2 Highlander Way, Manchester, NH. (603) 625-6426.

Delicatessen

FULL BELLY DELI Pine Tree Shopping Center. 772-1227.

Eclectic

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AURORA PROVISIONS West End at 64 Pine St., 871-9060.
BIBO'S MADD APPLE CAFE 23 Forest Ave. CLAYTON'S GOURMET MARKET, CAFE & BAKERY 189 Main St., downtown Yarmouth 846-1117.
DAVID'S CREATIVE CUISINE Monument Square. 773-4340.
GRAVITY 486 Congress Street.
GREAT LOST BEAR 540 Forest Ave, Portland. 772-0300.
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SILLY'S 40 Washington Avenue, Portland. 772-0360.

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PORTLAND HOUSE OF PIZZA 1359 Washington Ave, Portland. 797-9030. www.portland-pizza.com.

Japanese/Korean

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BENKAY 2 India St., Portland (India at Commercial). 773-5555.
OISHII JAPANESE FOODS Portland Public Market. 25 Preble St., Portland. 228-2050.
NARA SUSHI NEW 50 Maine Mall Road, South Portland. 772-0006 or Fax 772-4440.

Mexican

AMIGOS 9 Dana St., Portland. 772-0772.
GRANNY'S BURRITOS 420 Fore St. 761-0751.

Seafood

J'S OYSTER 5 Portland Pier, Portland. 772-4828. 92 Commercial St., Portland. 871-5636.

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THAI TASTE Distinctive Thai Cuisine. Rated **** for Food, Atmosphere & Service by Portland Press Herald. Winter Hours: Lunch: Mon-Sun 11:30-2:30pm; Dinner: Sun-Thurs 4:30-9pm; Fri & Sat Hours: 4:30pm-10pm. 435 Cottage Road, South Portland. Across from Portland Theater. www.thaitastemaine.com, 767-3599.
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calendar 8.14 to 8.20.03

Submissions to the calendar must be received in writing by the Thursday two weeks prior to publication. Send your listings to Calendar, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, or e-mail: listings@maine.rr.com.

Thursday, August 14

"Landscapes of Maine" works by Chris Nissen and "Having a Wonderful Time, Wish You Were Here...Postcards from Monhegan Island, Maine by Scott Kelley, reception for both artists will be held from 5-7pm. Exhibit continues through September 9, Gleason Fine Art, 31 Townsend Ave., Boothbay Harbor. Hours: Tuesday - Saturday, 10am-5pm. 633-6849.

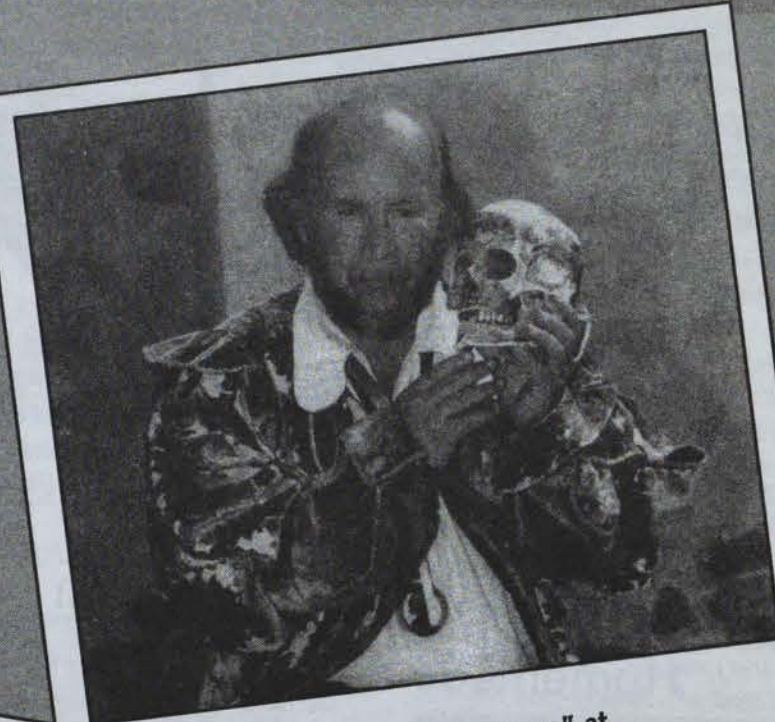
"Shared Sensitivity" painting by Wendy Turner and fine furniture by Peter Turner, reception for the artists will be held from 5-7pm, with music by "Graf, Green and Brad-dock". Exhibit continues through September 7, George Marshall Store Gallery, 140 Lindsay Road, York. Hours: Tuesday - Saturday, noon-5pm. Sunday 1-5pm. 351-1083.

"Stand-Up Shakespeare" William Shakespeare will be brought back to life on stage in a performance by Duncan Inches. A special show for children grades K-5 will be performed at 3pm and a second show for teens and adults that evening at 7pm. The shows are based on *Seven Ages of Man* from "As You Like It". Warren Memorial Library Auditorium, 479 Main St., Westbrook. 854-5891.

Rescheduled concert with Jeremiah Freed, Rocktopus and Even All Out free, 8pm, State Theater, Congress St., Portland. Refunds for the originally scheduled July 26 show are available at point of purchase. www.LiveAtTheState.com.

Friday, August 15

Arts and Craft Show An interesting variety of crafters and artists will present their unique wares August 15 and 16, 10am-3pm, Higgins Beach Clubhouse, Greenwood Ave., off Route 77, Scarborough. 885-5087.



"Stand Up Shakespeare" at Warren Memorial Library Auditorium



The 2003 MS Regatta Harborfest weekend celebrates with expanded waterfront activities! Festivities will include Friday night's benefit auction and reception, Saturday the 22nd annual MS Sailboat Regatta, Sunday's 3rd annual Tugboat Muster, and the 1st annual MS Powerboat Poker Run. Shoreside festivities on Sunday will include a line throwing contest and entertainment. Events will be based at Handy Boat in Falmouth, Maine State Pier in Portland, Port Harbor Marina in South Portland and on Casco Bay. 761-5815 or www.msmaine.org.

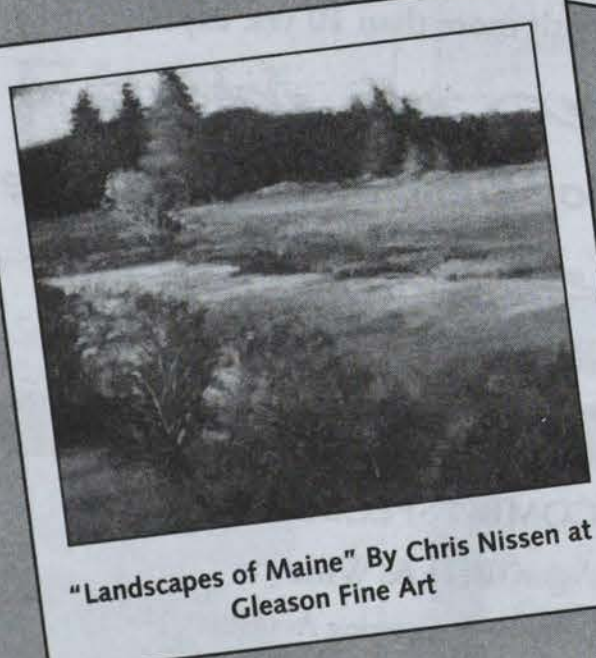
Impressionism: A New Way of Seeing - Monet, Renoir, Cassatt-these artists are widely popular now but in their time the Impressionists were mavericks and revolutionaries with bold new ideas about painting. Learn from Museum Docent Caroline Handry about the Impressionists ideas and see how they used these theories to change the course of art. Gallery talk takes place at noon and 6pm, Portland Museum of Art, 7 Congress Square, Portland.

Saturday, August 16

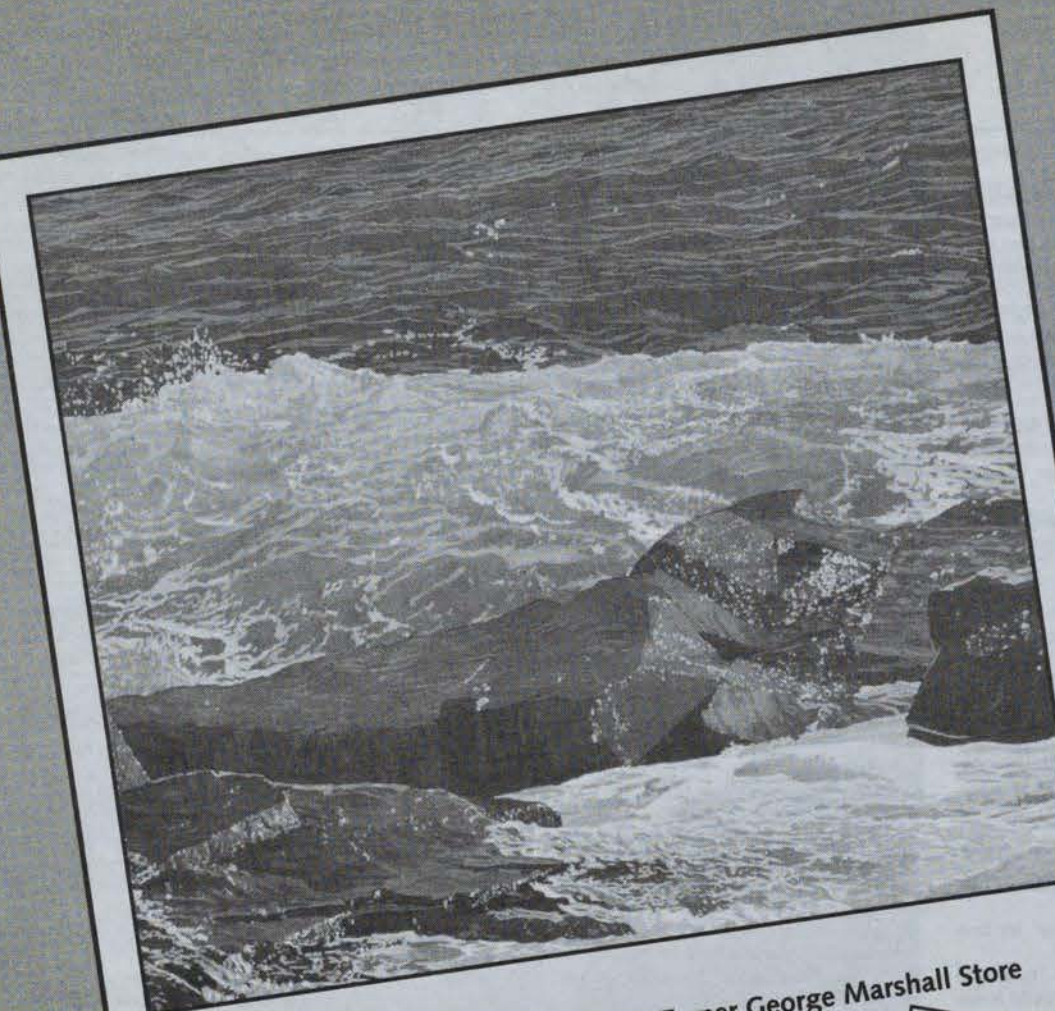
"Home Movie Day" an opportunity for all to come and have a chance to both view some local history, and show their own home movies to the public on a first come, first play basis, so whether you have a home movie from your 8th grade graduation or a trip to New Zealand, whatever it may be bring it down and share the entertainment with your fellow lovers of film, 1-4pm, The Space, 538 Congress St., Portland. www.homemovieday.com.

Summer Arts Festival Arts Fair, entertainment and concert on the green, 10am-6pm, River Tree Center for the Arts, 354 Western Ave., Kennebunk. 967-9120.

Kristen Britain Signing Kristen Britain author of the much acclaimed *Green Rider*, has written its long-awaited sequel *First Riders Call*. Meet Kristen Britain and take a look at this fantastic new epic fantasy, 2pm, Barnes & Noble, 9 Marketplace Dr., Augusta. 621-0038.



"Landscapes of Maine" By Chris Nissen at Gleason Fine Art



"Shared Sensitivity" painting by Wendy Turner George Marshall Store

Monday, August 18

Tai Chi and Chi Kung - ancient Chinese exercise systems to quiet the mind and strengthen the body based on the principles of focus, balance and movement. All ages are welcome to join a demonstration by Nancy Fergusson, a former instructor at the United Martial Arts Academies, 6:30pm, Lithgow Library, Winthrop St., Augusta. 626-2415 or www.lithgow.lib.me.us.

Artscape: Sand Jars Make your own unique art with colored sand layered inside a jar, 3pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscoverymuseum.org.

Tuesday, August 19

18th Century Furniture and Carving arts lecture with Allan Breed, 7pm River Tree Center for the Arts, 354 Western Ave., Kennebunk. 967-9120.

Preschool Storytime Join us for a short story and simple craft activity, 1:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscoverymuseum.org.

Wednesday, August 20

Brown Bag Lecture Series with Jennifer Finney Boylan, author of *She's Not There*, noon-1pm, Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. www.portlandlibrary.org.

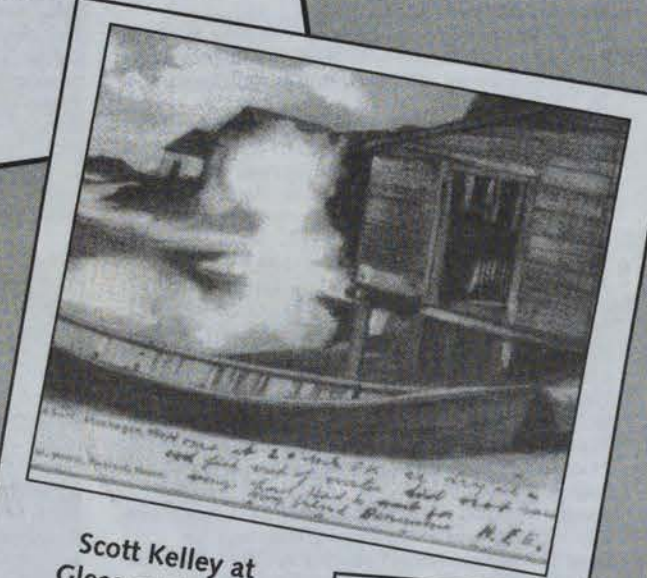
Expectant Parent Seminar to help educate expectant and new parents about safety and health with product demonstrations, Babies 'R' Us, Maine Mall Rd., South Portland. 773-4861 or admin@toysrus.com.

Sunday, August 17

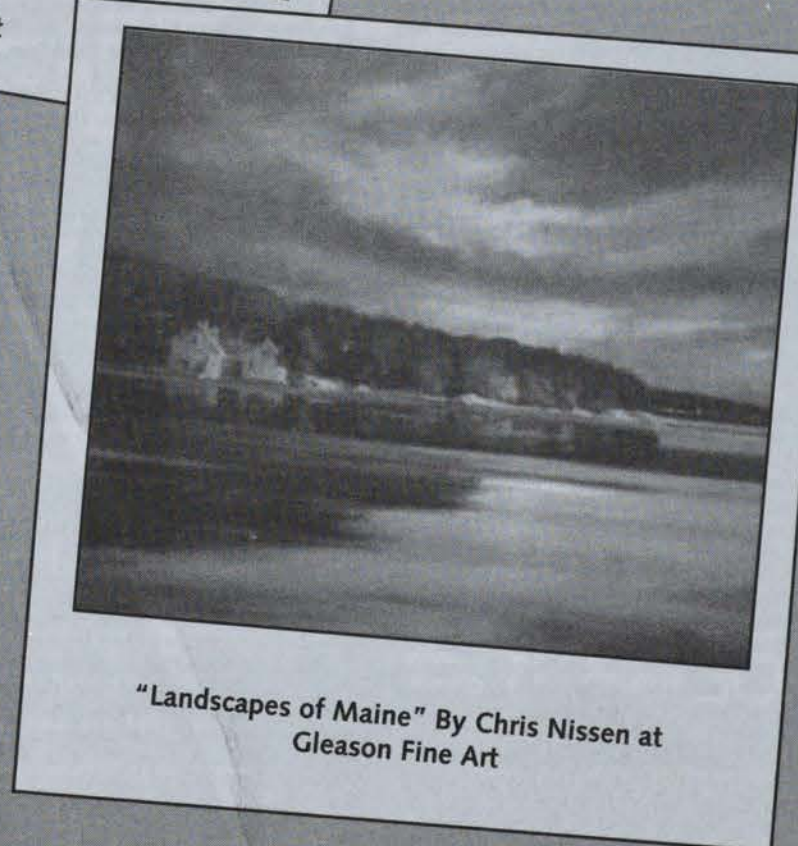
Sunday Concert Series with Don and Cindy Roy on Fiddle and Piano, bring your own lawn chair for some toe tapping fun, 2-3:30pm, O'Donal's Nurseries, 6 County Road, Gorham. 839-4262.

5000 Strings of the Sun An evening of psychedelic, experimental and free folk music featuring Dredd Foole, MV & EE Medicine Show with Willie Lane, Fursaxa, Espers, The Ponys, Double Leopards and The Friars of the Atonement, beginning at 4pm, St. Lawrence Arts and Community Center, 76 Congress St., Portland. 791-2744 or sinewave23@aol.com.

Portland Chamber Music Festival Children's Concert Free concert of the musical adaptation of the children's fable "Goldilocks and the Three Bears", an original work by composer and bass player Peter Askim, creates a concert-going experience that is as fun as it is informative and has been received with wild, giggling enthusiasm. A musical rendition of "The Ugly Duckling" by composer Jon Deak will also be featured, 12:30 and 2pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 x221.



Scott Kelley at Gleason Fine Art



"Landscapes of Maine" By Chris Nissen at Gleason Fine Art

visual arts

OPENINGS

Thursday, August 14

Gleason Fine Art 31 Townsend Ave., Boothbay Harbor. "Landscapes of Maine" by Chris Nissen, opening reception, 5-7pm. 633-0876 or www.gleasonfineart.com.

Friday, August 15

Elizabeth & Main Gallery of Art 238 Main St. Gorham. Paintings by Michael C. Welch, opening reception 6-8pm. 671-8237.

The Firehouse Gallery Damariscotta. Artwork by Tom Curry and Jon Imber, and jewelry by Holly Hamilton, opening reception 4-6pm. 563-7299.

GALLERIES

Area Gallery Lewiston-Auburn College, 51 Westminster St., Lewiston. Hours: Mon-Thurs 8am-5pm, Fri 8am-4:30pm, Sat 9am-3pm. "Students of Mercedes Castagnoli," featuring drawings and paintings, through August 15. 753-6500.

Area Gallery USM Woodbury Campus Center, Portland. Hours: Mon-Thurs 8am-4:30pm, Fri 8am-4:30pm, Sat 9am-3pm. "See the World Through My Eyes: Photo Voices of Portland Refugee Children," taken by refugee children living in Portland, through September 13. 780-5009.

Aucosisco Gallery 615A Congress Street, Portland. Hours: Wed-Sat noon-5pm or by appointment. Works by Johanna Moore, through August 23. 874-2060 or art@aucosisco.com.

Aucosisco (at The Eastland Park Hotel) 157 High St., Portland. Hours: Wed-Sat noon-5pm. Works by Marilyn Blinkhorn, Maine modernist: watercolors by Terry Hill, and other works by Dozier Bell, Steven Burt, Michael Lewis and Jessica Gandolf through August 31. 775-2227 or art@aucosisco.com.

Blue Water Fine Arts Main St., Port Clyde. "25 years of painting Maine," by Barbara Ernst Prey, through August 18. 372-8470 or www.bluewaterfinearts.com.

C.W. White Gallery 656 Congress St., Portland, recent paintings by Sheila Geoffrion, through September 6. 871-7282 or info@cw-white-gallery.com.

Carnegie Gallery University of Maine, 5712 Carnegie Hall, Orono. Hours: Mon-Fri 9am-4pm. "J.D.: Four Artists from Vinalhaven" a group exhibit, through August 21.

Center for Maine Contemporary Art 162 Russell Ave., Rockport. Hours: Tues-Sat 10am-5pm, Sun noon-5pm. Work by Zdenek Mayercak, Melville McLean, Jennifer Gardiner and Lauren Fensterstock, through August 31. 236-2875 or www.artsmaine.org.

Chris Hellman Art Glass Gallery 55 Federal St., Portland. Featuring torch work decorated blown vessels and sculptures as well as Silver Vell abstract vessels by Chris Hellman, ongoing. 772-7940 or www.chrishellman.com.

Coolidge Center for the Arts 375 Little Harbor Rd., Portsmouth, NH. Waterworks-featuring paintings, wood carvings, photographs and sculpture for the garden, July 27-August 17. 436-6607.

Drake Farm Gallery 148 Lafayette Rd., North Hampton, NH. Hours: Mon-Sat 10am-6pm, Sun noon-6pm. Seacoast scenes in watercolor by Maddi Alana, through October 31.

Due 81 Market St., Portland. Works by Ian Factor and Stephen Lanzalotta, ongoing. 879-1869, 773-7730 or www.duegallery.com.

Eagull Gallery Main St., Stonington. "Belgian Pictures 1956-1997," by contemporary Belgian artist Vincent Delrez, through September 2. 367-5508.

Elan Fine Arts 8 Elm St., Rockland. Hours: Mon-Sat 10am-6pm, Sun 1-5pm. Group show through August 17. 596-9933 or www.elanfinearts.com.

Elizabeth & Main Gallery of Art 238 Main St. Gorham. Hours: Wed-Fri 10am-6pm, Sat-Sun 10am-4pm. Paintings by Michael C. Welch, through September 28. 671-8237.

Filament Gallery 181 Congress St., Portland. Featuring chairs and images of chairs, through August 30. 221-2061.

The Firehouse Gallery Damariscotta. Artwork by Tom Curry and Jon Imber, and jewelry by Holly Hamilton, through September 7. 563-7299.

Galaxy Fine Art 240 US Route 1, Falmouth. Hours: Sat 10am-4pm, Mon-Fri 10am-6pm, 781-3555. Group show of gallery artists Verner Reed, Veronica Benning, Estelle Roberge, Lori Tremblay, and Henry Peacock, ongoing.

The Gallery on Chase Hill 10 Chase Hill Rd., Kennebunkport. Works by Sally Caldwell Fisher, through August 29. 967-0049.

Gallery at the Crown 123 Middle St., Portland. "Life Fragments-Expression in Process," works by Philadelphia painter, Tremaine Smith and Maine Sculptor, Susan Wood, through August 30. 756-7399 or www.the-crown.com.

Gallery 302 38 Main St., Bridgton. Original work by Bridgton Art Guild members, ongoing. 674-2389.

Gallery At Widgeon Cove 31 Widgeon Cove Lane,

Harpeswell. Hours: Thurs-Sat and Monday 11am-5pm, Sundays 1-5pm, or by appointment. 833-6081.

* "Paintings of Tuscany", Pulp Paintings, Watercolors and Monotypes by Georgeann Kuhl, through September 7.

** "Themes on Meditation", sculptures by Condon Kuhl inspired by Japanese Shrines, through September 7.

** "Jewelry, thoughts of Tuscany" by Condon Kuhl, August 10-October 30.

Gallery Seven 49 Exchange St., Portland. Hours: Mon-Thurs 10am-6pm, Fri-Sat 10am-9pm, Sun noon-6pm. Exhibit of work by American craft artists in all media, ongoing. 761-7007.

George Marshall Store Gallery 140 Lindsay Rd., York. Hours: Tues-Sat noon-5pm, Sun 1-5pm. Paintings by Wendy Turner and Furniture by Peter Turner, through September 7. 351-1083 or www.olydork.org.

Gleason Fine Art 31 Townsend Ave., Boothbay Harbor. Hours: Tues-Sat 10am-5pm. "Landscapes of Maine" by Chris Nissen, through September 9. 633-0876 or www.gleasonfineart.com.

Green Design Furniture 267 Commercial St., Portland. Hours: Mon-Sat 10am-6pm. Wood constructions and mirrors by Richard Rockford, through October 15. 775-4234.

Greenhill Galleries 146 Middle St., Portland. "By Land and Sea," by Sarah Knock, 12 year Greenhill artist, through August 30. 772-2693.

Hole in the Wall Studioworks Route 302, Raymond. Mon-Sun 9:30am-5:30pm. Group show with Lou Mas-tro, Jennifer O'Toole, Kate Winn, through September 30. 555-4952.

The Hay Gallery 594 Congress St., Portland. 773-2513 or haygallery@earthlink.net

"Gallery 1- 'Reductive Landscapes', by Chris Calivas, through August 31.

* Gallery 3. "More Views from the Peninsula," by Don Ogier, through August 31.

Harpeswell Art & Craft Guild Gallery 123 Harpswell Neck. Hours: Sat-Sun 10am-5pm. Work of six guild members. 833-6081 or 833-6544.

ICA at MECA Porteous Building, Congress St., Portland. Exhibit by faculty who teach at the Skowhegan School of Painting and Sculpture, through September 28. 775-3052.

Jameson Gallery 305 Commercial St., Portland. Places... Apart," by Brita Holmquist, through August 30. 772-5522 or www.jamesongallery.com.

June Fitzpatrick Gallery 112 High St., Portland. Hours: noon-5pm, Tues-Fri, "Relative Moments-Moments in Time", black and white photographs by Melanie Bennett and Judy Ellis Glickman, through August 30. 772-1961.

June Fitzpatrick Gallery @ Maine College of Art 522 Congress St., Portland. Hours: Tues-Sun 12noon-5pm. "Cranberry Island" a decade of drawings and prints by Emily Nelligan and Marvin Bielek, through August 30. 879-5742 x283.

Little Sebago Gallery & Frame 765 Roosevelt Trail, Windham. Hours: Mon-Fri 9:30am-5pm, Sat 9:30-4pm. 892-8086 or info@littlesebago.com.

* Exhibit by Maine master painter, Alfred L. Waterman, August 11-September 6.

Local 188 Gallery 188 State St., Portland. New Paintings by Broadbent and Dahlquist, ongoing.

Long Hall Gallery Maine College of Art, Porteous Building, Portland. "Adventures in Art Student Exhibition", ongoing.

Lyn Snow Gallery 87 Market St., Portland. Hours: Sun-Thurs 10am-6pm, Fri-Sat 10am-7pm. Works by Lyn Snow, ongoing. 773-5252.

Mainely Frames & Gallery 534 Congress St., Portland. Hours: Mon-Wed 10am-6pm, Thurs and Fri 10am-8pm, Sat 10am-5pm, Sun noon-5pm. Pen-and-ink cityscapes by William C. Harrison and other work by gallery artists, ongoing. 828-0031.

Meyer Studio Gallery 51 Oak St., Portland. Hours: Wed-Fri 4-6pm, Sat-Sun noon-4pm. Exhibit of recent works by Louis Meyer, Matthew Meyer and Nathaniel Meyer, ongoing. 879-1323.

Nettie Ricker Art Gallery Rt. 26, Poland Spring. Hours: Tues-Sat 9am-4pm, Sun 9am-noon. Works by John Bowdren, Michael Raymond, John Bourassa and Sandy Manship, through August 23. 998-4142.

Photographic Traditions of Maine 125 Presumpscot St., Portland. Student work in optical photography from Maine's Colleges and Universities, through August 15. 774-8200.

Plum Gallery 142 High St., Suite 217, Portland. Hours: Tues-Fri 11am-4pm. DOT.DOT.DOTS!!! The simplest of elements exploited by artists in a multitude of ways, ongoing.

Portland Coalition Art Gallery 688 Congress St., Portland. Call ahead for hours. Exhibit of mixed-media works by artists associated with the Portland Coalition for the Psychiatrically Labeled, ongoing. 772-2208.

Portland Glassblowing Studio 24 Romasco Lane, Portland. Hours: Fri-Sun 10am-6pm. Glassblowing demonstrations and exhibit of contemporary glassware designed and made by studio owner Ben Coombs, ongoing. 409-4527.

Radiant Light Gallery 615 Congress Street, Suite 409, Portland. Hours: Thurs-Sat noon-7pm or by appointment. Two Masters of Light: Joy Goldkind and Robert Siegelman, photos using alternative printing techniques, through August. 252-7258 or radiantlightgallery.com.

Red Dot Gallery Via Group, 34 Danforth St., Portland.

Hours: by appointment. Works by Andrew Coffin, through September 8. 761-0288.

Salt Gallery 110 Exchange St., Portland. Hours: Tues-Sat 11:30am-4:30pm. "Forgotten People", through September 20.

Silver Image Resource Gallery 500 Congress St., rear studio, Portland. Hours by appointment or chance. 5-8pm first Fridays. Photography by Donna Lee Rollins, and Dennis Stein, hand-colored photographs, "Holga" prints, and digital images, ongoing. 767-0711.

Space Gallery 538 Congress St., Portland. Original paintings and mixed media by Dorette Amell. 828-5600.

Spindleworks Gallery 7 Lincoln St., Brunswick. Hours: Mon-Fri 8am-4pm.

Works by Betty Pinette, Al Tyrol, and Dale Hafford, through August. 725-8820.

The Stein Gallery 195 Middle St., Portland. 772-9072, info@steinglass.com or www.steinglass.com.

** "Elegant art deco forms" by George Bucquet, through August 24.

** "Amphoras" by Barry Entner, through September 28.

Studio 656 656 Congress St., Portland. Hours: Thurs and Fri 12noon-6pm. Works by John Driscoll, ongoing.

Thomas Moser Cabinetmakers 149 Main St., Freeport. Hours: Mon-Sat 10am-6pm, Sun 11am-5pm. Exhibit of paintings by Maine artists Abbott Meader, Kristin Malin and Marguerite Lawler, through September 29. 865-4519.

Thomas Spencer Gallery 360 Main Street, Yarmouth. Hours: Tues-Fri 10am-5pm, Sat 10am-4pm. "No Fear" by Laurie Little Rothrock, through August 30. 846-3643.

Toby Rosenberg Gallery 293 Read St., Portland. Hours: Mon-Sun noon-6pm. Handbags, clothing, cloth dolls, jewelry, contemporary American crafts, sculpture and Judaica, ongoing. 878-4590.

Yarmouth Historical Society Gallery Hours: Tues-Fri 1-5pm, Sat 10am-5pm. "Home Sweet Yarmouth Home." 846-6259.

Wiscasset Bay Gallery Wiscasset. Hours: Sun-Fri 10am-6pm, Sat 10am-8pm. "America and the Grand Tour", an exhibit of 19th and 20th century American and European art, August 9-September 26. 882-7682 or www.wiscassetbaygallery.com.

GALLERY TALKS

Impressionism: A New Way of Seeing - Monet, Renoir and Cassatt, learn from Museum Docent Caroline Hendry about these Impressionists ideas and see how they used these theories to change the course of art, August 15, noon and 6pm, Portland Museum of Art, 7 Congress Square, Portland. 775-6148 or www.portland-museum.org.

MUSEUMS

Abbe Museum Bar Harbor. "Dr. Abbe's 'Stone Age' Museum," through October 19. 288-3519.

Bowdoin College Museum of Art 9400 College St., Brunswick. Hours: Tues-Sat 10am-5pm, Sun 2-5pm. 725-3275.

** "Twists in Landscape" paintings by Joseph Haroutunian, through August 17.

* "Picasso, Matisse, and other modern masters from the William Alexander Collection, through September 19.

** "American Watercolors", through August 31.

** "The Art of War: Four Centuries of Images", through August 17.

Colby College Museum of Art Waterville. "Cherished Possessions: A New England Legacy", through October 27. 872-3228.

Currier Museum 201 Myrtle Way, Manchester, NH. Hours: Mon, Wed, Fri & Sun 11am-5pm, Thurs 11am-8pm. Sat 10am-5pm, Jan Miense Molenaer: Painter of the Dutch Golden Age, ongoing. 669-6144.

Davistown Museum Main St., Liberty. Hours: Sat & Sun 10am-5pm. "The Archaeology of Tools," work of over 75 contemporary Maine artists and craftspeople, ongoing. 589-4900.

The Fifth Maine Regiment Museum Peaks Island. New exhibit "Celebrating Community". 766-3330.

Maine Maritime Museum 243 Washington St., Bath. Hours: Mon-Sun 9:30am-5pm. Percy and Small Shipyard, exhibit. 443-1316.

Portland Harbor Museum Fort Rd., South Portland. "A Day in the Life of Portland Harbor, ongoing. 733-6337 or director@portlandharbormuseum.org.

Portland Museum of Art 7 Congress Square, Portland. Hours: 10am-5pm Tues, Wed, Thurs, Sat & Sun. 10am-9pm Fri. Memorial Day through Columbus Day open Mondays 10am-5pm. 775-6148 or (800) 639-4067.

** "Contemporary Art From the Permanent Collection," featuring the diversity of subject matter and style that have come to dominate the post-world war art scene, ongoing.

** "Fairfield Porter: A Life in Art, 1907-1975" exhibit examining the life and works of Fairfield Porter, through September 7.

** "Mapping Maine: Four Contemporary Views - part of a collaboration with the Osher Map Library of the University of Southern Maine, through August 24.

Casco Bay Weekly listings are a fun and free service to our readers. To have a listing considered for publication, send complete information (including dates, times, costs, complete address, a contact telephone number) by noon Thursday two weeks prior to publication. E-mail: listings@maine.rr.com.

OTHER VENUES

Bangor Theological Seminary 159 State St., Portland. The Abwom Banner (Aramaic Lord's Prayer) by John G. Burke, through August. 774-5212.

Clapp House Conference Room 97 Spring Street, Portland. Hours: Mon-Thurs 9am-4pm, Fri 9am-noon. Work by students from MECA's continuing studies "Botanical Watercolor" class, through August 22. www.meca.edu.

Coffee by Design 620 Congress St., Portland. Hours: Mon-Thurs 6:30am-8pm, Fri 6:30am-9pm, Sat 7am-9pm, Sun 7am-7pm. Paintings by Dennis Fournier, through September 6.

Coffee by Design 24 Monument Square, Portland. Hours: Mon-Fri 7am-5:30pm. Paintings by Dennis Fournier, through September 6.

Coffee by Design 67 India St. Portland. Mon-Fri 6:30am-7pm, Sat-Sun 7am-6pm. Works by Andrew L. Coffin, through September 6.

Diamond's Edge Restaurant Great Diamond Island. Hours: Sun-Sat 12-8pm or by appointment. Group exhibit through Labor Day weekend. 766-5850.

Falmouth Memorial Library 5 Lunt Road, Falmouth. Cowles Collages now on exhibit at the through August. 781-2351.

Freeport Community Library 10 Library Dr., Freeport. Hours: Mon. & Wed. 11:30am-8:00pm. Tues. & Thurs. 9:30am-5:00pm. Fri 11:30am-5:00pm. Celebrating the Flag - artwork from kindergarten, first and second grade classes at Morse St. School, through September 15. 865-5307.

Hilltop Coffee Shop 99 Congress St., Portland. "Adam's Artists" Adam's Elementary School's student artwork and silent auction, ongoing. 780-0025.

Katadina Restaurant 106 High St., Portland. Hours: Tues - Sat after 5pm. Paintings and drawings by local artist Thomas Cook, through September 30. 774-1740.

Lifeworks Chiropractic Center 202 Rt. 1, Suite 100, Falmouth. Featuring watercolors and acrylics of Maine Landscapes by Michael F. Morin, through August. 879-0919.

Massage Medicine Eastland Park Hotel, 157 High St., Portland. Body casts from the "I Am Project" viewing by appointment only. 866-287-8681 or www.massagemedicine.com.

Norway Savings Bank Rt. 1, Scarborough. Rotating exhibit of expressive seascape paintings and woodcuts by Elizabeth Fraser, through December.

The Osher Map Library USM's Glickmand Family Library, 314 Forest Ave., Portland. "Mapping the Republic: Conflicting Concepts of Territory and Character of the USA, 1790-1900," through January 8, 2004. 780-4850.

Riverdog Cafe 54 Water St., Wiscasset. Hours: Mon-Fri 6:30am-2:30pm, Sat-Sun 7am-3pm. Recent prints and paintings by Debra L. Arter.

Ubunt Home 305 Commercial St., Portland. Hours: Mon-Fri 10am-6pm, Sat-Sun noon-5pm. "African Souls/Portland" photographs by Marie Hamann. 761-9200.

Uffa Restaurant 190 State St., Longfellow Square, Portland. Color photographs of Maine Scenes by Martin Shuer, through September 30.

USM Southworth Planetarium 96 Falmouth St., Portland. "Heavens on Earth", ongoing. 780-4249.

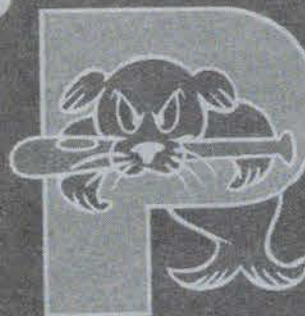
CALL FOR ARTISTS

Be part of the annual art show Arts & Artisans 2003 at Freeport Community Library, 10 Library Drive, Freeport. Exhibit your paintings, photographs, drawings and other creative endeavors in this eclectic summer show through August 28. 865-3307.

The Freeport Merchants Association is looking for a few more artists to round out a talented roster of 75 participants from throughout New England at the 5th Annual Fall in the Village Art Festival, September 6, L.L. Bean Discovery Park. 865-1212.

Lollipop Art Productions is looking for visual artists who work in any type of paint medium or framed sculpture to apply to show their work in a unique corporate environment for a four-month period from September-December 2003. Selection will be made around August 25. Lollipop Art Productions, 111 State St. #3, Portland. Lollipop_artproductions@yahoo.com

PORTLAND Sea Dogs



HOME SCHEDULE

AUGUST

- 07 BINGHAMTON METS 7 PM
- 08 BINGHAMTON METS 7 PM
- 09 BINGHAMTON METS 6 PM
- 10 BINGHAMTON METS 1 PM
- 19 NORWICH NAVIGATORS 7 PM
- 20 NORWICH NAVIGATORS 7 PM
- 21 NORWICH NAVIGATORS 12 PM
- 22 ERIE SEA WOLVES 7 PM
- 23 ERIE SEA WOLVES 6 PM
- 24 ERIE SEA WOLVES 1 PM
- 29 NEW HAVEN RAVENS 7 PM
- 30 NEW HAVEN RAVENS 1 PM
- 31 NEW HAVEN RAVENS 1 PM

CONTACT THE TICKET OFFICE AT 879-9500 OR TOLL FREE AT 1-800-936-3647

stage door

THEATER/COMEDY

"Stand Up Shakespeare" performance 1 "Meet Mr. Shakespeare" for K-5th grade, 3pm, and performance 2 "Shakespeare, the Lunatic the Lover and the Poet" for teens and adults, 7pm, August 14, Warren Memorial Library Auditorium, 479 Main St., Westbrook. 854-5891.

"Triple Espresso" music, magic & mayhem abound when Hugh Butternut, Bobby Bean & Buzz Maxwell reunite at the Triple Espresso coffeehouse and reenact their ill-fated forays into show business, through August 31, Portland Stage Co., 25A Forest Ave., Portland. 774-0465 or www.portlandstage.com.

AUDITIONS

"1940's Radio Hour" a nostalgic musical creates an authentic live radio broadcast from 1942, with music, commercial jingles and comedy sketches. The ensemble cast consists of 8 men and 4 women. Come prepared to sing - you may bring your own music or we will provide music for you, August 25 and 26, 6:30pm, Norway Grange, Whitman St., Norway. 642-7840.

Musica de Filia all girl choir will be holding auditions for fall membership on August 18 and 21, September 8 and 11. Superb choral performance training for girls aged 8-18. 767-4815 (please call 854-0363 August 14-18).

Portland Community Chorus fall concert "Hymns for America" auditions will be held, August 19, 20 and 26 by appointment only. 892-9437 before August 18.

Portland Stage Company will be holding General Local Equity and Non Equity Auditions for the 2003-2004 season. By appointment only, August 21 and 22, noon-7pm, Portland Stage Company, 25A Forest Ave., Portland. 774-1043 x101.

Casco Bay Weekly listings are a fun and free service to our readers. To have a listing considered for publication, send complete information (including dates, times, costs, complete address, a contact telephone number) by no later than noon on Thursday prior to publication. E-mail: listings@maine.rr.com.

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Union Tribune

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(207) 774-0465

Music directory

The Alehouse 30 Market St, Portland. 253-5100.
American Legion Post #62 17 Dunn St, Westbrook. 856-7152.
Amigo's 9 Dana St, Portland. 772-0772.
Asylum 121 Center St, Portland. 772-8274.
Barbara's Kitchen & Cafe 388 Cottage Road, So. Portland. 767-6313.
The Big Easy 55 Market St, Portland. 871-8817.
The Big Kahuna Cafe 142 Main St, Bridgton 647-9031.
Bowdoin College Chapel Brunswick. 725-3321.
Bramhall Pub 769 Congress St, Portland. 773-9873.
Breakaway 35 India St, Portland. 541-4804.
Bridgeway Restaurant 71 Ocean St, South Portland. 799-5418.
Brian Boru 57 Center St, Portland. 780-1506.
Brooks Student Center Univ. of Southern Maine, Gorham. 780-5003.
Bull Feeney's 375 Fore St, Portland. 773-7210.
Casco Bay Lines 56 Commercial St, Portland. 774-7871.
Cathedral Church of St. Luke 143 State St, Portland. 772-5434.
Cathedral of the Immaculate Conception 307 Congress St, Portland. 773-7746.
Center for Cultural Exchange 1 Longfellow Sq., Portland. 761-1545.
Chocolate Church Arts Center 798 Washington St, Bath. 442-8455.
C.J. Thirsty's 726 Forest Ave, Portland. 775-6681.
Civic Center Between Spring and Free streets, Portland. 775-3458.
Clyde's Pub 173 Ocean St, South Portland. 799-4135.
Commercial Street Pub 129 Commercial St, Portland. 761-9970.
Cornhill Concert Hall 37 College Ave, University of Southern Maine, Gorham campus. 780-5555.
Crocker Theater Brunswick High School, Maquitt Road, Brunswick. 725-3895.
David's Restaurant 22 Monument Square, Portland. 773-4340.
Deertrees Theatre & Cultural Centre Deertrees Road, Harrison. 583-6747.
Digger's 440 Fore St, Portland. 774-9595.
Discovery Park L.L. Bean, Main Street, Freeport. (800) 559-0747 X37222.
Downeast Restaurant 705 Route 1, Yarmouth. 846-5161.
First Parish Church of Portland 425 Congress St, Portland. 773-5747.
The Flatbread Company 72 Commercial St, Portland. 772-8777.
Free Street Taverna 128 Free St, Portland. 772-5483.
Geno's 13 Brown St, Portland. 772-7891.
Granny's Burritos 420 Fore St, Portland. 828-1579.
Gritty McDuff's 396 Fore St, Portland. 772-2739.
Happy Cooking 78 Island Ave, Peaks Island. 766-5578.
Headliners 35 Wharf St, Portland. 773-1570.
The Iguana 32 Wharf St, Portland. 871-5886.
The Industry 50 Wharf St, Portland. 879-0865.
Jonathan's Restaurant 92 Bourne Lane, Ogunquit. 646-4777.
Kennebunk Coffeehouse Routes 1 and 35, Kennebunk. 229-0212.
Kresge Auditorium Bowdoin College, Brunswick. 725-3321.
Liquid Blue 446 Fore St, Portland. 774-9595.
Local 188 188 State St, Portland. 761-7909.
Ludke Auditorium UNE, 716 Stevens Ave, Portland. 797-7261.
Mast Cove Galleries Mast Cove Lane, Kennebunkport. 967-3453.
Mathew's Lounge 133 Free St, Portland. 253-1812.
The Mercury 416 Fore St, Portland. 879-4007.
Merrill Auditorium 20 Myrtle St, Portland. 842-0800.
Moose Crossing Steakhouse 270 U.S. Rt. 1, Falmouth. 781-4771.
The Music Hall 28 Chestnut St, Portsmouth, NH. (603) 433-3100.
Norway Coffeehouse 479 Main St., Norway.
Old Orchard Beach Pavilion 17 Prospect St, Old Orchard Beach. 934-2024.
Old Port Tavern 11 Moulton St, Portland. 774-0444.
Olin Arts Center 75 Russell St, Bates College, Lewiston. 786-6252.
O'Rourke's Landing 175 West Benjamin Pickett St, So. Portland. 767-3611.
The Pavilion 188 Middle St, Portland. 773-6422.
Plush 54 Wharf St, Portland. 774-9595.
Portland Conservatory of Music 116 Free St, Portland. 775-3356.
Portland Museum of Art 7 Congress Square, Portland. 775-6148.
Portland Public Market 25 Preble St, Portland. 228-2000.
Pub 21 (Fifties Pub) 223 Congress St, Portland. 771-5382.
Red Hook Brewery 35 Corporate Drive, Portsmouth, NH. (603) 430-8600.
Rick's 100 Congress St, Portland. 775-7772.
RiRa 72 Commercial St, Portland. 761-4446.
The River Tree Center for the Arts 35 Western Ave., Kennebunk. 967-9120.
The Roost Chicopee Road, Buxton. 642-2148.
St. Lawrence Arts & Community Center 76 Congress St, Portland. 775-5568.
Saco River Grange Hall Salmon Falls Road, Bar Mills. 929-6472.
Sierra's Bar & Grill Routes 25 and 114, Gorham. 839-3500.
Silly's Restaurant 40 Washington Ave., Portland. 772-0360.
Silver House Tavern 340 Fore St, Portland. 772-9885.
Sisters 45 Danforth St, Portland. 774-1505.
Slates 169 Water Street, Halliwell. 622-9575.
Sky Bar 188 Middle St, Portland. 773-6422.
Somewhere 117 Spring St, Portland. 871-9169.
South Freeport Church 98 South Freeport St, Freeport. 865-4012.
The Space 538 Congress St., Portland. 828-5600.
Starbird Recital Hall 525 Forest Ave, Portland. 775-2733.
State Street Church 159 State St, Portland. 774-6396.
State Theatre 609 Congress St, Portland. 775-3331.
The Station 272 St. John St, Portland. 773-3466.
Three Dollar Dewey's 241 Commercial St, Portland. 772-3310.
Top of the East 157 High St., Portland. 775-5411.
Una 505 Fore St, Portland. 828-0300.
The Underground 3 Spring St, Portland. 773-3315.
The Well 369 Forest Ave., Portland. 828-1778.
Wizard's Main St., Presque Isle. 764-0144.

Thursday 14

The Alehouse
Snake Oil Medicine (9pm/21+)
Barnhouse Tavern
DJ Jim Casey (9pm)
Bottomz Up
DJ Cochise (9pm/21+)
The Bramhall Pub
The Jerks of Grass (bluegrass/9:30pm/21+)
Brian Boru
Stream (Reggae/9pm/21+)
Bull Feeney's
Governor Vessel (8pm/21+)
Free Street Taverna
Shanna & The Hawk (9:30pm/21+)
Headliners
DJ Baby J (9pm/21+)
McGillcuddy's (Brunswick)
Ken Grimsley and Dave Dodge (acoustic)
Monument Square (Portland)
Addison Groove Project/Tony McNaboe (5-7:30pm)
Moose Crossing Steakhouse
Gerry Berry Quartet (7:30pm)
Old Port Tavern
Karaoke w/ DJ Mike C (9:30pm/21+)
Pat's Pizza (Windham)
Chris Hawley
Port Hole
Desperate Avikadoz (rock/8-11pm)
St. Lawrence Arts and Community Center
The Edith Jones Project (7:30pm)
Space
Barn Burning (roots rock/8pm/21+)
State Theatre
Jeremiah Freed/Rocktopus/Even All Out (8pm)
The Station
DJ Cougar/Karaoke (9:30pm/21+)
Three Dollar Dewey's
Ben, Charlie and Scott (6-10pm)

Friday 15

The Alehouse
Sly Chi (9pm/21+)
Azure Italian Cafe (Freeport)
Just Friends (5:30-9:30pm)
Big Kahuna Cafe (Bridgton)
Harvey Reid (8pm)
Brian Boru
Irish session music (3-7pm)
David's Restaurant
Jenny Woodman Acoustic Duo (6pm)
Free Street Taverna
Open Mic w/ Tyler of Sly Chi (9pm/21+)
Geno's
Dirt Bike Annie
Jones Landing
Zion Train (reggae/1pm)
Old Port Tavern
Karaoke w/ DJ Mike C. (9:30pm/21+)
RiRa
Sly Chi (11am)
St. Lawrence Arts and Community Center
5000 Strings of the Sun (4pm-midnight)
The Station
DJ Cougar/Karaoke (9:30pm)
Three Dollar Dewey's
Jud Caswell (4-8pm)
Una
Spundaze w/ DJ triple j
Monday 18
Alehouse
Swamp Donkey (9pm/21+)
The Big Easy
Ryan McCalmon (10pm/21+)
Bottomz Up

Enter the Haggis (10pm)
Sisters
DJ (9pm/21+)
The Station
Dance DJs (9:30pm/21+)
Una
DJ Mike Said

Saturday 16

Alehouse
Slowing Room (9pm/21+)
Big Kahuna Cafe (Bridgton)
Harvey Reid (8pm)
Bottomz Up
DJ (9pm/21+)
Bridgeway Restaurant
Bobby Laine (Piano/6-10pm)
Free Street Taverna
Alex McMurray (9:30pm/21+)
Geno's
Tub Ring/Confusatron (9pm/21+)
Headliners
DJ Baby J (9pm/21+)
Old Port Tavern
Strict 9 (rock/9pm/21+)
Port Hole
Potato Pickers (folk/2:30-5pm)
Jason Spooner Trio (folk/9pm)
RiRa
Heirloom (10pm/21+)
St. Lawrence Arts and Community Center
Steve Gerlach/Jud Caswell (folk/8pm)
Seadog Brewing Co. (Topsham)
The Grumps (9pm)
Sisters
Top 40's DJ (8:30pm/21+)
Una
DJ Marcus Cain
Yosaku (Portland)
The Marc Chillemi Quartet (jazz/9-11pm)

Sunday 17

The Alehouse
Stream (Reggae/9pm/21+)
Big Easy
DJ Jay (10pm/21+)
Bottomz Up
Dave Angels and the Memories (8pm/21+)
Brian Boru
Irish session music (3-7pm)
David's Restaurant
Jenny Woodman Acoustic Duo (6pm)
Free Street Taverna
Open Mic w/ Tyler of Sly Chi (9pm/21+)
Geno's
Dirt Bike Annie
Jones Landing
Zion Train (reggae/1pm)
Old Port Tavern
Karaoke w/ DJ Mike C. (9:30pm/21+)
RiRa
Sly Chi (11am)
St. Lawrence Arts and Community Center
5000 Strings of the Sun (4pm-midnight)
The Station
DJ Cougar/Karaoke (9:30pm)
Three Dollar Dewey's
Jud Caswell (4-8pm)
Una
Spundaze w/ DJ triple j

Monday 18

Alehouse
Swamp Donkey (9pm/21+)
The Big Easy
Ryan McCalmon (10pm/21+)
Bottomz Up

listening posts

music seen

Start Pouring the Sugar, Def Leppard is Back

by Michael Poliskey

Def Leppard is coming back to town to rock The Cumberland County Civic Center on August 18th. Def Leppard was an MTV mainstay throughout the Eighties and early Nineties, and still are considered huge throughout the rock world. Even though they get no MTV airplay, who does nowadays, they are still making new albums and touring. They've been on the road since last June, and will be continuing to tour into November in support of their tenth album, *X*. Mention their name to anyone in their 20's and you get the same response: "Pour some sugar on me/ooh, in the name of love/Pour some sugar on me/c'mon fire me up" line, or "Armageddon it / Ooh, really gettin' it?/Yes armageddon it / C'mon get it." sung to you. Everyone knows a Def Leppard lyric or two.

I recently got to chat with lead-singer, Joe Elliott, while he was taking a break before a show in Quebec. We chatted of old Portland memories, Mariah Carey, and what's up with today's music scene.

Joe remembers that he and the rest of Def Leppard opened for Ozzy Osbourne during *The Blizzard of Oz* tour back in 1981 at The Civic Center. I asked him if he remembered the late Randy Rhoads who was Ozzy's hot-shot guitarist for two albums, who past away in March of 1982, not long after the show in Portland. Rhoads was a big reason Ozzy made such a impact with his solo career. As far as guitarists were concerned in '81, there was Eddie Van Halen, and Randy Rhoads. "Randy was great. He was a humble guy. Always practicing."

Twenty-two years later, what are we to expect from a Def Leppard show in 2003? "I don't know," exclaims Elliott. No

worries though. They've been doing it long enough where Joe says, "We figure it out about an hour before we go on." Rock and Roll.

Elliott has no particular favorite venue to play, although I did ask if he liked to play in Portland. He does have a favorite sort of venue. "A good venue for me is when the crowd is louder than the band, and that can be anywhere. A good crowd is a great crowd." Elliott mentions Def Leppard has yet to play Russia, and their first time will be this November. There are still places the band hasn't played. I found that surprising for a band that has been around for 23 years.

Over the past 23 years there have been a lot of music scenes that have come and gone. So what does Joe Elliott think of recent music that populates the airwaves? "You can take it or leave it. I don't judge it by the artist, I judge it by the song. I was one of the only kids in school who bought Crazy Horse by the Osmonds. I thought it was a great rock song." Joe pauses. "I admit, I bought it in a brown paper bag."

A good sign that you've made it is when people start to cover your songs. Def Leppard has already made it, and now people are coming around. "A lot of people have been saying to me recently, 'You must hate Mariah Carey's version of *Heartbreak*?' I'm like, 'No I don't.' I think it's about time someone of her stature actually covered one of our songs." Elliott seems happy that people are covering Def Leppard's songs, but adds, "I may not like it as much as I'd like [Mariah's version]."

He continues, "There isn't anything necessarily better coming out now than there was coming out in '79. I might still prefer the Pretenders to Justin Timberlake. When I was a kid there be at least one song a week I'd want to buy a 7 inch sin-

gle, nowadays it's like once every three months."

What about his own music? "I don't have a favorite, I have a least favorite. *On Through the Nights* is the hardest one for me to listen because of the way we recorded it, and how long we spent on it; which was zero and drunk. It was represented by a bunch of kids that were fifteen, eighteen, and nineteen. It wasn't as good as the first Van Halen album."

Elliott also mentions which way each band has gone throughout their careers. "They [Van Halen] started off with their best record, and went downhill. I think with us, we actually took off the other way, and I think it's the tortoise and the hare effect. We were always a long term proposition, cause we actually built up to something. It took ten years to get our first hit in England."

I mention to Joe Elliott that I checked the Def Leppard message board online and that there are people planning on driving 12 hours to see the upcoming show in Portland. This is no surprise to Elliott. "We had people fly into New York from Tokyo."

I mention that the older fans now have children, and that their children are becoming the next generation of Def Leppard fans. "The other night, I saw a bunch of kids that couldn't of been any more than eight or nine, and they were singing every word to every song. I couldn't help but thinking, 'I hope that they hadn't been brow-beaten into this. I hope it was by choice, not by force.' But they seemed to be enjoying themselves. They weren't singing along with a gun to their head."

I think the new generation is getting it. Yes, Armageddon it. They're really getting it.



Got a gig? Is the next big thing coming to your club or venue? Casco Bay Weekly wants to know! Please send your music listings (including date, location, performer, genre, time and cover charge), to Listings, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, fax: 775-1615, or e-mail: listings@maine.cc.com. Listings must be in by the Thursday prior to publication.



listings

HAPPENINGS

Thursday, August 14

Can't Fail Fudge 2:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.
Historian Alex Grab speaks on the history of Middle East conflicts, 7pm, U-U Church, 37 Miller St., Belfast. Cathy Mink, 338-4920.
New England Blue Grass WBACH/RTCA, concert on the Green, 7pm, Temple St., Kennebunkport. 967-9120 or www.rivertrearts.org.
Static Electricity discover charges first-hand with the Museum's Van De Graaf Generator, 2pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.

Friday, August 15

Arts and Craft Show 10am-3pm, Higgins Beach Clubhouse, Greenwood Ave. (off Rt. 77), Scarborough. 885-5087.
Artscapes: Octopus Hats 3pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.
Forest Explorers examine tree cookies, understand how a tree grows, write your own tree story, 1pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.

Saturday August 16

Arts and Craft Show 10am-3pm, Higgins Beach Clubhouse, Greenwood Ave. (off Rt. 77), Scarborough. 885-5087.
Art Studio: Flying Fish 2pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.
Baked Bean Supper 5-6pm, Westbrook-Warren Congregational Church, Fellowship Hall, 810 Main St., Westbrook. 854-9157.
Bird Banding Demonstration band, weigh, measure and identify the sex and age of numerous birds, 8-11am, weather permitting, 20 Gillsland Farm Rd., Falmouth. 781-2330 x215.
Booksigning by Kristen Britain author of *Green Rider* and its sequel, *First Riders Call*, 2pm, Barnes & Noble, 9 Marketplace Drive, Augusta. 621-0038.
Booksigning with Susan Hand Shetterly, children's author of award winning children's book "Shelterwood," 11am-3pm, L.L. Bean, Freeport. 582-1899.
The Daughters of the American Revolution will hold their fifty-sixth Annual Service, 11am, Cathedral of the Pines, 75 Cathedral Entrance, Rindge, NH. 603-899-3300.
"Home Movie Day" a chance for all to come and view some local history, and show their own home movies to the public, 1-4pm, Space, 538 Congress St., Portland. www.homemovieday.com.
53rd Maine Retired Skipper's Race and festivities beginning at 9am and continuing throughout the day, Maine Maritime Academy. 888-333-8379.
MS Regatta Harborfest celebration - the 22nd annual Sillboat Regatta, through August 17. 761-5815, 800-639-1330 or www.msmaine.org.
Puppet Playhouse see a play and try your hand behind the stage, 11:30am & noon, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.
Kennebec River Bicycle Tour a 10-mile ride along the Kennebec River in Gardiner. 582-6710 or 623-4511.
Summer Arts Festival arts and entertainment, 10am-6pm, River Tree Center for the Arts, 354 Western Ave., Kennebunk. 967-9120 or www.rivertrearts.org.

Sunday, August 17

Art Adventures finger puppets - cut out a character and make it dance with your fingers, 2:30-3:30pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.
Don & Cindy Roy with Fiddle & Piano, in our covered, open-air marketplace rain or shine, bring your own lawn chairs, 2:30pm, O'Donal's Nurseries, 6 County Rd., Gorham. 839-4262.
Portland Chamber Music Festival Children's Concert a musical adaptation of the children's fable "Goldilocks and the Three Bears", and a musical rendition of "The Ugly Duckling", 12:30 & 2pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.
MS Regatta Harborfest 3rd annual Tugboat Muster, the 1st annual MS Powerboat Poker Run, shoreside festivities and entertainment. 761-5815, 800-639-1330 or log onto www.msmaine.org.
Shark Dissection 2pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.

seum.org.

Monday, August 18

Artscapes: Sand Jars 3pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.
"19th Century Ship Captains in Fact and Fiction" 7:30pm, Cousins Island Community House, Cousins St., Yarmouth. 846-6259.
Movies in the Park "Shrek", dusk, Congress Square, Portland. 772-6828 or www.portlandmaine.com.
Tai Chi and Chi Kung demonstration by Nancy Ferguson, 6:30pm, Lithgow Public Library, Winthrop St., Augusta. 626-2415.
Track Twister tie yourself in knots and learn some animal tracks, 11am, 1 and 3pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.

Tuesday, August 19

Blessed Trinity Church Catholic Mass, 11am, Cathedral of the Pines, 75 Cathedral Entrance, Rindge, NH. 603-899-3300.
18th Century Furniture and Carving arts lecture by Alan Breed, 7pm, River Tree Center for the Arts, 354 Western Ave., Kennebunk. 967-9120.
Preschool Storytime 1:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.

Wednesday, August 20

Artscapes: Sand Jars 3pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscovery-museum.org.
Bath Municipal Dance Band 7-8:30pm, Brunswick Mall, downtown Maine St. Park, Brunswick. 725-8797.
Big Messy Art necklace painting, dip in paint and see what you can design, 2-4pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 or www.kitetails.com.
Brown Bag Lecture Jennifer Finney Boylan author of *She's Not There*, noon-1pm, Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. 871-1710 or www.portlandlibrary.org.
Expectant Parent Seminar to help educate expectant and new parents about safety and health, 6:30pm, Babies' R' Us, South Portland. 773-4861.
Noonday Organ Recital with Harold Stover, 12:15pm, Cathedral of the Immaculate Conception, Cumberland Ave. & Franklin St. 773-0508.

ONGOING

Amnesty International meets the second Tuesday of the Month at Casco Bay Ferry Terminal's Conference Room, Commercial Street, Portland, at 7:30pm. 874-6928.
Art of Maine Classes each Friday, study 4 Maine artists and their art form, children ages 10 and up, 12:30pm-2pm, Craft room, Warren Memorial Library, 479 Main St., Westbrook. 854-5891.
Art Night Out open bead night, Wednesday evenings, 6-9pm, 352 Cottage Road, South Portland. 799-5154.
Ben Radnick & Friends Weekly Kidz Series, 1pm, Post Office Park, Portland. 772-6828 or www.portlandmaine.com.
The Brain Tumor Support Group of Maine, 7-9pm, second Tuesday of each month, Maine Medical Center's Charles A. Dana Health Education Center, room #1, 22 Bramhall St., Portland. 871-4527 or fortin@mmc.org.
Buddhism in Portland meditation and to study the Dharma, 7-9pm, every Wednesday, 774-1545.
Child Safety workshops to help educate parents, and about proper/legal car seats for children, and about the new laws in effect, 6pm, every second Tuesday, Babies-R-Us in South Portland.
The Children's Hour special children's tour of Wadsworth-Longfellow House. Adults must accompany children, 1-2pm, Tuesdays in August. 774-1822 or jfoeden@mainehistory.org.
The City of Portland's Downtown Portland Corporation meets 4pm, third Thursday of every month. 874-8663.
Co-Dependants Anonymous a 12 step fellowship of people whose common purpose is to develop healthy relationships, meets 6-7:30pm, Tuesdays, Brighton Medical Center, 3rd floor, small conference room. 878-6632.
Computer Access open to the public, 6-8pm, Wednesdays & Thursdays, Portland West, 181 Brackett St., Portland. 775-0105 x27.
Creative Resource Center Activities Kids ages three and up are welcome to drop in and make their own fish puppets using paper and collage materials, 11am-5pm, Tues-Sat, each week in August, Creative Resource Center, 1103 Forest Ave, Portland. 797-9543.

Debtors Anonymous is a recovery program for people with chronic debt based on the 12 steps of Alcoholics Anonymous, meets 7pm, Tuesdays, Woodfords Congregational Church, 202 Woodfords St., Portland. 774-4357.

Divorce Support Group The Greater Portland Spiritual Separated and Divorced Support Group meets 7pm, Tuesdays, Cathedral of the Immaculate Conception Rectory, 307 Congress St., Portland. 797-9374.
Dual Recovery Anonymous (DRA) self-help recovery program for those recovering from addiction and emotional problems meets 3:15pm, Mondays, McGahey Hall, 216 Vaughan St., 1st floor group room AND 1pm, Tuesdays, Breakfast Room at Community Resource Center. 774-HELP.

The "Father's Heart" worship and praise ministry, hosted by Prophetic Destiny Ministries, 3-5:30pm, every third Sunday of every month, Sky-Hy conference center, 32 Sky-Hy Drive, Topsham. 725-7577.
Feminist Spiritual Community for rituals celebrating the divine feminine, ourselves, and for healing. All women are welcome to our non-hierarchical all volunteer group which uses circle process and shared leadership, meets every Monday, 7-9pm. 774-2830.
Food Not Bombs The group distributes free food to the masses, 2-4:20pm, Sundays, Monument Square, Portland. 774-2801.

Free School event where artists, craftspeople, dancers, and teachers of all kinds offer workshops to the public, 7pm, every first Monday of the month, Portland West, 181 Brackett St.
Gays and Lesbians Adopting a new support group and resource exchange for LGBT foster and adoptive families in Maine, meets the third Friday of each month. 773-3023 or mainegala@hotmail.com.
Geographic Information Systems Clinic, open to anyone with a GIS questions, research, problem, research idea, or general interest, 9:30-11:30am, Wednesdays, and Open GIS Seminar, noon-1pm, every Wednesday, Room 302, Bailey Hall, USM Gorham. 780-5063.

"Getting Started" workshop providing an important overview to historic home ownership and preservation, 9am-4pm, Saturdays, Walker Memorial Library, Main St., Westbrook.

The Greater Portland Maine Genealogical Society meets 2pm, the first Saturday of each month, Falmouth Congregational Hall, 267 Falmouth Road, Falmouth. 797-7927.

The Greater Portland Parkinson Support Group all those with Parkinson's, as well as their families and friends are welcome, 2pm, the fourth Sunday of each month, Falmouth Congregational hall, 267 Falmouth Road, Falmouth. 797-4927 or 774-3312.

Inner Light Spiritualist Church healing Service 6pm, Main Service 6:30pm, Sundays, Memorial Chapel, 2nd floor, Williston-West Church of Christ, 32 Thomas Street, Portland. 831-0702, 786-4401 or glorygirl@id-maine.com.

Kids First Center a non-profit organization that offers programs with the purpose of providing practical information and suggestions to help separating or divorcing parents focus on the needs of their children. For program dates and additional information: 761-2709, kidsfirst@nils.net, or write: 222 St. John St. Suite 101, Portland, ME 04102.

The League of United Latin American Citizens meets 6pm, fourth Thursday of each month, Reiche Chapel, 166 Brackett St., Portland. 767-3642.

The Longfellow Trail hour-long walking tour through historic Portland, visits sites the poet knew and wrote about 1-2pm, Wednesdays in August, Maine Historical Society, 489 Congress Street, Portland. 774-1822 or www.mainehistory.org.

Look Good, Feel Better sessions for women with appearance-related side effects from cancer treatment, 1-3pm, 2nd Monday of each month & 5:30-7:30pm, 4th Monday of each month, Cancer Community Center, Route 1, South Portland. 774-2200.

Lunch for Children provided by the Westbrook Salvation Army and East End Kid's Catering of Portland throughout the summer for children 18 years and under, Monday-Friday, noon-1pm, Salvation Army, 11 Bridge St., Westbrook. 856-7729 or visit servicewestbrook.org.

The Maine Breast and Cervical Health Program provides free mammograms and pap tests to women 40-64 who are uninsured or have high deductibles on their insurance. 874-1140 x324.

The Maine Renaissance Faire 10am-5pm, through August 17, Lord Rd., off Rt. 202, Lebanon. 926-5693 or www.mainerenaire.com.

Maine Writers and Publishers Alliance presents informal writers' jam sessions open to all genres, 7pm, second Thursday of each month, Mr. Paperback Café, Lewiston. 729-6333 or sarah@mainewriters.org.

Maine Writers and Publishers Alliance presents "drink, art & open mic" open to all genres, 7pm, second

Monday of each month, Local 188, Longfellow Square, Portland. 729-4333 or www.maineartists.org.

Man to Man Monthly discussion group meets first Thursday of the month to discuss issues pertaining to men's lives. All men over the age of 18 are welcome. At the Center for Cultural Exchange, 1 Longfellow Square, Portland, from 7-9pm. Free. 865-2048.

Mom to Mom representatives from local preschool and elementary schools will come to talk about different school philosophies and school preparedness, held on the 4th Wednesday of each month, Dana Center, Maine Medical Center, Portland. 282-1160 or 797-6384.

NAMI CHOICES support group for family and friends of people with mental illness meets 7pm, second and fourth Monday of each month, the Dana Center, Maine Med. 775-5242.

Organ Meditations 11am-3:30pm, Tuesdays, Wednesdays and Thursdays in August, Cathedral of the Pines, Rindge, NH. (603) 833-3311.

"Peer critique" Artists are encouraged to bring works of art, either in progress or complete, to share with others. A "peer critique" offers encouraging and supportive comment from fellow artists, as well as suggestions for change and improvement, hosted on the second Tuesday of each month, Center for Maine Contemporary Art. 236-2875.

People's Free Space where people can connect to their community, share resources and ideas through food, information, art and events, 7pm, every 1st and 3rd Wednesday of each month, Portland West, 181 Brackett St., Portland.

Poetry Slam 8pm, second Tuesday of each month, Alehouse, Market St., Portland. 329-9481.

Red Wheelbarrow Books and Café Poetry Reading, second Thursday of each month, 247A Congress Street. 774-6863.

Salvation Army Senior Center Drop-in center for serving people age 60 and over in the Greater Portland area, 9am-3pm, Mon-Fri, 297 Cumberland Ave, Portland. 774-6304.

Sangha/Meditation Practice 10-11am, first and third Sunday of each month, Greenleaf Studio, Freeport. 865-0744.

Score of Portland offers free counseling on all aspects of business, marketing and personnel relations on an individual confidential basis. Score Speakers Bureau supplies programs on business subjects at no charge. 772-1417.

Sexual Assault Services of Southern Maine offering twelve week support groups for men, women and adolescent survivors of rape, incest, and child sexual abuse. 800-313-9900.

Sing rounds and women-centered chants, 1:15-2:15pm, Wednesdays, when classes are in session, Honors Building basement, open to the public. 780-4321.

SisterSpace a lesbian social group - all lesbians are welcome! 5-9pm, meets the last Saturday of each month, Williston West Church, 33 Thomas St., Portland. 878-6632 or 892-3135 or sisterspace@yahoo.com.

Sitting Meditation in the Tibetan Buddhist Tradition as taught in the Tibetan Book of Living and Dying, 9-11am, every Sunday, Rigpa Maine, 169 State St., Portland. 657-2438.

Storytelling/Spoken Word Open Mic every 2nd Wednesday of each month, 7-9pm, 859-1886 or moosetel@maine.rr.com.

Survivors of Suicide bereavement support group for family members and close friends of one who has died by suicide, 7pm, every 2nd and 4th Monday, classroom #1, Dana Center, Maine Medical Center. 871-4226.

Tate House Museum regular tours are Tues-Sat 10am-4pm, Sun 1-4pm, Thurs 4-7pm. The Wednesday Garden Day Program is 10am-4pm through September 10. Architecture tours, 10:30am & 1:30pm, every other Thursday through September. 774-6177. 774-6177 or www.tatehouse.org.

Tuesdays with Zola Prophecy 2000 The Era of racing technology, cultural changes, political challenges, and religious questions are covered with some of Humanity's best experts dissecting Biblical and Worldly Concerns. 7pm, West Falmouth Baptist Church, Mountain Rd., Falmouth. 773-0871 or 797-4066.

Underground Railroad Tours Peace Action Maine member Wells Staley-Mays gives tours of Portland's Underground Railway and other sites important to African-American history. Complete tour is two hours or less. 772-7249.

Victorian Arts & Recreations for children ages 5-12, 1-2pm, Thursdays in August, Maine Historical Society, 489 Congress Street, Portland. 774-1822 or www.maine-history.org.

Warren Memorial Library Books and Babies-for babies 6-24 months old and their caregivers, Tuesdays, 9:30 am. Tales for Toddlers for toddlers 2-3 years old and their caregivers, Tuesdays, 10:30am. Read-Aloud Time, for children 3-5 years old (preschoolers) and caregivers. Wednesdays, 479 Main Street, Westbrook. 854-5891.

press box Not Just Balls and Strikes

by John Christian Hageny

They arrive about an hour and a half before game time. They have come a long way to be here. Forgotten towns scattered across the continent like Silverdale, Washington, Jackson, Mississippi and even St. Catherines, Ontario. Just like Portland Sea Dogs baseball players, Umpires in the Eastern League live the hardships of Minor League Baseball.

There is no air travel for these Eastern League arbiters. No in-flight movie or baggage checks. They travel by van, stay in random hotels for a few days and then once again are on the move. Umpires drive the Eastern League circuit all season.

Of the twelve teams in the league, Akron, Ohio and Portland, Maine are considered the "extreme" cities, separated by 740 miles. That's a lot of hours on the road.

Umpires in the Eastern League are a tight-knit group and are always in close contact with each other. Just like the ballplayers, there are standards to overcome. Including Rookie Ball, Class A, Double-A and Triple-A there are six levels of Minor League Baseball and just like the players, umpires have ambitions to one day appear in the Major Leagues. But they have no illusions.

Bottom line, umpires average ten years or more of service in the Minor Leagues and very few ever make it to the "Big Show."

Sure, umpires are considered to be doing a good job when they are "invisible" or refrain from deciding the outcome of a game, but what is involved in a typical "Day in the Life of an Eastern League Umpire?"

"Every crew and every guy has their own routine that mentally prepares him for the game," says former E.L. Crew Chief Chad Sexton. "Our schedule demands an enormous amount of travel. We typically stay in a city for only a few days and move on to the next city," said the eight-year Minor League veteran.

"The most important thing I do as a Crew Chief is make sure we all get along," added Sexton. Each Umpire crew in the Eastern League consists of a three-man team. "We have to work together every night and only get about eight days off the entire season. We share the same vehicle, eat together, share the same locker room and up until last season, shared the same hotel room."

For the first time ever, Minor League Umpires unionized and formed the Association of Minor League Umpires (AMLU). A five-year agreement reached with the Professional Baseball Umpire Corporation addresses all the essential elements of umpire development, including evaluation, continuing education and on-field instruction, as well as salary, expenses, insurance and lodging.

The agreement lets the umpires know exactly where they stand, the chances are of being promoted, appearing in All-Star, and celebrity events. It addresses all internal issues within the association. Just like the Major League Baseball Players Association (MLBPA) one of the nation's oldest regulated unions, Minor League Umpires now have a leg to stand on.

"Generally, I spend the morning double-checking game times and contacting team General

Managers," said Sexton, a native of Howell, Michigan. "Our crew usually meets up late in the morning, has breakfast and heads to the gym. We normally arrive at the ballpark around an hour and a half before game time. If it's our game in a new city, I will personally meet with the GM. In the locker room we stretch out, rub down the baseballs for game action and read the rulebook. Our crew calls it the "baseball bible," which helps to remind us that we are official representatives of baseball on the field."

"We feel very strongly about having integrity on and off the field. Our goal is to be fair, honest and get the calls right to the best of our ability. That is what it takes to reach the Majors!"

So next time your down at Hadlock Field catching a Sea Dogs game, maybe you'll take a moment to recognize these invisible ambassadors of baseball and look upon them in a new found light.



Long-time Sea Dog fan Jackie Mitchell explains a thing or two to former Sea Dog Kevin Youkilis. Youkilis recently tied a minor league record for consecutive games reaching base by hit, walk, or being hit by pitch. PHOTO TOM KEENE



One-year old Teddy Norton tries to eat his Sea Dog Biscuit at last week's Sea Dogs rally in Monument Square Park. Teddy is the son of Tori and Michael Norton of South Portland. PHOTO TOM KEENE

Movies

Be sure to check out Movie Times & Local Theater Info on our website cascobayweekly.com/cbw2003/movies

now playing

Spy Kids 3-D: Game Over

This movie runs 85 minutes and is Rated PG for action sequences and peril.

by Andy Keene

Spy Kids 3-D: Game Over will always have the distinction of being the first 3-D movie I've seen in a theater. I was a toddler when the last 3-D phase was dying out. To its credit, *Spy Kids 3-D* is a better movie than the more notable movies from that era, *Jaws 3* and *Friday the 13th, Part III*. But it falls short of the quality of the best examples of 3-D technology: *House of Wax*, *The Creature From The Black Lagoon*, and *Dial 'M' For Murder*. What the best 3-D movies accomplished was to create a memorable movie that used the technology to enhance the viewing experience, instead of just using it as a gimmick. Robert Rodriguez (the director of the *Spy Kids* series, as well as the creator of *El Mariachi*, *Desperado*, and *From Dusk Till Dawn*) takes every opportunity to thrust an object out of the screen and into the viewer's face. It may not be subtle, but it is fun.

The story is essentially the same as *Tron*. Siblings Juni and Carmen Cortez (Daryl Sabara and Alexa Vega) are trapped inside the world of a video game, and have to fight a series of computer-generated opponents (and some human ones) in order to escape. They are aided in the game by their super-spy grandfather, played by Ricardo Montalban, who was introduced in the last *Spy Kids* movie. The villain in *Spy Kids 3-D* is The Toymaker, played by a scenery-chewing Sylvester Stallone, who seems to be having a good time. Several characters from the earlier *Spy Kids* movies have cameos in *3-D*: Cesca Giggles (Salma Hayek), — (Alan Cumming), — (Steve Buscemi), — (Bill Paxton), — (Tony Shaloub), and the spy kids' parents (Antonio Banderas and Carla Gugino).

But the star of the movie is Robert Rodriguez, who seems to be a one-man-show. Aside from directing *Spy Kids 3-D*, he also served as writer, producer, cinematographer, editor, music composer, visual effects supervisor, and production designer. The feat is even more impressive considering the added complication of the 3-D technology. Judging from his movies, Rodriguez is a resourceful and imaginative auteur.

My problem with this third *Spy Kids* movie is that, aside from the inventive 3-D effects, it is lacking in inspiration and sappy in its approach. The first two movies in the series were family-friendly, but still edgy, energetic, funny, and imaginatively written and designed. The cleverness has gone out the window in the third entry, and replaced by cold technical virtuosity. The computer-generated world of the video game is appropriately cartoonish (though, ironically, more realistic than CGI-heavy movies such as *Spider-Man* and *The Lord of The Rings*), but not designed with any originality or creativity—a surprising disappointment from Rodriguez.

Spy Kids 3-D: Game Over may not be a very good movie, but I will always remember it for what it is to me: my first theatrical 3-D experience. I can only hope that this sparks a 3-D revival in Hollywood, which just might lead to a 3-D movie of real quality. Or at least a re-release of *The Creature From The Black Lagoon*.

I rate it with three out of five stars. The 3-D effects are fun, and compensate for a below-average entry in the *Spy Kids* series.



Ryan Pinkston, Alexa Vega, Robert Vito, Daryl Sabara and Bobby Edner

On DVD

Nicholas Nickleby

This film is rated PG for "emotionally distressing cruelty toward women and children, some violence and a childbirth scene." It has a running time of two hours and 12 minutes.

by Tom Keene

For the time-challenged reader who has always planned to read Charles Dickens' mammoth classic novel *Nicholas Nickleby*, there is good news in the form of a DVD/Video release of the movie—and this just six months after it was released in the USA. The novel is more than 800 pages long and has called "dry and slow" by book critics and readers alike.

It didn't do well in theatres, perhaps because screenwriter/director Douglas McGrath was faithful to the somewhat stilted language used by Dickens in the novel published in 1838. In a particularly tender scene, for example, the young title character offers himself in service to young lady he is courting with these words: "You have but to hint at a wish and I would hazard my life to gratify it."

That's probably a bit excessive and wouldn't get a suitor very far today, but it worked for Nickleby. Another example of Dickens' formal language, again spoken by Nickleby to the girl on whom he has designs: "Have you ever had the sensation of looking at someone for the first time and ever so quickly, the past and the future seem to fuse?"

While this style may have put off some movie-goers, the story, the acting—for the most part—and the cinematography are more than worth the time invested in this video. And this is even more true if the DVD version of *Nicholas Nickleby* is rented or purchased, for each of the features is both brief and useful.

The main reason I found this film worthy of an evening in front of the television is that it is story-telling at its best. *Nicholas Nickleby* combines a slimmed-down but not dumbed-down version of the Dickens classic, a story with many twists, turns and dark alleys down which and through which the characters—both good and bad—must pass.

Nicholas Nickleby, an inspiring but frightening tale of death, separation, betrayal and finally, redemption and the triumph of the will. Nickleby is played by Charlie Hunnam, the weakest link in the cast—an unfortunate choice, since his limited skills are tested by the part of the passionate and emotional title character and found wanting. However, the scenes damaged by Hunnam's limitations are few in number.

The film opens sadly, as Nicholas' father had died, leaving his wife, son and daughter deeply in debt. Their only hope is that the deceased man's wealthy brother Ralph (played with studied meanness by Christopher Plummer) will come to their financial aid. Ralph Nickleby is a speculator, a man to whom rich men entrust their fortunes without a shred of respect for the man himself. And Ralph constantly confirms that their disgust is well-placed, saying that "You know what kind of man I am, and I do not grow poorer. You can't stain a black coat."

In the midst of the wicked schemes of Ralph stands one of the film's more interesting characters—a servant whose scheming skills are more than a match for those of Ralph Nickleby.

Newman Noggs (Tom Courtenay) is more than comic relief for the hard-nosed businessman he serves. Noggs is a former 'gentleman' whose drinking long ago lowered his social standing, and he rarely conceals his contempt for his master—but instead of direct confrontations, he uses the kind of muttered asides employed so humorously by Popeye the Sailorman.

The young Nickleby receives a job in a private boarding school through the influence of his uncle; it is there that he meets Smike, a most important character in the story, and played absolutely brilliantly by Jamie Bell, who was the title character in *Billy Elliot*.

Jim Broadbent (*Little Voice*, *Iris*) plays Wackford Squeers, headmaster of the school, and he is evil personified, a man of

such contemptible character that it's amazing to discover that he's a pussycat compared to his wife (Juliet Stevenson). Beyond the wonderful storytelling and the generally fine acting, there is the splendid photography of Dick Pope, who filmed 1999's *Topsy-Turvy*; when lush landscapes are called for, Pope films them gloriously. And when a dark mood is needed, he creates the sinister world of mind and soul through which Nickleby must navigate.

There is one particularly hilarious segment—far too short but perfectly done—in which Nickleby and Smike stumble upon a traveling stage company headed by Nathan Lane. That's all that needs to be said, for Lane does here what he does best.

Nicholas Nickleby is a fine film, well written and beautiful to see. I rate it with four out of five stars; it's impossible to cut an 800-word novel down to just over two hours and not leave out character development. We aren't told enough about too many characters, and some scenes are too brief—we're left wondering at times why he said that or she did this. But it's well-worth the time invested, especially if the DVD version is seen and the features watched.



Jamie Bell as Smike and Charlie Hunnam as Nicholas in "Nicholas Nickleby"



Tom Courtenay, Anne Hathaway, Charlie Hunnam and Barry Humphries in "Nicholas Nickleby"



Alan Cumming, Jamie Bell, Charlie Hunnam and Barry Humphries star in "Nicholas Nickleby"



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Female Seeking Male

27-YEAR-OLD, HONEST, ATTRACTIVE, easygoing Female, mother of one. Enjoys outdoors, camping, romantic nights, movies at home. Seeking honest, attractive Man with similar interests. Must like children. Start as friends, possible relationship. #85106

27-YEAR-OLD, 4'11", H/W/P, auburn hair, gold eyes, mother of one. N/S, N/D. Love opera and classical music. Like to practice the three C's in my lifestyle: comprehension, communication and compromise. I'm daring yet conservative. Seeking SWM with similar interests. (NF) #85090

31-YEAR-OLD, PETITE SWF, blonde/blue, like playing cards, dancing, music, very honest and caring, love to laugh. Looking for N/S, attractive SM to share interests and future LTR. #85160

35-YEAR-OLD SWF, ATTRACTIVE, average build, blonde/blue, seeks homeowner, 35-39, for relationship. Enjoys movies, lakes, beaches and dating fun. #85019

AVAILABLE REDHEAD! VIVACIOUS, spontaneous SWF, 59, 5'6", 120 lbs, ex-moodel, great sense of humor, loves animals, theater, travel and sports. Seeking financially secure, sincere, communicative SWFM. 60-70. LTR. All answered. (FL) #85110

BEEEN HIBERNATING. DWF ISO SWM, 40-55, who's interested in a Lady who's sincere, loyal and lovable. I'm 5'3", reddish-brown hair and brown eyes. Looking for a Gentleman who wants friendship that may evolve into a relationship. #85085

BODACIOUS, BRUNETTE BEAUTY! Single White Female, 47, 5'5", 250 lbs, seeks hardworking, handsome, faithful, honest, kind, much younger Man, 25-40. Marriage only. (CA) #85095

DANCE WITH ME! DWF, upbeat but laid-back, beautiful smile and dimples, seeks slender Male, 5'3"-6", 30-55, clean-cut, easygoing but energetic, financially secure and knows how to treat a Lady. Call me, let's dance the night away! #85058

DWF, 62, ENJOYS dancing, country music, dining out, cooking, movies, spending time with family, staying home relaxing. ISO SWM, good-natured, honest, caring. I'm n/s, social drinker, not into head games. #85190

ENCHANTED SOULFUL LOVE. 37-year-old, 5'4", attractive DWF. We are N/S, spiritually, emotionally and physically healthy, centered and spontaneous. We love laughter, joyous living now, magic moments, pets. We orbit to each other, are ready for it all, slowly... Find me now. #85094

FOR REAL ATTRACTIVE, fun, bright, very young 45-year-old Woman without baggage or children. Looking for same qualities in Gentleman, 40-50. Please be kind, genuine, adventurous, successful, a bit chivalrous, healthy, N/S, light social drinker. #85025

HONEST, SINCERE, CARING, 47-year-old SF looking for attractive, fortysomething Male who would like to share companionship and good times. Please be financially secure. Enjoy traveling, swimming, movies, dining out and music. #85052

HONESTLY, ARE YOU out there? I'm a Divorced, full-figured, n/s mother of one. 40, caring, romantic, giving, enjoy good conversation, long walks, dining out, movies and other indoor and outdoor activities. Seeking a Man with similar interests, companionship, possibly something long-term. #85031

INTELLIGENT, APPRECIATIVE, LAUGHING, deep, honest, musical, dancing, reading, animal-loving, natural world-absorbing Woman, 40, great smile, committed to social justice (ok, sometimes frowning). Seek thoughtful, smart but not knowing it all, nationalism-

hating Man, 38-65, for long relationship. #85061

LIFE'S BEAUTIFUL... MORE so shared. Petite, attractive, energetic SWF, older, wiser, 62. Desirous of cultivating friendship, possible committed relationship. Interests: home, hearth, quiet country living, books, music, theater, gardening, hiking, cross country skiing, Jungian psychology, evolutionary spirituality, nature mysticism. #85098

LOOKING FOR FRIEND this summer. Thoughtful, nice, attractive, full-figured, intelligent, educated, independent, well-rounded, spirit-filled African-American DF, 43, 5'7", childless, enjoys cooking healthy, shopping, moonlit walks, the lake. Seeking honest, secure, humorous Gentleman. Companionship, possible LTR. (LA) #85099

LOOKING FOR MR. Right. Plus-sized SWF, 43, 5'9", brown/hazel, enjoys dining in or out, slow dancing, walks on the beach, quiet evenings, cuddling and holding hands. Desires S/DWM, 40-50, for friendship, LTR. Portland area only. #85007

MERMAID, WOMAN, RUBENESQUE, seeks Merman, 55+. #85018

SEEKING MALE ELDER who likes reading and rhyme poetry who has lived on a reservation for companionship and trusting friendship. No longer works, no drugs, no smoking. #85107

SWF, 38, LONG blonde/blue, smoker, loves NASCAR, Jeff Gordon and whatever comes along. Wishes to meet nonjudgmental, open-minded Man, light smoker and drinker ok, for good times. #85178

SWF, MID-40S, TALL, brown/green, seeks SWM who is younger and taller. Likes movies, dinners, sunset cruises on Casco Bay Lakes, all kinds of music, museums, children, international travel. Prefer nonRepublican. #85043

WE KEEP MISSING each other on hiking trails, at theaters, gardens and games. Looking for my friend and soulmate while I skate, paint, read, walk. If you're 45 or older, looking to laugh and love, it might be you. #85189

Male Seeking Female

37-YEAR-OLD, VERY NICE, handsome, intelligent, athletic and financially secure. Enjoys skiing, golfing, sports, fitness and being with friends. Seeks slender, sexy, intelligent, fun, 25- to 37-year-old SWF with similar interests, for dating, possible LTR. #85013

41-YEAR-OLD DWM, EASYGOING, hardworking, loving Guy, looking for SWF, 35-45, who enjoys traveling, movies, dining out and in and willing to try most anything. Seeking my best friend. LTR. #85117

ATTRACTIVE, EASYGOING SINGLE dad of one teen, 5'9", 170 lbs, black/brown, athletic build. Likes travel, sports, beaches and life! ISO attractive, petite, feminine Female, 5'4" or under, 30-40, who likes to laugh and enjoys life in general, with similar interests. #850022

ATTRACTIVE, EASYGOING SM, Widower, 46, good sense of humor, open-minded, outgoing, zest and passion for life. Looking for Lady with whom. Enjoy long rides, music, walks on beach, mountains. Looking for Lady who's also sensual, passionate and romantic, as I am. #85175

ATTRACTIVE WIDOWED WM, 60s, 6', 175 lbs, healthy, retired AF, educated, financially secure, n/s, social drinker. ISO attractive, full-figured companion, bubbly personality, SOH, classy, caring, affectionate, for travel, camping, beaches, candlelit romantic evenings. #85112

CARING, HANDSOME, ADVENTUROUS SBPM, 47, well-traveled, funny, well-educated. Seeking WF for friendship and relationship. (CT) #85057

CARING, LOVING MAN. DWM, 43, 5'7", 165 lbs, red/hazel, N/D, artist, easygoing, likes dancing, camping out, movies. ISO Lady, 30-45, with same interests, weight unimportant, possible LTR. #85084

DOESN'T MAKE SENSE. Why I can't find a unique, adorable, sharp, extremely romantic, bighearted young Lady? I'm the same, self-employed, 40, successful, lots of fun. Seeking my partner, best friend for finer things. Cia bella. (MA) #85009

DWM, 35, LIGHT brown/blue, likes sports, camping, outdoor activities, having a good time. Looking for SF. Must have good sense of humor and love to have fun, for dating, maybe LTR. Age and race unimportant. Kids ok. #85042

EASYGOING DWM, 44, 5'10", 180 lbs, N/S, L/D, financially secure, enjoy doing almost anything outdoors (biking, motorcycling, hiking, kayaking, camping, softball, basketball), beaches, movies, music and variety of other things. If this interests you, give me a call! #85038

EVERYONE GOTTS BAGGAGE. Mine contains tennis balls and rollerblades. If you are a SF, 25-50 and like tennis or rollerblading, call me. I'm 45, in good condition and ready for better weather. Sense of humor and a little athleticism helpful. #85079

NEED A FRIEND. 39-year-old, nice, respectful, kind, gentle, easygoing, shy BM, N/S, N/D, looking for a Woman with similar qualities, who would like to attend movies, nice dinners and long drives with me. Race and age unimportant. #85086

READY TO BUILD an involved relationship. 61-year-old, tall, slender, active, healthy Single dad with grown children (away). Seeking sensual Lady who has achieved knowledge and education through life's experiences, endeavors and hard work. Now it's time for you to come home to a good life. You enjoy the outdoors, folk music. Ready to share intimacy, love, caring and communication. Your children are welcome. #85108

ROSES, CARROT CAKE. SWM, 6'1", grayish hair and beard, light blue eyes, physically, emotionally and spiritually fit. SOH, romanticist. Seeking attractive SWF, 40-55, who is also seeking a partner and knows she deserves love and nothing less. #85154

SM LIKES DANCING, romancing and dining out. Seeking Female to join me. #85015

SM, 48, 5'10", 175 lbs, vegetarian, N/S, looking for yogini soulmate. Other interests: international music, fiddle, cinema, hiking, camping, woods, mountains, plain living, high thinking, reading, beaching, leftist politics and love. #85162

VERY HANDSOME MAN, 45 (look 30s), 6'4", 195 lbs, nice build, funny, intelligent, caring, very successful, outdoors person. Looking for pretty Lady with beautiful eyes, slender, outdoorsy; intelligent and sweet. #85040

Alternatives

M Seeking M

43-YEAR-OLD SWM, 5'11", 185 lbs, looking to connect with Guys, 20s to early 40s, for friendship, possible LTR. Enjoy long walks, music, the water, lots of cool stuff. If you relate, perhaps we could chill over nice cup of ice coffee. #85102

50-YEAR-OLD, ATTRACTIVE, MASCULINE Male, 6', 185 lbs, available to older Male. Must be healthy, discreet and imaginative. Unusual variations are ok. #85066

BRUNSWICK AREA, HUMOROUS, young-looking GWM, 52, 5'6", 165 lbs, brown/brown, ISO honest, sincere, loving SM, 45-55, N/S, N/D. Call me and let's get together. All calls will be returned. #85152

DECENT GUY ENJOYS work, passionate about inter-

ests, like to meet someone to share them, easygoing, enjoy going out and having a good time with friends. Interests: brunch on Sunday, movies, plays, new restaurants, cycling. I'm masculine, fit and looking for same. #85065

GENEROUS AND GIVING, very perceptive GM, 43, 5'8", dark brown/blue, in good shape, searching for adventure, fun and a long-lasting friend and relationship. Desires another Male, 20-38, 5'11" or more, for companionship and togetherness. #85078

GM SEEKING SINCERE GM with similar interests: dinners, walks, movies, camping, boating, perhaps sharing a house. Possible long-term. Let's talk over coffee. I'm a N/S, social drinker, not into bar scene, early 50s, N/Drugs. Interested? Call with number and best time. #85001

GM, 54, 5'9", 180 lbs, good-looking, healthy, masculine, looking to meet that special someone. For you, I am loving, caring, passionate, sensual. You be there for me and I'll be there for you. #85072

LAY BACK, RELAX. Let this BIM take a load off your mind. You be pleasant, very healthy, disease-free and ready to have a great time. Please call now. #85074

SGWM, YOUTHFUL 53, 5'5", 170 lbs, with light brown hair and blue eyes, professional, live alone in my own home. Enjoy traveling, movies, biking and walks along the beach. Searching for GBM for fun, friendship and LTR. #85091

SIDEKICK WANTED. I'm a hardworking, caring, honest Guy who wants to experience the joys of life in many facets ranging from personal to public. I'm a 38-year-old WM, 5'6", black/hazel. Let's explore different dimensions together. #85115

YORK COUNTY GWM, 35, 5'7", 142 lbs, brown/brown, young-looking, lift weights 4 to 5 times a week, hardworking, ambitious, not into drugs or body piercings. ISO same, 35-44. #85093

Female Seeking Female

ATTRACTIVE REAL LESBIAN, 39 years old, interested in dating, romance and spending time with the right Woman, possible LTR. Passions consist of the ocean, Acadia National Park, dining in and out, movies, walks, talks and long drives exploring. #85103

Wild Side

ATTENTION: NUDDISTS. 38-YEAR-OLD PM, 6'1", 190 lbs, seeking other attractive Males or Females under 45, who enjoy nudity indoors or out. Gay, BI or straight. Let's have some fun under the sun this summer. No weirdos. #85028

ATTRACTIVE SWM SEEKS Married Male for ongoing mutual pleasure. No strings attached. I'm 30, healthy and have my own place. Discretion guaranteed. #85044

BI WHITE MALE, 45, 6', 190 lbs, into cross-dressing, seeking others who are also into cross-dressing. #85161

CROSS-DRESSER FANTASY. I am looking for a personable Woman who can put makeup on me and dress me up so I can experience cross dressing. One-time only. Just want to try it. #85104

CLIRIOUS WM, 45, 6'1", 200 lbs, seeking Singles and Couples for orally good times. Clean and discreet, same, please! #85184

DWM, 55, 5'11", 225 lbs, with herpes, quiet guy, SOH, N/S, S/D, salt-and-pepper gray hair. Seeking S/DWF w/herpes, 45-60, for friendship and sex. Settled in life but miss being close and having a sexual relationship. If you feel the same way, let's get together and talk. #85101

GORHAM, HOLLIS AREA, ISO slim, sexy, oversexed B/WM for playmate and hot oral fun. Me slim GWM, 50. Let's meet for discreet encounters. Hurry and call. #85051

IT'S THE MORNING, not the night, to awake and smile, nothing is better. Women, 40+, consider me attractive. I'm high energy, a devoted father and an entrepreneur. Art, classical music and fishing are my other passions. #85029

KINKY MASTER, LEWISTON GWM, versatile top, clean-cut, well-endowed, ISO clean-cut, well-endowed GWM, versatile bottom, 21-35 only. Must be H/W/P, slim, less body hair the better, willing to be dominated, indoors or out, 24/7. Call to in-list. #85105

MALE, 41, LOOKING for a Female who would like to experience erotic times, nudism under the sun and discreet fun in the afternoon. Call me. #85026

MARRIED BIWM, 50, 5'7", 150 lbs, athletic, looking for healthy, disease-free B/WM for discreet relationship. #85011

MARRIED WHITE COUPLE. She: 40. He: 47. Both attractive, healthy, fit, nice bodies and personalities. Seeking same in B/F, Bi Couple for friendship and discreet fun. #85182

MIDDLE-AGED, MEDIUM-SIZED WM, cute, young-looking, seeks kind, tender, very easygoing, unattached, healthy Lady for late night frolicking. Sexy, good-looking and nice breasts a plus. #85021

MWC ISO N/S, healthy, friendly Female for wife's threesome fantasy. We are not models, you don't need to be either. Race, age unimportant. Large breasts a plus but not necessary. #85064

OLD BUT HEALTHY, good-looking, clean BM ISO Male experienced in giving oral service. You must be clean, no drugs or diseases, clean-shaved and know what you are doing. Days at my place. No reciprocation. Bi, Gay or Married ok. #85004

OVERWEIGHT MWC (HE'S 37 and she's 29), seeks Couples, Single M or F to join one or both of us for erotic fun. #85113

PORTLAND AREA BI Couple, nudists, fun to be with and very open. Looking for other Bi Couple, B/M or B/F, 45+. #85045

PRE-OP TRANSEXUAL, TALL and pretty, 38 years old, looking for a boyfriend, someone who's decent-looking, who has a job and is looking for a relationship. #85006

SBM, 36, PROFESSIONAL swinger from Florida to Maine, special, open to communications, creative, active, well-endowed. Seeking WFs, heavyset and White

Couples who want to experience with a BM. Interests: stay overs, getaways, nights out. Please be decent, healthy. Prefer heavyset Women. #85092

SWM SEEKS BIG Girl for steamy nights. I love outside private places. Looking for 18- to 25-year-old big beautiful Woman to make noise with. I'm 35, 200 lbs, 5'7", brown hair and eyes, clean-cut, safe and discreet. Will return all calls. #85096

TALL, ATHLETIC, PERSONABLE, 50s Male would like to meet a Couple or Single for fun, games or perhaps a sensuous massage. I'm healthy with a variety of interests. Open to suggestions. #85036

UNBELIEVABLE, EXTRAORDINARILY ATTRACTIVE, pre-op, 40-year-old Hispanic and Indian wishes to meet someone for a long-term monogamous relationship. 45-50. #85024

WE ARE A mature MWC seeking B/F or well-endowed Male for our first-time experience. We are clean and expect discretion. Would like to meet you. #85033

I Saw You

YOU HELPED GET my coffee in Cape Elizabeth Cumberland Farms on 7/22. You have tattoo on your right calf. My hands where full trying to chase my son and I didn't get your name. I would like to see you again. #85111



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Week of August 7 • ©2003 Rob Breznay

LEO (July 23-Aug. 22): I advise you to avoid ingesting rocket fuel in the coming days. That means you should be careful about eating lettuce grown in Southern California. Much of it contains high levels of perchlorate, a main ingredient of rocket fuel. (The Environmental Working Group says it's because defense contractor Lockheed Martin has been dumping the stuff in the Colorado River.) In any case, Leo, you won't even need metaphorical rocket fuel. Cosmic forces are conspiring to boost your physical energy and mental agility to record levels.

VIRGO (Aug. 23-Sept. 22): Mata Amritnandamayi is one of India's most beloved gurus. Also known as Amma, she preaches no doctrine but believes all religions lead to the same goal. Her renown has grown largely through the power and quantity of her embraces. She travels from city to city doling out hugs, often more than a thousand a day. Since she launched her mission as a young girl, she claims to have hugged 21 million people. Amma is your role model for the coming week, Virgo. The astrological omens suggest you'll be most likely to thrive if you suspend all your spiritual theories and ideological opinions and become a pure channel for unconditional love. Try to hug at least 20 people. For extra credit, do 40.

LIBRA (Sept. 23-Oct. 22): George Washington was afflicted with smallpox, malaria, pleurisy, consumption, amoebic dysentery, rotten teeth, and Kleinfelter's syndrome. That didn't stop him from accomplishing feats that earned him a place in the history books. I suggest you make him your patron saint in the coming weeks, Libra. Draw inspiration from his heroic ability to overcome personal discomfort. You're in a prime position to render moments of suffering irrelevant with a decisive triumph.

SCORPIO (Oct. 23-Nov. 21): In 1914, the science magazine Nature found that 30 percent of the world's top scientists believed in God. In a second survey in 1934, the number dropped to 15 percent, and by 1998 it was seven percent. From these data, we can speculate that it's getting harder for smart intellectuals to commune with the Divine Wow the way we smart mystics do. That's a damn shame. Luckily for you, though, Scorpio, you're now in an unusual phase in which there's no contradiction between cultivating both rigorous critical thinking and an intimate relationship with the ninetenths of reality that is hidden from our five senses.

SAGITTARIUS (Nov. 22-Dec. 21): The most venerated object in Islam is the Kaaba, a large cube in a mosque in Mecca. Lodged in a corner of the Kaaba is its most sacred part: a black stone surrounded by an oval silver structure. Muslims kiss it at the climax of their pilgrimage to Mecca. Astrologer Caroline Casey points out that this holy of holies has the shape of a vulva, and suggests that it reveals Islam's unconscious yearning for the Goddess. That's ironic for a male-dominated religion, which, like Judaism and Christianity, has suppressed the feminine aspects of the divine. I offer this vignette as a starting point for this week's meditations, Sagittarius. What feminine aspects of the divine do you unconsciously long for and need? How can you bring more of their influence into your life?

CAPRICORN (Dec. 22-Jan. 19): Frank O'Hara's poem "Meditations in an Emergency" is mostly a meandering, self-indulgent mess, but it contains three lines that should inspire you for weeks. I suggest you regard them as pithy teachings. Here they are. 1. "Each time my heart is broken it makes me feel more adventurous." 2. "I am the least difficult of men. All I want is boundless love." 3. "It is easy to be beautiful; it is difficult to appear so." By the way, Capricorn, O'Hara's poem is a microcosm of your immediate future, when small but valuable treasures will be embedded in heaps of useless nonsense.

AQUARIUS (Jan. 20-Feb. 18): Last year Nigerian women launched a new form of protest against the U.S.-owned oil company that wreaked environmental havoc in their country. They threatened to get naked in public. During the invasion of Iraq, several groups of American women, inspired by the Nigerians, registered their dissent through mass nudity. More recently, Mexican farmers stripped to their underpants during a demon-

stration against their government's policies. From an astrological perspective, it's a perfect time for you Aquarians to further develop this new tradition. Take off your clothes to those you oppose! Or if that's too extreme, try the metaphorical equivalent: Disarm your adversaries not by attacking them but by expressing your vulnerability.

PISCES (Feb. 19-March 20): Every Thursday night I roll my trashcan to the curb so that the sanitation engineers can pick it up next morning. Usually it's three-quarters full of garbage bags and requires no special treatment. But on some weeks I generate more than my normal share of refuse. To fit it in, I have to become a human trash compactor. I grab a low-slung branch from the persimmon tree, pull myself up, and lower myself down inside the trashcan, jumping up and down to compress the load and make room for more. I hope I can serve as an inspiration for you this week, Pisces. By my astrological reckoning, you should gather, compress, and throw away at least six months' worth of outworn junk, including both the psychic and physical varieties.

ARIES (March 21-April 19): Fifty years ago prophets believed we'd all be working no more than 32 hours a week by now. Some predicted we'd have as many as 220 days off a year, devoting just 145 to earning our daily bread. What went wrong? Most of us are putting in more hard labor than our grandparents did. But if you want to be faithful to current astrological mandates, Aries, you will spend the next few weeks doing everything you can to bring your life into closer alignment with the old prophecy. The naked fact of the matter is that you need more playtime.

TAURUS (April 20-May 20): "You may enjoy this movie if you shut down enough brain cells. I turned off all except the ones needed to remember where I parked my car." This observation comes from a critic's evaluation of the first Charlie's Angels film, but I've read similar comments in many other reviews. Indeed, it's an approach that many intelligent people employ routinely in response to all the loud, shiny garbage our culture foists on us. What about you, Taurus? Do you assume you have to make yourself dumber in order to have fun? Has the blaring insanity of the world caused you to shut down your smart sensitivity? If so, work hard to reverse this trend in the coming week. You'll receive help from unexpected sources if you do.

GEMINI (May 21-June 20): You and I and everyone else in the world talk to ourselves constantly. The conversation is mostly silent and covert, however. As a result, we get away with abusing ourselves; we assail ourselves with mean thoughts that we'd be far less likely to fling if we actually spoke them aloud. The astrological omens suggest that now is a perfect time for you to break this bad habit. In fact, I'm going to officially declare that it's Speak More Kindly to Yourself Week. For best results, shun the usual telepathic communion with yourself. Instead, say every word aloud as you carry on your dialogues. (P.S. You may want to consult the book *What to Say When You Talk to Yourself*, by Shad Helmstetter.)

CANCER (June 21-July 22): "Dear Rob: In a recent column, I think you mentioned a book that dealt with making everyday tasks more spiritual. I'm gung-ho to do exactly that: give thanks before I eat, wake up laughing, bless the ground I walk on, notice with joyful appreciation the divine bounty that overflows in ordinary moments. Can you direct me to the book in question?" - Grateful Crab" Dear Grateful: You must have dreamed it. Not since I touted Thomas Moore's *Care of the Soul* in 2000 have I made reference to any such a book. To tell you the truth, though, you don't need authorities to guide you right now. Your intuition will lead you unerringly in your quest to find sacred mojo in the small-est details.

Homework. What quality or behavior do you exhibit that would most benefit from a little healthy self-mocking? Testify at www.freewillastrology.com.

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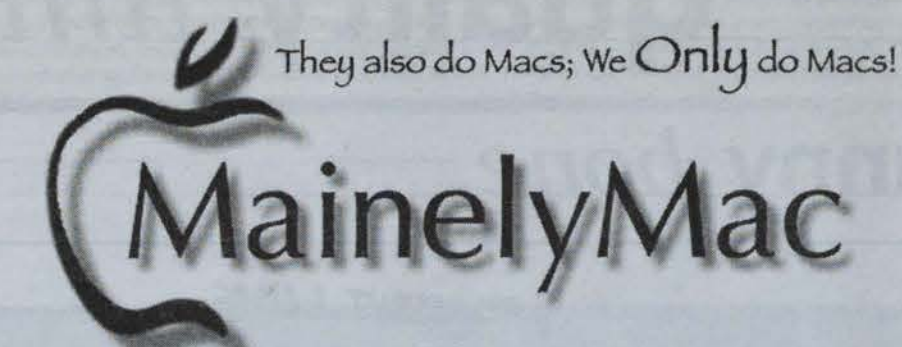
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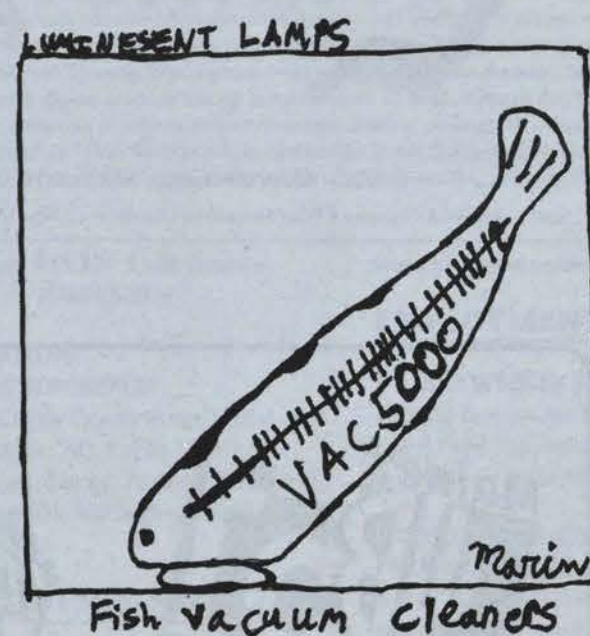
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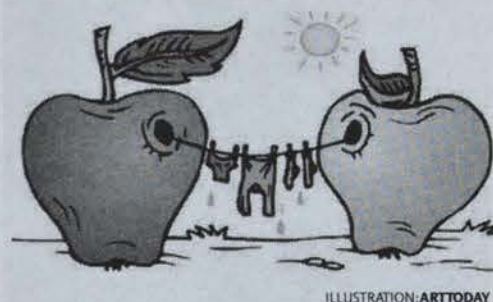


Jokes & Riddles

Did you hear about the snooker-mad monster?

He went to the doctor because he didn't feel well. "What do you eat?" asked the doctor.

"For breakfast I have a couple of red snooker balls, and at lunchtime I grab a black, a pink and two yellows. I have a brown with my tea in the afternoon, and then a blue and another pink for dinner." "I know why you are not feeling well," exclaimed the doctor. "You're not getting enough greens."



Brain Teasers

What do you call a man with a tree growing out of his head?
Ed-ward!

How do you stop a head cold going to your chest?
Easy - tie a knot in your neck!

Why shouldn't you try to swim on a full stomach?
Because it's easier to swim on a full swimming pool!

What creature sticks to the bottom of sheep ships?
Baaa-naclies!

How do you know if your little brother is turning into a fridge?
See if a little light come on whenever he opens his mouth!

What is the coldest part of the North Pole?
An explorer's noes!

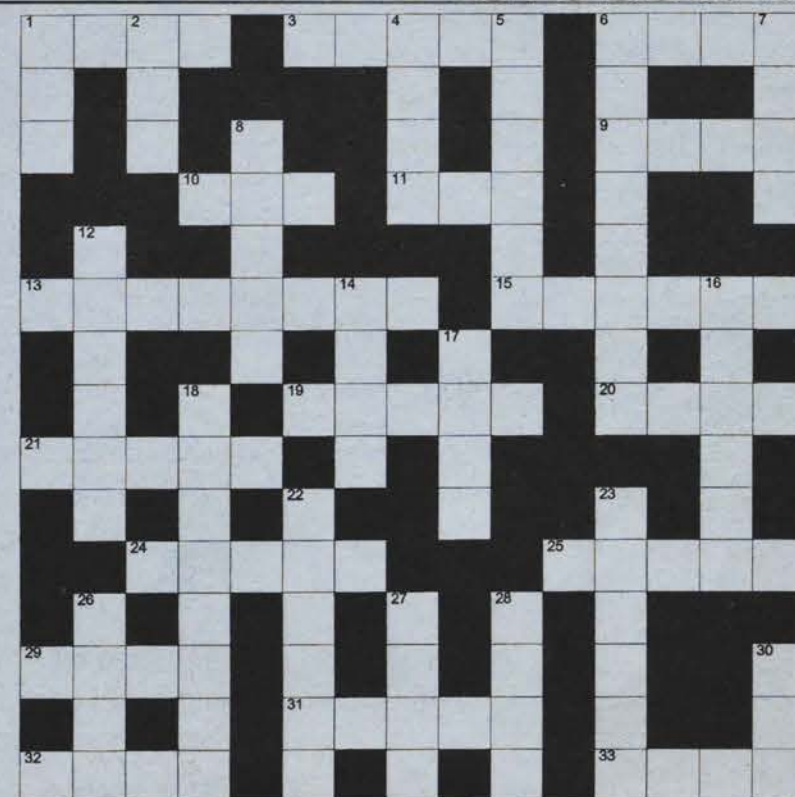
What do computer operators eat for lunch?
Chips!

Why is that man standing in the sink?
He's a tap dancer!

A big part of the way life should be is sharing time with others. Kids discussing what's up at school with their parents, co-workers sharing a joke, chatting with a stranger in the checkout line—that's building community, one moment at a time. Towards that end, we devote a page every issue to humor & puzzlers for all ages. We hope you'll share them with whoever's sitting across from you as you read this—whether it's your son or daughter or the guy at the bus stop.

Heros

Crossword



ACROSS

- 1 Maine outdoorsman and boot maker
- 3 Artistic Maine family
- 6 Father of American football
- 9 S. African Anglican priest; won Nobel Peace Prize
- 10 She supervised all Union nurses in Civil War
- 11 Mud combining form, clay combining form
- 13 His detailed paintings resembled photographs
- 15 Indispensable
- 19 Israeli PM; Nobel laureate; assassinated 1995
- 20 Saudi Arabia city
- 21 Astronomer who pioneered exobiology
- 24 Young German girl who penned famous diary during WWII
- 25 Actor born Marion Michael Morrison
- 29 — and Generals; prequel to Gettysburg
- 31 Aerosmith kin; "Stealing Beauty" star
- 32 Eng. Quaker jailed for beliefs; US state named for him
- 33 Mahlon's wife, Obed's mother

DOWN

- 1 American author
- 2 Calendar abbreviation
- 4 Wild West stage-driver and Dodge City Marshall
- 5 Lincoln's first VP
- 6 English saint
- 7 Beatles and Biblical name
- 8 Impractical
- 12 Norwegian language
- 14 Fabulist
- 16 Synchronized two of his inventions to make first movie
- 17 NH native hit famous home run then changed Sox
- 18 Last bearded US president
- 22 As a whole
- 23 Generous first Maine governor
- 26 Not actually royalty, but voice made him King
- 27 American physician, polio vaccine developer
- 28 American movie director, born in Maine
- 30 Exclamation



Answers to last week's puzzle



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POETRY:

The Hands Of Time

by Susan Arsenault of Westbrook

The hands of time mark
historic tales
of yesteryear,
current events
from far and near,
celebrations
people cherish,
traditions that
never perish.

The hands of time tick
native rhythms
of hearts that sing,
changing feelings
the seasons bring,
daily routines
void of pleasure,
courageous deeds
beyond measure.

The hands of time tock
breathless whispers
when lovers meet,
lifelong secrets
hurtful or sweet,
passionate vows
beneath the moon,
children's voices
singing a tune.

The hands of time hold
precious memories
treasured and dear,
anxious moments
trembling with fear,
dreams of grandeur
escaping the night,
life's energy
ageless and bright.

Learn from the past,
enjoy today,
plan your future
along the way,
not with order,
reason or rhyme,
for none control
the hands of time.



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PHOTO BY: SEAN BIRKEL OF BANGOR

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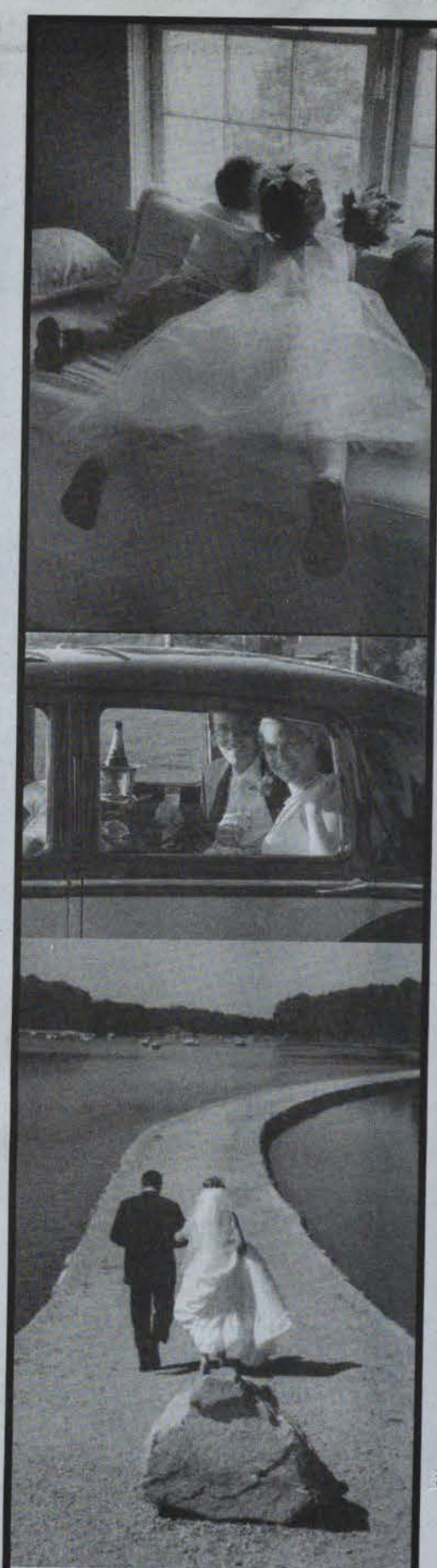
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Moonroof, Third Seat, 26,300 Miles



'00 E430W4 Sedan \$43,900
#4065A Obsidian Black/Ash Leather, 28,035 Miles Full
Load Plus Glass Sun Roof, Heated Front Seats, Bose Sound System,
Xenon Headlamps with headlamp washers, Multi-contour
seats, CD changer & More. Source: One Owner off Lease, Warranty:
Balance Factory Plus StarMark Start 12/08/1999



'99 E320S4 Station Wagon \$33,900
#1409P Obsidian black/Java Leather, 52,300 Miles, Full Load
Plus Glass Sun Roof, Rack, Heated Front Seats, Bose Premium
Sound System & Much More. Source: One Owner, Phone,
Wooden Wheel, Warranty: StarMark Start 07/29/1999



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Source: One Owner Trade, Warranty: StarMark



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Sound System, Heated Front Seats, Rain Sensor, and More
Warranty: StarMark



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'03 C240W Sedan \$32,900 #4052A Black/Charcoal
Leather Inserts, 2,244 Miles, 5-Speed Automatic, C2 includes
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'02 ML 320 \$35,900
#132A
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Seats, Privacy Glass, Heated Seats, 6-Disc CD Changer, Bose and
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'00 CLK430A Cabriolet \$46,900
#118A
Brilliant Silver/Ash Leather, 33,286 miles, Black Soft Top, AMG
Wheels, Bose, Premium Sound System, Heated Washer System



'01 CLK430A Cabriolet \$49,900
#115A Black/Black Leather, Black Soft Top, 22,800 Miles, Command
System, Black Birdseye Maple Trim, K4 Value Added Package, K2a Time-
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